



Opioid Crisis

A CONTRA COSTA RESPONSE

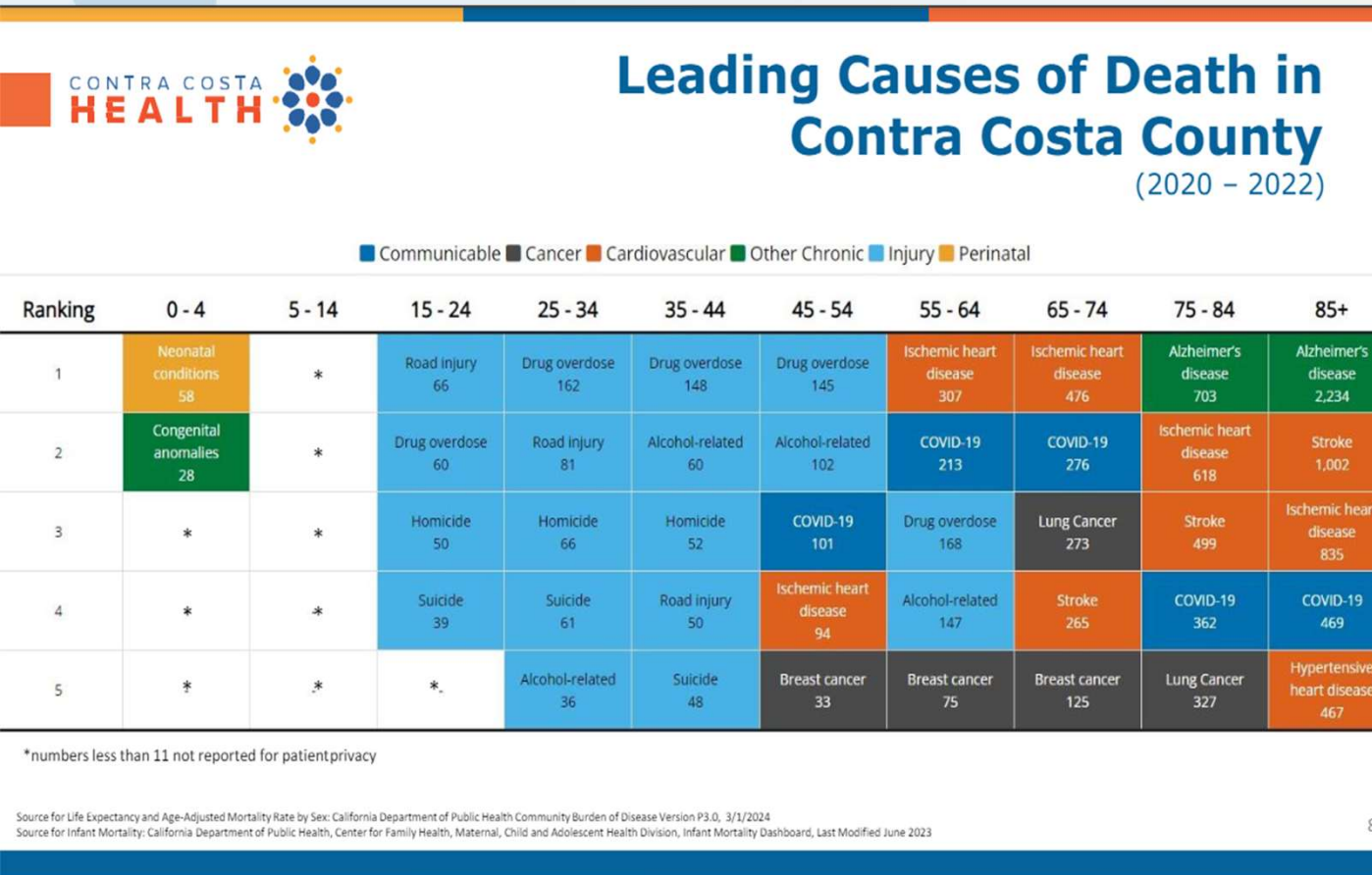
Behavioral Health Board Meeting

Contra Costa's Opioid Response Program

Behavioral Health Alcohol and Other Drugs

Wed, November 5, 2025

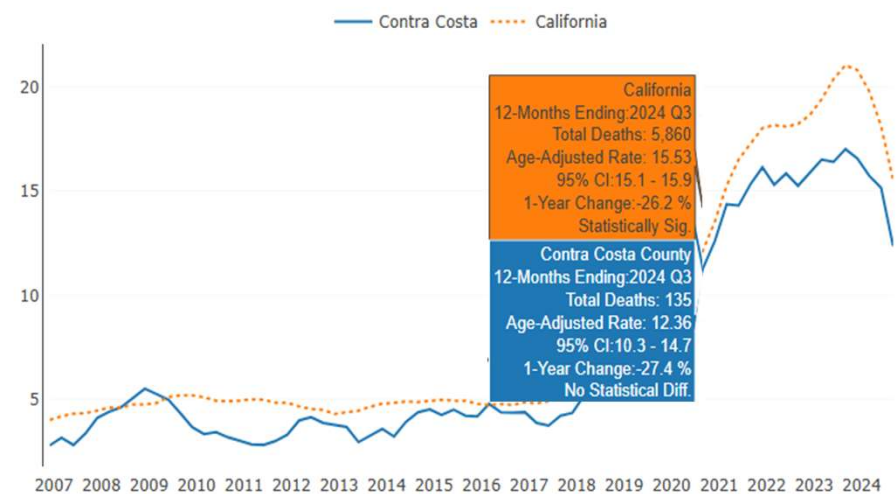
Opioid-Related Mortality Trends



- On August 13, 2024, Contra Costa County's Health Officer, Dr. Ori Tzvieli, presented mortality data from the County's ATLAS dashboard, covering 2020 to 2022.
- Drug overdose emerged as the leading cause of death among residents aged 25 to 54.
- Residents aged 15 to 24, ranked as second leading cause of death.
- These patterns highlight the need for interventions to address opioid misuse and prevent overdose fatalities across all age groups.

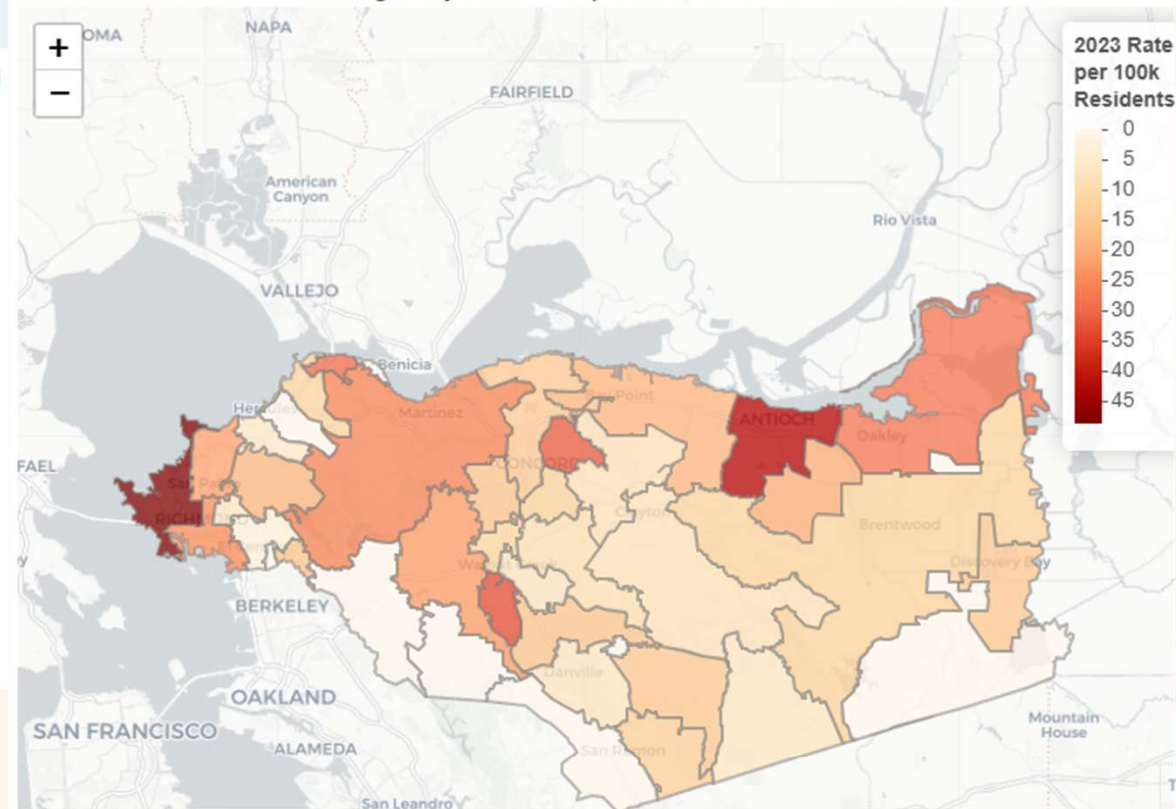
Any Opioid-Related Overdose Deaths - Contra Costa County compared to California Total Population

12-Month Rolling Age-Adjusted Rate per 100,000 Residents - 2024 data are preliminary



Any Opioid-Related Overdose Deaths - Contra Costa County, 2023

Age-Adjusted Rate per 100,000 Residents



LOCAL NEWS

Man Found Dead Inside Bathroom At Concord BART Station

June 28, 2023 - 10:01 AM • 68 comments



A man was found dead inside the bathroom at the Concord BART station on Tuesday, according to BART officials.

Just after 3 p.m., Officers located an adult male who appeared to be suffering from an apparent drug overdose in the bathroom.

The officers administered two doses of NARCAN and summoned for medical assistance.

LOCAL NEWS

Man Dies Of Apparent Drug Overdose On BART Train In Dublin – Authorities Administer NARCAN To Another Drug User At Pleasant Hill BART

July 3, 2023 - 3:00 PM • 0 comment

A person died of an apparent drug overdose on a BART train at the West Dublin Station on July 1, and another person was administered a dose of NARCAN to help reverse another drug overdose, according to BART Police.

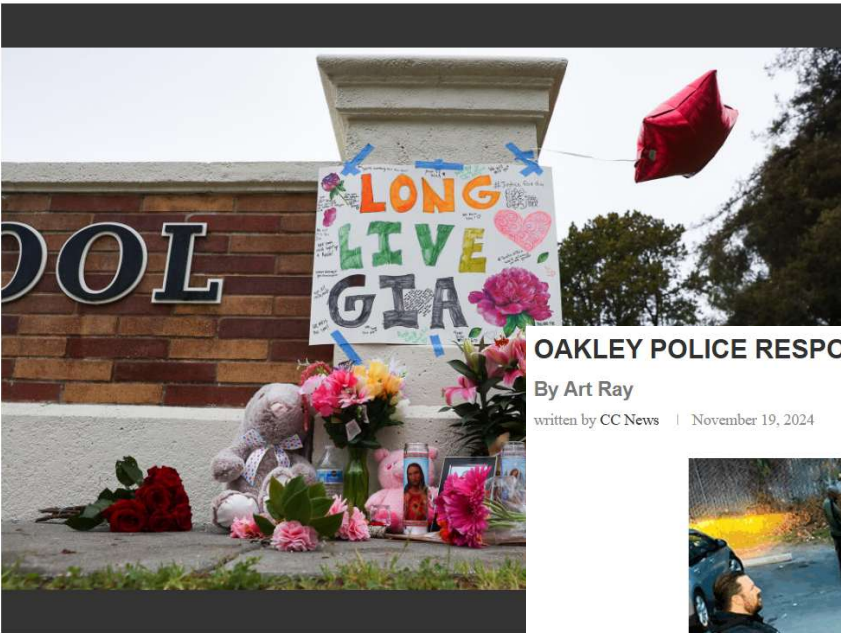
Here are the details from BART Police:

NARCAN Deployment – Pleasant Hill Station

7/1/2023 1648 hours An officer administered one (1) dose of NARCAN to an unresponsive male subject who appeared to be suffering from an apparent drug overdose. The subject was transported to an area hospital for further medical treatment.

3 teen deaths. 1 arrest. What’s next in Santa Rosa’s fentanyl tragedy?

In just three days this February, three Sonoma County teens died from suspected fentanyl overdoses. Here’s how it unfolded — and what still isn’t resolved.



A memorial for Gia Walsh at the front of Santa Rosa High School in Santa Rosa on Monday, after she died of a suspected fentanyl overdose over the weekend. (Christopher Chung / The Press Democrat)

OAKLEY POLICE RESPOND TO FENTANYL OVERDOSE CALL

By Art Ray

written by CC News | November 19, 2024

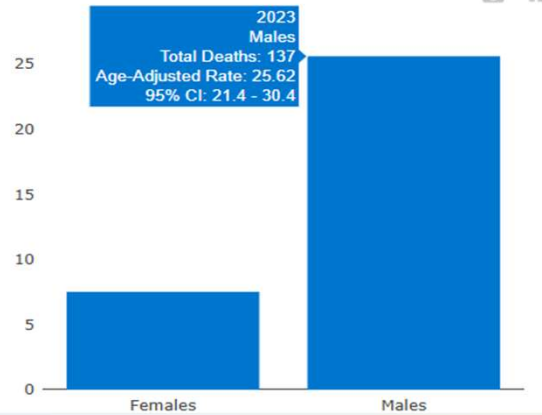


Photo by Art Ray

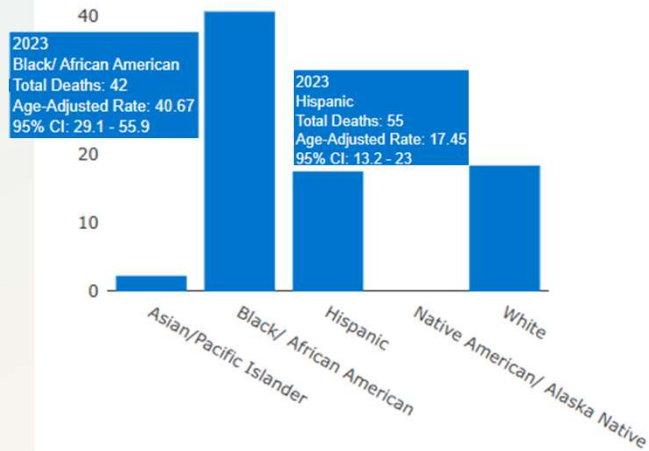
On Tuesday, the Oakley Police Department responded to two people found unconscious at the Antioch fishing pier parking lot.

At 4:45 pm, Oakley police and Contra Costa County Fire responded to the end of Bridgehead Road. Upon arrival, one victim was cold to the touch and not breathing while the second male was saved by Oakley Police Department officers who had administered a counter acting drug (NARCAN).

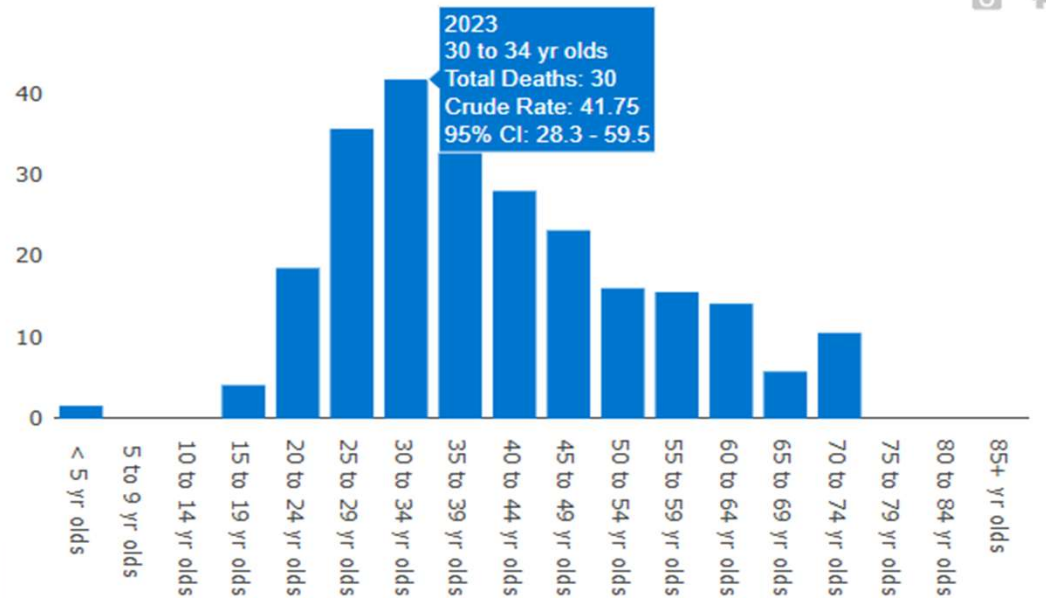
Any Opioid-Related Overdose Deaths - Contra Costa County by Sex, 2023
Age-Adjusted Rate per 100,000 Residents



Any Opioid-Related Overdose Deaths - Contra Costa County by Race/Ethnicity, 2023
Age-Adjusted Rate per 100,000 Residents



Any Opioid-Related Overdose Deaths - Contra Costa County by Age Groups, 2023
Crude Rate per 100,000 Residents



The Continuum of Care Model

CONTINUUM OF CARE MODEL



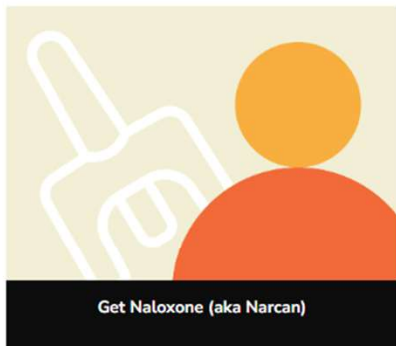


Published Works



OD Free Contra Costa

Preventing drug overdoses in our community.



Get Naloxone (aka Narcan)



Medication Assisted Treatment



Overdose Data

Drug overdoses are the leading cause of death for adults aged 25-54 in Contra Costa.



MARCH 2025



SCAN ME



Get Care » Addiction and Recovery Services »

NALOXONE (NARCAN)

Font Size: [icon] [icon] [icon] Share & Bookmark [icon] Print

The antidote to an opioid overdose

Naloxone is a life-saving medication used to reverse an opioid overdose, including heroin, fentanyl and prescription opioid medications. Naloxone is most commonly used as a nasal spray (brand name "Narcan"). You don't need to be a medical professional to safely use naloxone on someone experiencing an overdose. Naloxone nasal spray can be purchased at many pharmacies [over the counter](#).

Naloxone is safe and easy to use and works almost immediately. It has very few negative effects, and has no effect if opioids are not in a person's system. Best of all, it can save someone's life!

Order Naloxone from the State of CA

Find Naloxone Near You

Who should carry naloxone? +

Why carry naloxone? +

How to recognize an opioid overdose +

How to respond to an opioid overdose +

Supplies and Training

Contra Costa Health provides naloxone supplies and training to eligible organizations. Contact the Opioid Response Team for more information.

- Phone: 925-335-3330
- Email: AODopioidresponse@cchealth.org

Request Naloxone Supplies/Training

Opioid Prevention Supply and Training Request Form

The form is to be used for the request of Naloxone (Narcan) and/or Fentanyl Test Strips (FTS), and opioid presentations and Naloxone training in Contra Costa County.

When you submit this form, it will not automatically collect your details like name and email address unless you provide it yourself.

* Required

Information

1. Date Request Submitted

Please input date (M/d/yyyy)



Saving Lives Through Collaborative Action

2. Department or Organization (if applicable). Please put "n/a" if not requesting on behalf of a department nor organization.

Enter your answer

3. Are you an eligible agency with a standing order



Prevention



Dates	Opioid Community Forums/Events
December 15, 2024	Hijas del Campo Event
December 18, 2024	City of Oakley
March 26, 2025	City of Antioch
April 16, 2025	City of Pittsburg
April 26, 2025	DEA National Prescription Drug Take Back Day
April 29, 2025	Fentanyl High Screening (Antioch)
April 30, 2025	9 th Annual Sweep Away Stigma
May 3, 2025	Scotts Valley Tribal Resource Event
May 21, 2025	Naloxone Stand Box Ribbon Cutting
June 10, 2025	Concord Opioid Awareness Event
October 16, 2025	City of Richmond Opioid Awareness Forum

	FY23/24	FY24/25
Fentanyl Test Strip	995	1667
Naloxone	4713	1818
Presentations & Trainings	81	57

1445
Attendees

AOD Prevention Statistics



- Proclamation to the Contra Costa County Board of Supervisors
- **August 31st is International Overdose Awareness Day (IOAD).** A day of remembering those who lives have been impacted by overdose and raising awareness.
- **Stand Down on the Delta,** September 12–15, 2025 at the Contra Costa Event Park
- **Support 4 Recovery – Recovery Walk,** September 27, 2025 at Martinez Waterfront Park



Public Health Harm Reduction Vending Machines



Host Site Name	Supplies	Notes
Brookside Shelter	Naloxone (Narcan) Kit	Brookside Clients Only
	Hygiene Kit	
	Menstrual hygiene kit	
	Safer sex kit (condom and lubricant)	
	Fentanyl test strips	
	Wound care kit	
Contra Costa Regional Medical Center	Naloxone (Narcan) Kit	Open to Community
	Hygiene Kit	
	Menstrual hygiene kit	
	Safer sex kit (condom and lubricant)	
	Fentanyl test strips	
	Wound care kit	
Delta Landing	Naloxone (Narcan) Kit	Delta Landing Clients Only
	Hygiene Kit	
	Menstrual hygiene kit	
	Safer sex kit (condom and lubricant)	
	Fentanyl test strips	
	Wound care kit	
	Safer injection kit	
	Safer smoking kit	
	Small sharps disposal container	
Oakley Community Center	Naloxone (Narcan) Kit	Open to Community
	Hygiene Kit	
	Menstrual hygiene kit	
	Safer sex kit (condom and lubricant)	
	Fentanyl test strips	
	Wound care kit	
[Pending] Safe Organized Spaces (SOS) Richmond		
[Pending] Mental Health Connections - Antioch		Open to Community

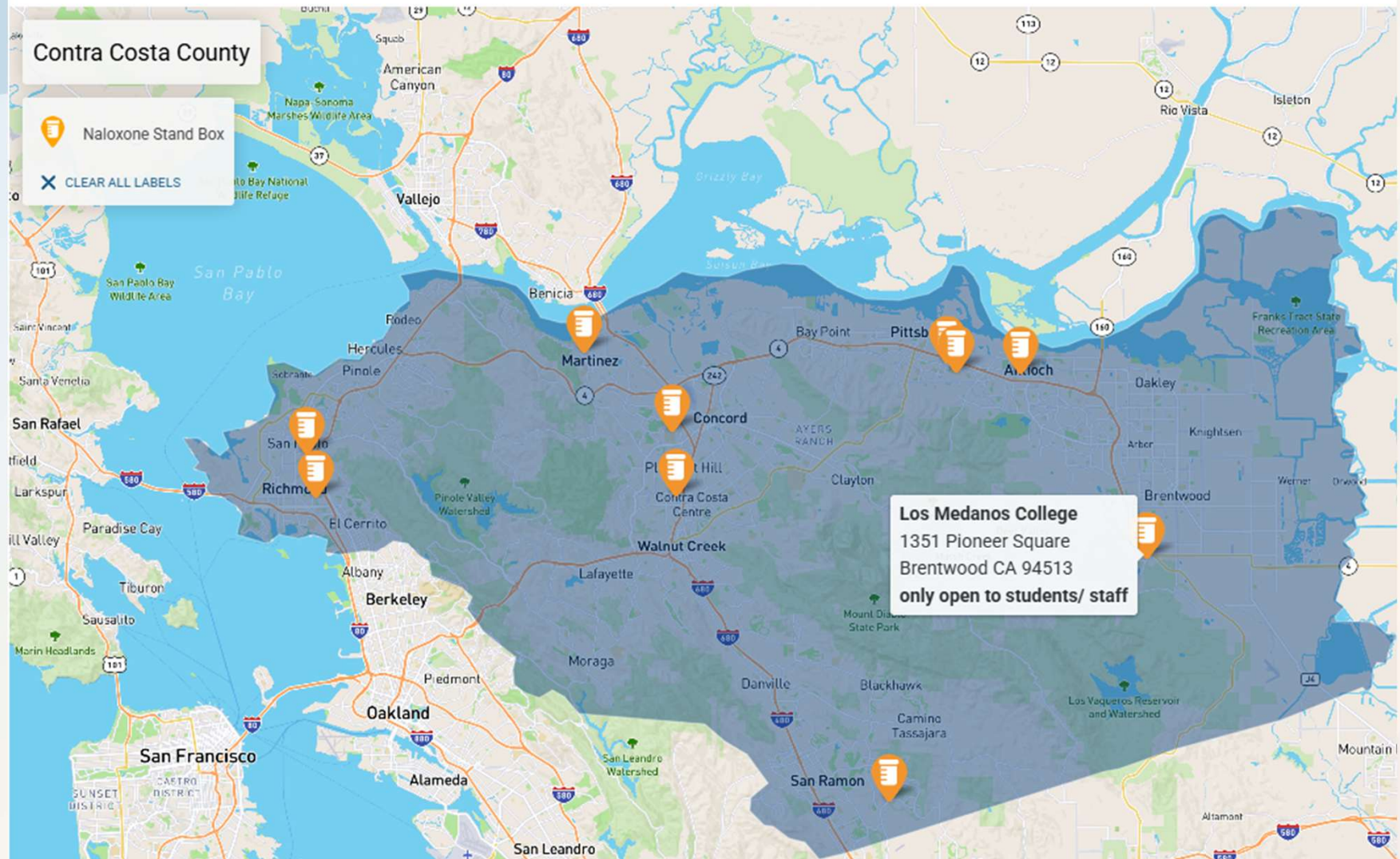


Naloxone Stand Boxes

Organization	Status	Notes
1 Diablo Valley College - Pleasant Hill	✓	only open to students/ staff
2 Diablo Valley College - San Ramon	✓	only open to students/ staff
3 Los Medanos College – Brentwood	✓	only open to students/ staff
4 Los Medanos College – Pittsburg	✓	only open to students/ staff
5 Pleasant Hill Library	✓	
6 San Pablo Library	✓	
7 Antioch Library	✓	
8 Public Defender's Office - Martinez	✓	
9 Public Defender's Office - Richmond	✓	
10 BACS- Delta Landing Shelter	✓	DL Residence Only
11 Peer Connections Center - West County	Pending	
12 Mental Health Connections - Concord	Pending	
13 Contra Costa Regional Medical Center	Pending	
14 Contra Costa College	Pending	
15 Central County Interim Housing Program	Pending	
16 Trinity Center	Pending	
17 BART Station - Concord TBD	Pending	



Naloxone Stand Box Locations



Opioid Response Team

Opioid Response Team (ORT) is comprised of substance use counselors dedicated to outreach and engagement with individuals in need of care and support.

ORT provides immediate response and connections to services at key **touchpoints** or key locations where individuals impacted by OUD or SUD can be reached.



ORT's Approach

ORT prioritizes a compassionate, nonjudgmental, and client-centered approach focused on:

- Harm reduction – meeting clients where they are
- Client-driven engagement – Respecting individual needs and choices
- Treatment on demand – offering immediate connection to care
- Compassion, Respect and Hope – Core values in every interaction



HEPPAC Syringe Services Program



Richmond Mobile Harm Reduction Services

At HEPPAC, our mission is to stop the spread of HIV and Hepatitis C among People Who Use Drugs (PWID) and their families, while reducing drug-related harm in Alameda and Contra Costa Counties.

We use an **integrated Harm Reduction model** to provide medical services in non-clinical settings, with a focus on communities of color in the East Bay Area.

Tuesdays | 1:00 PM – 3:00 PM

25th St & Macdonald Ave

Richmond, CA 94804



CONTACT US
510.849.7630



HEPPAC
HIV Education and Prevention
Project of Alameda County



Hygiene Kits



Wound Care



Food



Menstrual
Products



Harm
Reduction
Supplies



Biohazard
Container
Disposal



Resources

SCAN ME



HEPPAC.ORG

Veteran Services

- Expanding Services to Veterans
- New focus on serving the veteran population
- Striving to become a recognized Veteran Community Provider
- Participated in Veteran Delta Stand Down outreach event
- Building partnerships with Los Medanos College (LMC) and Diablo Valley College (DVC)
- Upcoming Veteran Events:
 - Veterans Week at LMC
 - Veteran Resource Fair – October 9
- *"Veterans: Their Sacrifice, Our Freedom" us*



STAND DOWN ON THE DELTA

DELTA VETERANS GROUP

www.deltaveteransgroup.org

2025
DATE: September 12th - 15th, 2025
LOCATION: Contra Costa County Fairgrounds, Antioch, California

Veteran Walk-Ins are welcome for day service 8am-4pm daily!

Overnight Stay Pre-Registration or Walk-ins Welcome
 Overnight Stays: Pre-registration is required.
 Visit a Stand Down pre-registration site or register online at:
www.deltaveteransgroup.org

Community Day
Saturday, September 13, 2025
 Services are OPEN to the ENTIRE COMMUNITY, regardless if you are a VETERAN or NOT A VETERAN

This initiative is part of our "Veterans Served Their Country, Veterans Serve Their Community" program.

Free Transportation Provided by First Student Transportation:
 (Must be pre-registered and stay from Friday-Monday)

Oakland Area: Oakland VA OPC	San Francisco Area: VAMC at Ft. Miley VA Downtown Clinic on 3rd St.	Contra Costa County: Richmond TBA Martinez VA OPC
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Treatment in the Jail Facilities



Is Crossroads Right For You?

Do You:

- Think it's time to change your addictive thinking and behavior?
- Have a minimum of 90 days remaining of incarceration?
- Want to receive substance abuse treatment while in custody?
- Need a recovery coach to assist you on your journey?
- If you answered yes, we can help!

Requirements

Crossroads is a nine-month program for men.

- 3 months while in custody
- 6 months outpatient substance use treatment post-release

You must also:

- Comply with program rules and guidelines
- Attend all medical, mental health, legal and vocational appointments as scheduled
- Enroll in a job training or education program

If you are not eligible for the Crossroads Program or prefer a shorter commitment, please call the Behavioral Health ACCESS Line at (888) 678-7277 or join one of our recovery groups in the Richmond Jail.

What are the benefits?

In Custody (3 months)

- Individualized substance use counseling and assessment
- Cognitive behavioral therapy groups
- Help identifying triggers that cause drug use and criminal behavior
- Develop relapse prevention and life coping skills
- Pre-release planning and preparation – including Medi-Cal enrollment
- Transportation upon release to outpatient program

Post Jail Release (6 months)

- Subsidized recovery housing
- Continued substance use treatment
- Recovery and reentry coaching
- Develop life skills
- Social activities and events
- Resources for mental health, medication assisted treatment, job readiness classes, medical care, and more
- Referrals to self-help and recovery support services

How to Apply

To enroll in Crossroads, you just need a referral from any of the following:

- In custody substance abuse counselor
- Medical Assistance Treatment (MAT)
- DOJ
- GPS
- Mental Health Clinician
- Public Defender's Office
- District Attorney
- You can self-ref

Crossroads Team Contacts

- Lacresna Williams (WCDF) lacresna.williams@ccchealth.org
- Phillip Dorigatti (WCDF) phillip.dorigatti@ccchealth.org
- James K. Garrett james.garrett@ccchealth.org
- Antonia Fernandez (MCP) antonia.fernandez@ccchealth.org

Self-Help Support Resources

- LifeRing Secular Recovery lifering.org
- Refuge Recovery refugerecovery.org
- SMART Recovery smartrecovery.org
- Narcotics Anonymous contracostana.org
- Alcoholics Anonymous contracostaaa.org

In partnership with:

- Contra Costa County Office of the Sheriff
- Detention Health
- District Attorney's Office
- Office of Education
- Probation Department's Office of Reentry & Justice
- Public Defender's Office
- West County Reentry Center

Funded by the Bureau of Justice Assistance Residential Substance Abuse Treatment Grant

Crossroads

Substance Use Treatment Program
West County Detention

Referral to Post Release



Martinez Detention Facility

Post Release Service

- Collect release dates for individuals utilizing Medication Assisted Treatment (MAT) in the jail for to purpose to visit prior to release
- Meet with soon to be released clients from custody to determine if they will seek to continue their MAT once returned to the community
- Provide contact information to Access Line, AODS counselors, MAT provider (Choosing Change, Harmonic Solutions, **BAART Services**)
- Complete post-release referral form with Release of Information (ROI) to connect with clients Emergency contact person

Recovery Residence

Tier Recovery and Wellness Support System PEER BASED RECOVERY SERVICES

OPIOID RESPONSE TEAM FOR CLIENTS WITH MEDICATIONS FOR OPIOID USE DISORDERS (MOUD)

Tiers	Intense	Moderate	Low/High Stability
CRITERIA	- Moderate/severe mental health diagnosis recently (within the last few months) reengaged with mental health services. - Clients who may have received a verbal/ written warning due to noncompliance with the RR grant - Had difficulties adhering to structure at the residential program - Low adherence/challenges to medications, including MAT - Clients who have recently been employed full	- Moderate/severe mental health diagnosis recently (within the last few months) reengaged with mental health services. - Clients who may have received a verbal/ written warning due to noncompliance with the RR grant - Had difficulties adhering to structure at the residential program - Low adherence/challenges to medications, including MAT - Clients who have recently been employed full time - In IOP for a few weeks - Struggling to adjust to new schedule (work and attending treatment)	- Moderate/severe mental health diagnosis recently (within the last few months) reengaged with mental health services. - Clients who may have received a verbal/ written warning due to noncompliance with the RR grant - Had difficulties adhering to structure at the residential program - Low adherence/challenges to medications, including MAT - Clients who have recently been employed full time - In IOP for a few weeks - Struggling to adjust to new schedule (work and attending treatment)

Uilkema House (Martinez)



Care
Coordination

Case Review

Case Study
Presentation

Care Coordination (MAT Population)

Monthly Coordination with MAT Providers

Review high-risk clients to mitigate overdoses and risky behaviors
Focus on improving overall quality of life and access to recovery residences

High-Risk Criteria Reviewed

History of overdose
Pregnant clients with OUD
Inconsistent dosing patterns
IV (injection) drug use
Numerous missed counseling sessions

Role of Recovery Residences

Adds stability and reduces overdoses
Provides recovery coaches in houses for ongoing support

Patient One

Patient Overview: 17-year-old male with opioid use disorder (OUD), passive tobacco exposure, cannabis use, and co-occurring ADHD, anxiety, and depression.
Primary Concerns: OUD, mental health challenges, inconsistent medication adherence, and frequent missed appointments.
Treatment Challenges: Fluctuating adherence to MAT, missed follow-ups, and ambivalence toward long-term medication use.

02 YR: 2022 Early signs of risk

ED visit for a dog bite.

Behavioral health services initiated; diagnosed with ADHD-inattentive type and anxiety.

Noted use of cough syrup for recreational purposes.

04 YR: March 2024 Justice System Involvement

Involvement with juvenile justice system, received a suicide screening.

Transferred to a Crisis Center where antidepressant and psych meds was prescribed but later discontinued

Submitted request for mental health support within juvenile hall.

06 YR: Sep – Oct 2024 Opioid use

ED visit for back pain and opioid withdrawal sent from REACH treatment program; left ED before completing a social work evaluation. No meds given in ED.

Diagnosis of opiate withdrawal and OUD; recommended for counseling and outpatient treatment but eloped prior to receiving service.

Counseling attempts initiated with Choosing Change for buprenorphine treatment due to cravings and high relapse risk.

01 YR: 2016-2019 Early encounters

Multiple ED visits for physical injuries, ear pain, and eye pain.

Pediatric visit noted concerns about hyperactivity, inattention, and high sugary beverage intake.

03 YR: February 2024 Mental health risk

5150 hold (involuntary mental health hold) due to police involvement and MJ use.

Discharged the next day and referred for further behavioral health support.

05 YR: July 2024 Tobacco use

ED visit for dental pain after candy consumption. Diagnosed with mild depression and noted passive tobacco use.

07 Late Oct 2024 Last documented record

No-show for a scheduled telehealth visit, marking the last recorded encounter and has not re-engaged in care.

Service Expansion

Request for Proposals (RFPs)



About Contra Costa Health

Work with CCH

- Benefits
- Contact Us - Personnel
- Contract Work
- Current Openings
- + Family Medicine Residency Program
- + Health Career Pathways
- + Internship Opportunities
- Jobs for Physicians & Nurse Practitioners

RFPs

- + Volunteer

AWARDED PROPOSALS

[Opioid Primary Prevention RFP Final Results](#) (June 12, 2025)

[Opioid Settlement Funds Management Services RFP Final Results](#) (June 5, 2025)

Upcoming Events

Concerned about Alcohol and Substance Use in your Community?



CENTRAL COUNTY COMMUNITY FORUM:

Help shape Contra Costa County's Substance Use Strategic Prevention Plan. Community members (especially parents, families and youths) and local stakeholders are invited to join the discussion on issues surrounding the underage use of alcohol, cannabis, opioids and other drugs. **Naloxone will be available.**



forms.office.com/g/ndm0aZyGsS

Questions? Contact: Sawara Liaqat
sliaqat@bacr.org 925-335-3306

Wednesday, November 5, 2025

5:30 to 7:30 p.m.

Loma Vista Adult Center (Multi-Use Room)

1266 San Carlos Ave, Concord

Dinner and light refreshments will be provided



Thank you for all you do for our community!

How to connect and request support and information for clients and community:

AODOPIOIDResponse@cchealth.org

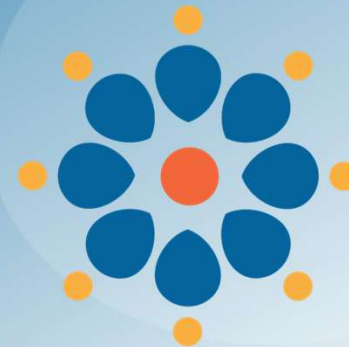
We speak Spanish! ¡Hablamos Español!

925-335-3330



Visit the OD Free Contra Costa Landing Page!

<https://www.cchealth.org/health-and-safety-information/od-free-contra-costa>



CONTRA COSTA
HEALTH