

# The Board of Supervisors of Contra Costa County, California

**In the matter of: Proclaiming May 2026 as  
*CalFresh Awareness Month.***

Resolution No. 2026-163

**WHEREAS**, access to safe, nutritious and culturally acceptable food is a basic human right and is essential to human health; and

**WHEREAS**, CalFresh food benefits stretch household budgets, enabling recipients to afford nutritious food, including more fruits, vegetables, and other healthy options, enhancing the wellbeing of families and individuals; and

**WHEREAS**, CalFresh Awareness Month is an opportunity to educate community members about food benefits and the CalFresh application process, and to dispel myths about eligibility requirements; and

**WHEREAS**, income-eligible adults can participate in the CalFresh program, and may apply on behalf of their children; and

**WHEREAS**, in Contra Costa County, 144,236 individual residents received CalFresh in 2025; and

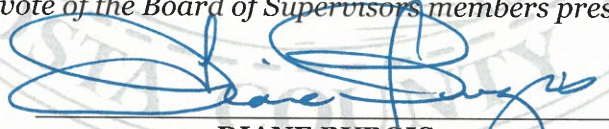
**WHEREAS**, in Contra Costa County, CalFresh benefits contributed \$274.1 million to our economy in 2025; and

**WHEREAS**, CalFresh food benefits can be used at grocery stores, farmers markets, convenience stores, and even select online retailers; and

**WHEREAS**, Contra Costa County is one of 35 counties in the state offering the CalFresh Employment and Training Program, providing training and assistance towards job readiness, job security, work norms, and access to higher education for CalFresh participants; and

**NOW, THEREFORE, BE IT RESOLVED** that the Board of Supervisors of Contra Costa County does hereby proclaims **May 2026** as ***CalFresh Awareness Month*** in Contra Costa County, and honors individuals, organizations and agencies working to ensure that all County residents have access to safe, nutritious food.

*PASSED by a unanimous vote of the Board of Supervisors members present this 12<sup>th</sup> day of May 2026.*



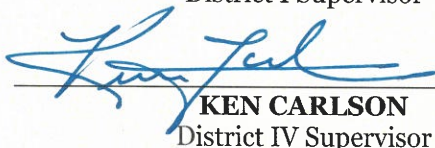
**DIANE BURGIS**  
Chair,  
District III Supervisor



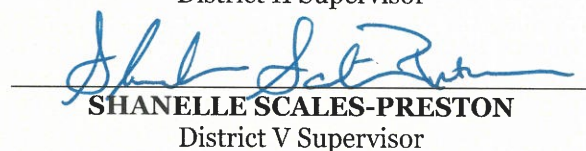
**JOHN GIOLA**  
District I Supervisor



**CANDACE ANDERSEN**  
District II Supervisor



**KEN CARLSON**  
District IV Supervisor



**SHANELLE SCALES-PRESTON**  
District V Supervisor



I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown:

ATTESTED: May 12, 2026

MONICA NINO, Clerk of the Board of Supervisors and County Administrator

By  Deputy