# **Opioid Crisis**

A CONTRA COSTA RESPONSE

**Behavioral Health Board Meeting** 

Contra Costa's Opioid Response Program

**Behavioral Health Alcohol and Other Drugs** 

Wed, November 5, 2025

## **Opioid-Related Mortality Trends**



## Leading Causes of Death in Contra Costa County

(2020 - 2022)

								T.T.) .		
Ranking	0 - 4	5 - 14	15 - 24	25 - 34	35 - 44	45 - 54	55 - 64	65 - 74	75 - 84	85+
1	Neonatal conditions 58	*	Road injury 66	Drug overdose 162	Drug overdose 148	Drug overdose 145	Ischemic heart disease 307	Ischemic heart disease 476	Alzheimer's disease 703	Alzheimer's disease 2,234
2	Congenital anomalies 28	*	Drug overdose 60	Road injury 81	Alcohol-related 60	Alcohol-related 102	COVID-19 213	COVID-19 276	Ischemic heart disease 618	Stroke 1,002
3	*	*	Homicide 50	Homicide 66	Homicide 52	COVID-19 101	Drug overdose 168	Lung Cancer 273	Stroke 499	Ischemic heart disease 835
4	*	*	Suicide 39	Suicide 61	Road injury 50	Ischemic heart disease 94	Alcohol-related 147	Stroke 265	COVID-19 362	COVID-19 469
5	*	.*	*.	Alcohol-related 36	Suicide 48	Breast cancer 33	Breast cancer 75	Breast cancer 125	Lung Cancer 327	Hypertensive heart disease 467

Communicable Cancer Cardiovascular Other Chronic Injury Perinatal

- Drug overdose emerged as the leading cause of death among residents aged 25 to 54.
- Residents aged 15 to 24, ranked as second leading cause of death.
- These patterns highlight the need for interventions to address opioid misuse and prevent overdose fatalities across all age groups.

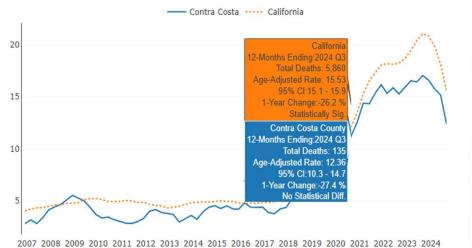
Source for Life Expectancy and Age-Adjusted Mortality Rate by Sex: California Department of Public Health, Community Burden of Disease Version P3.0, 3/1/2024
Source for Infant Mortality: California Department of Public Health, Center for Family Health, Maternal, Child and Adolescent Health Division, Infant Mortality Dashboard, Last Modified June 202:

On August 13, 2024, Contra Costa County's Health Officer, Dr. Ori Tzvieli, presented mortality data from the County's ATLAS dashboard, covering 2020 to 2022.

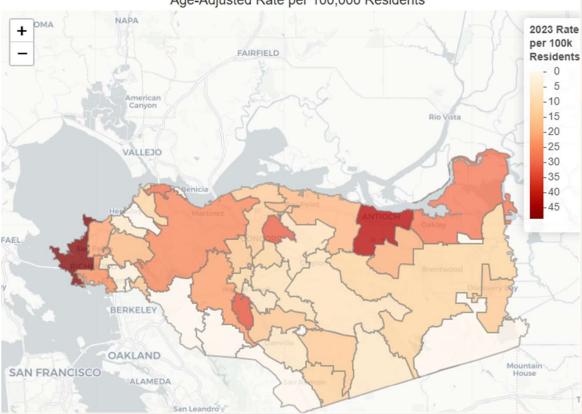
<sup>\*</sup>numbers less than 11 not reported for patient privacy

#### Any Opioid-Related Overdose Deaths - Contra Costa County compared to California Total Population

12-Month Rolling Age-Adjusted Rate per 100,000 Residents - 2024 data are preliminary



## Any Opioid-Related Overdose Deaths - Contra Costa County, 2023 Age-Adjusted Rate per 100,000 Residents



LOCAL NEWS

### Man Found Dead Inside Bathroom At Concord BART Station

June 28, 2023 - 10:01 AM • 68 comments



A man was found dead inside the bathroom at the Concord BART station on Tuesday, according to BART officials.

Just after 3 p.m., Officers located an adult male who appeared to be suffering from an apparent drug overdose in the bathroom.

The officers administered two doses of NARCAN and summoned for medical assistance.

LUCAL NEWS

#### Man Dies Of Apparent Drug Overdose On BART Train In Dublin – Authorities Administer NARCAN To Another Drug User At Pleasant Hill BART

July 3, 2023 - 3:00 PM • 0 comment

A person died of an apparent drug overdose on a BART train at the West Dublin Station on July 1, and another person was administered a dose of NARCAN to help reverse another drug overdose, according to BART Police.

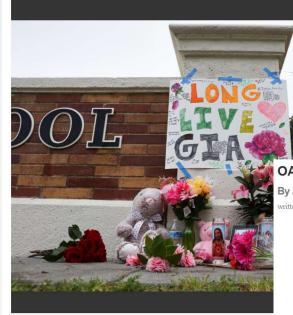
Here are the details from BART Police:

#### NARCAN Deployment - Pleasant Hill Station

7/1/2023 1648 hours An officer administered one (1) dose of NARCAN to an unresponsive male subject who appeared to be suffering from an apparent drug overdose. The subject was transported to an area hospital for further medical treatment.

## 3 teen deaths. 1 arrest. What's next in Santa Rosa's fentanyl tragedy?

In just three days this February, three Sonoma County teens died from suspected fentanyl overdoses. Here's how it unfolded — and what still isn't resolved.



A memorial for Gia Walsh at the front of Santa Rosa High School in Santa Rosa on Mond overdose over the weekend. (Christopher Chung / The Press Democrat)

OAKLEY POLICE RESPOND TO FENTANYL OVERDOSE CALL

By Art Ray

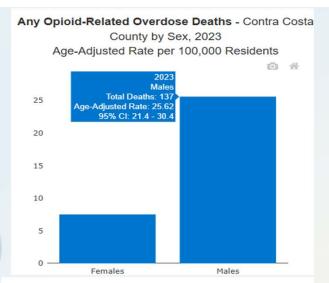
written by CC News | November 19, 2024



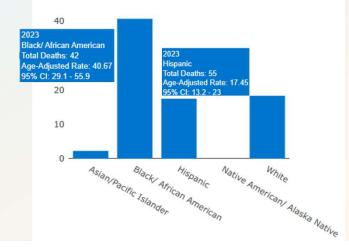
Photo by Art Ray

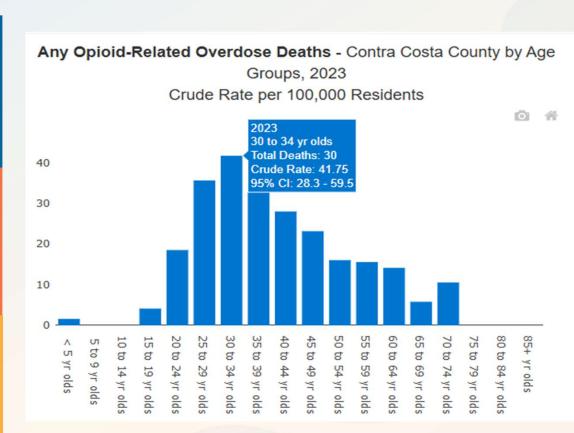
On Tuesday, the Oakley Police Department responded to two people found unconscious at the Antioch fishing pier parking lot.

At 4:45 pm, Oakley police and Contra Costa County Fire responded to the end of Bridgehead Road. Upon arrival, one victim was cold to the touch and not breathing while the second male was saved by Oakley Police Department officers who had administered a counter acting drug (NARCAN).



Any Opioid-Related Overdose Deaths - Contra Costa County by Race/Ethnicity, 2023 Age-Adjusted Rate per 100,000 Residents





# The Continuum of Care Model





## Published Works



News

Jobs

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About Contra Costa Health

**Get Care** 

Health Insurance

Services and Programs

Health and Safety Information



## **OD Free Contra Costa**

Preventing drug overdoses in our community.



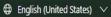






Drug overdoses are the leading cause of death for adults aged 25-54 in Contra Costa.





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Get Care

Health Insurance



#### Opioid Prevention Supply and Training Request Form

The form is to be used for the request of Naloxone (Narcan) and/or Fentanyl Test Strips (FTS), and opioid presentations and Naloxone training in Contra Costa County.

When you submit this form, it will not automatically collect your details like name and email address unless you provide it yourself.

\* Required

#### Information

1. Date Request Submitted

Please input date (M/d/yyyy)



#### Saving Lives Through Collaborative Action

2. Department or Organization (if applicable). Please put "n/a" if not requesting on behalf of a department nor organization.

Enter your answer

3. Are you an eligible agency with a standing order

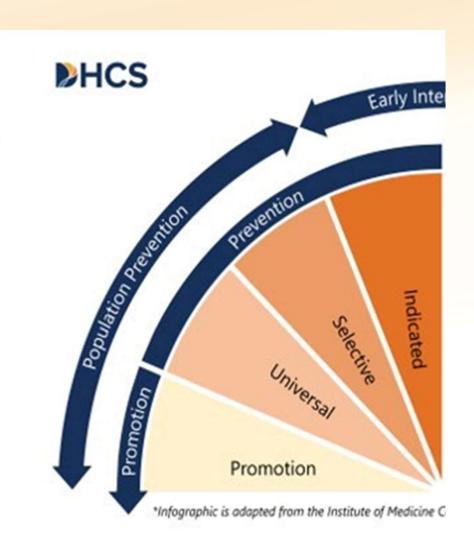
Get Care » Addiction and Recovery Services » NALOXONE (NARCAN) Font Size: 🖸 🖪 😝 Share & Bookmark 🚔 Print The antidote to an opioid overdose Naloxone is a life-saving medication used to reverse an opioid overdose, including heroin, fentanyl and prescription opioid medications. Naloxone is most commonly used as a nasal spray (brand name "Narcan"). You don't need to be a medical professional to safely use naloxone on someone experiencing an overdose. Naloxone nasal spray can be purchased at many pharmacies over the counter. Naloxone is safe and easy to use and works almost immediately. It has very few negative effects, and has no effect if opioids are not in a person's system. Best of all, it can save someone's life! Order Naloxone from the State of CA Find Naloxone Near You Who should carry naloxone? Why carry naloxone? How to recognize an opioid overdose How to respond to an opioid overdose Supplies and Training Contra Costa Health provides naloxone supplies and training to eligible organizations. Contact the Opioid Response Team for more information. Phone: 925-335-3330 · Email: AODopioidresponse@cchealth.org

Request Naloxone Supplies/Training

Contact For Providers

Health and Safety Information

Services and Programs



## **Prevention**



Dates	Opioid Community Forums/Events
December 15, 2024	Hijas del Campo Event
December 18, 2024	City of Oakley
March 26, 2025	City of Antioch
April 16, 2025	City of Pittsburg
April 26, 2025	DEA National Prescription Drug Take Back Day
April 29, 2025	Fentanyl High Screening (Antioch)
April 30, 2025	9 <sup>th</sup> Annual Sweep Away Stigma
May 3, 2025	Scotts Valley Tribal Resource Event
May 21, 2025	Naloxone Stand Box Ribbon Cutting
June 10, 2025	Concord Opioid Awareness Event
October 16, 2025	City of Richmond Opioid Awareness Forum

	FY23/24	FY24/25
Fentanyl Test Strip	995	1667
Naloxone	4713	1818
Presentations & Trainings	81	57

## **AOD Prevention Statistics**













- Proclamation to the Contra Costa County Board of Supervisors
- August 31<sup>st</sup> is International Overdose Awareness
   Day (IOAD). A day of remembering those who lives
   have been impacted by overdose and raising
   awareness.
- Stand Down on the Delta, September 12–15, 2025 at the Contra Costa Event Park
- Support 4 Recovery Recovery Walk, September
   27, 2025 at Martinez Waterfront Park



# Public Health Harm Reduction Vending Machines



Host Site Name	Supplies	Notes
Brookside Shelter	Naloxone (Narcan) Kit	Brookside Clients Only
	Hygiene Kit	
	Menstrual hygiene kit	
	Safer sex kit (condom and lubricant)	
	Fentanyl test strips	
	Wound care kit	
Contra Costa Regional		
Medical Center	Naloxone (Narcan) Kit	Open to Community
	Hygiene Kit	
	Menstrual hygiene kit	
	Safer sex kit (condom and lubricant)	
	Fentanyl test strips	
	Wound care kit	
Delta Landing	Naloxone (Narcan) Kit	Delta Landing Clients Only
	Hygiene Kit	
	Menstrual hygiene kit	
	Safer sex kit (condom and lubricant)	
	Fentanyl test strips	
	Wound care kit	
	Safer injection kit	
	Safer smoking kit	
	Small sharps disposal container	
Oakley Community Center	Naloxone (Narcan) Kit	Open to Community
	Hygiene Kit	
	Menstrual hygiene kit	
	Safer sex kit (condom and lubricant)	
	Fentanyl test strips	
	Wound care kit	
[Pending] Safe Organized Spaces (SOS) Richmond		
[Pending] Mental Health Connections - Antioch		Open to Community



## Naloxone Stand Boxes

Organization	Status	Notes
Oigailization	Status	
1 Diablo Valley College - Pleasant Hill	~	only open to students/ staff
I Diablo valley College - Fleasant Till	1	only open to
<b>2</b> Diablo Valley College - San Ramon	~	students/ staff
= Diable valley college controlled	./	only open to
3 Los Medanos College – Brentwood	~	students/ staff
<b>4</b> Los Medanos College – Pittsburg	<b>/</b>	only open to students/ staff
<b>5</b> Pleasant Hill Library	<b>/</b>	
<b>6</b> San Pablo Library	<b>V</b> ,	
<b>7</b> Antioch Library	<b>V</b>	
8 Public Defender's Office - Martinez		
9 Public Defender's Office - Richmond	<b>V</b> .	
10BACS- Delta Landing Shelter	<b>/</b>	DL Residence Only
11 Peer Connections Center - West County	Pending	
12 Mental Health Connections - Concord	Pending	
13 Contra Costa Regional Medical Center	Pending	
14 Contra Costa College	Pending	
<b>15</b> Central County Interim Housing Program	Pending	
16Trinity Center	Pending	
17 BART Station - Concord TBD	Pending	



#### Naloxone Stand Box Locations 111 Contra Costa County American Canyon Isleton Rio Vista Marshes Wildlife Area Naloxone Stand Box 12 97 X CLEAR ALL LABELS ilo Bay National Jiife Refuge Vallejo 160 £1013 San Paplo Bay Benicia 📆 Wildlife Area Bay Point Pittsb Recreation Area Hercules Martinez A. Joch Santa Venetia Oakley Concord San Rafael San I do tfield t Hill Clayton Richmu Larkspur Brentwood Pinole Valley Contra Costa Los Medanos College Centre El Cerrito Paradise Cay 1351 Pioneer Square ill Valley Walnut Creek Brentwood CA 94513 Albany 0 Lafayette only open to students/ staff Berkeley State Park Moraga [101] Piedmont 16 Blackhawk Oakland and Watershed Tassajara Mountain San Francisco San Leandro Watershed CASTRO DISTRICT Alameda San Ramon SUNSET DISTRIC Altamont

San Leandro

#### Faith-based groups/organization Low Barrier/Residential Housing Syringe Services Program Libraries ទ **OPIOID RESPONSE TEAM Veterans** Jails/Juvenile **Detention Centers SUN ER** Courts **BART** Probation Parole · Public Defenders · H3 (CORE) Homeless Team Police Departments · Healthcare and insurance navigation · Shelter · Mobile outreach

## **Opioid Response Team**

**Opioid Response Team (ORT)** is comprised of substance use counselors dedicated to outreach and engagement with individuals in need of care and support.

ORT provides immediate response and connections to services at key **touchpoints or** key locations where individuals impacted by OUD or SUD can be reached.

#### **ORT's Approach**

ORT prioritizes a compassionate, nonjudgmental, and client-centered approach focused on:

- Harm reduction meeting clients where they are
- Client-driven engagement Respecting individual needs and choices
- Treatment on demand offering immediate connection to care
- Compassion, Respect and Hope Core values in every interaction



## **HEPPAC Syringe Services Program**





At HEPPAC, our mission is to stop the spread of HIV and Hepatitis C among People Who Use Drugs (PWID) and their families, while reducing drug-related harm in Alameda and Contra Costa Counties.

We use an integrated Harm Reduction model to provide medical services in non-clinical settings, with a focus on communities of color in the East Bay Area.

Tuesdays | 1:00 PM - 3:00 PM 25th St & Macdonald Ave Richmond, CA 94804







**Biohazard** Container Disposal



Resources



## **Veteran Services**

- Expanding Services to Veterans
- New focus on serving the veteran population
- Striving to become a recognized Veteran Community Provider
- Participated in Veteran Delta Stand Down outreach event
- Building partnerships with Los Medanos College (LMC) and Diablo Valley College (DVC)
- Upcoming Veteran Events:
  - Veterans Week at LMC
  - Veteran Resource Fair October 9
- "Veterans: Their Sacrifice, Our Freedom" us







# Treatment in the Jail Facilities





## Referral to Post Release



#### **Martinez Detention Facility**

#### **Post Release Service**

- Collect release dates for individuals utilizing Medication Assisted Treatment (MAT) in the jail for to purpose to visit prior to release
- Meet with soon to be released clients from custody to determine if they will seek to continue their MAT once returned to the community
- Provide contact information to Access Line, AODS counselors, MAT provider (Choosing Change, Harmonic Solutions, BAART Services)
- Complete post-release referral form with Release of Information (ROI) to connect with clients Emergency contact person

## **Recovery Residence**

## Tier Recovery and Wellness Support System PEER BASED RECOVERY SERVICES

OPIOID RESPONSE TEAM FOR CLIENTS WITH MEDICATIONS FOR OPIOID USE DISORDERS (MOUD)					
Tiers	Intense	Moderate	Low/High Stability		
CRITERIA	<ul> <li>Moderate/severe mental health diagnosis recently (within the last few months) reengaged with mental health services.</li> <li>Clients who may have received a verbal/ written warning due to noncompliance with the RR grant</li> <li>Had difficulties adhering to structure at the residential program</li> <li>Low adherence/challenges to medications, including MAT</li> <li>Clients who have recently been employed full</li> </ul>	<ul> <li>Moderate/severe mental health diagnosis recently (within the last few months) reengaged with mental health services.</li> <li>Clients who may have received a verbal/ written warning due to noncompliance with the RR grant</li> <li>Had difficulties adhering to structure at the residential program</li> <li>Low adherence/challenges to medications, including MAT</li> <li>Clients who have recently been employed full time</li> <li>In IOP for a few weeks</li> <li>Struggling to adjust to new schedule (work and attending treatment)</li> </ul>	<ul> <li>Moderate/severe mental health diagnosis recently (within the last few months) reengaged with mental health services.</li> <li>Clients who may have received a verbal/ written warning due to noncompliance with the RR grant</li> <li>Had difficulties adhering to structure at the residential program</li> <li>Low adherence/challenges to medications, including MAT</li> <li>Clients who have recently been employed full time</li> <li>In IOP for a few weeks</li> <li>Struggling to adjust to new schedule (work and attending treatment)</li> </ul>		

### **Uilkema House (Martinez)**

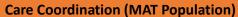


## Care Coordination

Case Review

## Case Study Presentation





#### **Monthly Coordination with MAT Providers**

Review high-risk clients to mitigate overdoses and risky behaviors Focus on improving overall quality of life and access to recovery residences

#### **High-Risk Criteria Reviewed**

History of overdose

Pregnant clients with OUD

Inconsistent dosing patterns

IV (injection) drug use

Numerous missed counseling sessions

#### **Role of Recovery Residences**

Adds stability and reduces overdoses

Provides recovery coaches in houses for ongoing support



#### **Patient One**

Patient Overview: 17-year-old male with opioid use disorder (OUD), passive tobacco exposure, cannabis use, and co-occurring ADHD, anxiety, and depression. Primary Concerns: OUD, mental health challenges, inconsistent medication adherence, and frequent missed appointments. Treatment Challenges: Fluctuating adherence to MAT, missed follow-ups, and ambivalence toward long-term medication use.

02 YR: 2022 Early signs of risk

ED visit for a dog bite.

Behavioral health services initiated; diagnosed with ADHD-inattentive type and anxiety.

Noted use of cough syrup for recreational purposes.

04 YR: March 2024 Justice System Involvement

Involvement with juvenile justice system, received a suicide screening.

Transferred to a Crisis Center where antidepressant and psych meds was prescribed but later discontinued

Submitted request for mental health support within juvenile hall.

VR: Sep - Oct 2024 Opioid use

ED visit for back pain and opioid withdrawal sent from REACH treatment program; left ED before completing a social work evaluation. No meds given in ED.

Diagnosis of opiate withdrawal and OUD; recommended for counseling and outpatient treatment but eloped prior to receiving service.

Counseling attempts initiated with Choosing Change for buprenorphine treatment due to cravings and high relapse risk.



01 YR: 2016-2019 Early encounters

Multiple ED visits for physical injuries, ear pain, and eye pain.

Pediatric visit noted concerns about hyperactivity, inattention, and high sugary beverage intake YR: February 2024 Mental health risk

5150 hold (involuntary mental health hold) due to police involvement and Milise

Discharged the next day and referred for further behavioral health support.

05 YR: July 2024 Tobacco use

ED visit for dental pain after candy consumption. Diagnosed with mild depression and noted passive tobacco use. 07 Late Oct 2024 Last documented record

No-show for a scheduled telehealth visit, marking the last recorded encounter and has not re-engaged in care.



Request for Proposals (RFPs)



#### About Contra Costa Health

- Work with CCH

Benefits

Contact Us - Personnel

Contract Work

**Current Openings** 

- + Family Medicine Residency Program
- + Health Career Pathways
- + Internship Opportunities

Jobs for Physicians & Nurse Practitioners

RFPs

+ Volunteer

#### AWARDED PROPOSALS

<u>Opioid Primary Prevention</u> <u>RFP Final Results</u> (June 12, 2025)

Opioid Settlement Funds Management Services RFP Final Results (June 5, 2025)

## **Upcoming Events**

## Concerned about Alcohol and Substance Use in your Community?



#### CENTRAL COUNTY COMMUNITY FORUM:

Help shape Contra Costa County's Substance Use Strategic Prevention Plan Community members (especially parents, families and youths) and local stakeholders are invited to join the discussion on issues surrounding the underage use of alcohol, cannabis, opioids and other drugs. Naloxone will be available.



Wednesday, November 5, 2025 5:30 to 7:30 p.m. Loma Vista Adult Center (Multi-Use Room) 1266 San Carlos Ave, Concord

Dinner and light refreshments will be provided

forms.office.com/g/ndm0aZyGsS

Questions? Contact: Sawara Liaqat
sliaqat@bacr.org 925-335-3306











## Thank you for all you do for our community!

How to connect and request support and information for clients and community:

AODOPIOIDResponse@cchealth.org

We speak Spanish! ¡Hablamos Español! 925-335-3330



https://www.cchealth.org/health-and-safety-information/odfree-contra-costa





