

Contra Costa County In-Custody Survey

The Community Advisory Board (CAB) Programs & Services Subcommittee is seeking your feedback to better understand your health concerns and needs while serving time in the County's jail system and after release. The information provided here will help CAB make suggestions to the County on how to better serve people returning to the community from jail and/or prison. To protect your privacy, please do not include your name. Thank you!

1. In which facility are you currently staying?

- a. Martinez
- b. West County (Richmond)
- c. Marsh Creek (Clayton)

2. Which of the following describes your situation?

- a. Waiting for trial
- b. Serving jail sentence

3. Please circle the race/ethnicity that you most closely identify with:

- a. White
- b. Asian or Asian American
- c. Black, African-American, or African
- d. American Indian/Alaskan Native/Indigenous
- e. Native Hawaiian or Pacific Islander
- f. Hispanic/Latin(a)(o)(x)
- g. Two or more races
- h. Decline to Respond

4. Please circle the gender that you identify as (circle all that apply):

- a. Male
- b. Female
- c. Transgender
- d. Questioning
- e. Nonbinary
- f. Decline to respond

5. What is your current age?

- a. 18-25 years old
- b. 26-45 years old
- c. 46-64 years old
- d. 65 years or older

6. Which of the following health-related conditions do you currently experience? (Please circle all that apply).

- a. Chronic illness/poor physical health (diabetes, arthritis, tooth/gum pain, heart disease/high blood pressure)
- b. Poor mental health (anxiety, depression, PTSD, bipolar disorder, etc.)
- c. Alcohol use (binge drinking, blacking out, alcohol dependent, etc.)
- d. Drug use (drug use disorder, substance dependent, etc.)
- e. Spiritual distress (e.g. feeling disconnected from your beliefs or purpose.)
- f. Moral injury (e.g. deep guilt, shame, or conflict from actions that go against your values.)

- g. None of the above
- h. Unsure

7. Which of the following disabilities do you experience? (Please circle all that apply).

- a. Physical challenges (Injuries or other physical ailment that impact your ability to walk, move easily and/or complete daily self-care tasks)
- b. Learning challenges (diagnosed with ADHD or ADD, autism, hearing loss, vision loss, dyslexia, etc.)
- c. Mental Health challenges (anxiety, depression, PTSD, bipolar disorder, etc.)
- d. Spiritual distress (e.g. feeling disconnected from your beliefs or purpose.)
- e. Moral injury (e.g. deep guilt, shame, or conflict from actions that go against your values.)
- f. None of the above
- g. Unsure

8. What regions of the County will you be returning to?

- a. West County (i.e. Richmond, San Pablo, El Cerrito, Pinole, Hercules, Crockett, etc.)
- b. Central County (i.e. Martinez, Concord, Walnut Creek, Pleasant Hill, Clayton, etc.)
- c. South Central (i.e. Orinda, Lafayette, Moraga, Danville, San Ramon, etc.)
- d. East County (i.e. Bay Point, Pittsburg, Antioch, etc.)
- e. Far East County (i.e. Brentwood, Oakley, Bethel Island, Byron, Knightsen, Discovery Bay, etc.)
- f. Outside of Contra Costa County

9. What are your top 3 most critical areas of need after release? Please use a 1 for the most critical area, 2 for the second most critical area, and 3 for the third most critical area.

- ☐ Education/Vocation
- ☐ Employment
- ☐ Family Support
- ☐ Housing
- ☐ Income/Public Benefits
- ☐ Legal Assistance
- ☐ Mental Health Support
- ☐ Parenting Support
- ☐ Positive & Healthy Social Environment/Community
- ☐ Substance Use Treatment
- ☐ Transportation
- ☐ Immigration Services
- ☐ Spiritual distress (e.g. feeling disconnected from your beliefs or purpose.)
- ☐ Moral injury (e.g. deep guilt, shame, or conflict from actions that go against your values.)

10. Do you have any concerns or worries about returning home? If yes, what is your greatest concern or worry? (Please circle all that apply).

- a. Safety
- b. Navigating County Resources (i.e. feeling unsure where to begin or what to do)
- c. Mental Health Support
- d. Housing
- e. Income/Public Benefits
- f. Substance Use Treatment
- g. Accessing Health Services (i.e. medical treatment)

- h. Transportation
- i. Family Support
- j. Education / Vocational
- k. Maintaining Basic Needs (i.e. food, water, clothing, sleep, hygiene)
- l. Parenting Support
- m. Positive & Healthy Social Environment/Community
- n. Legal Assistance
- o. Finances (i.e. paying court cost / fees)
- p. Immigration Services
- q. Spiritual distress (e.g. feeling disconnected from your beliefs or purpose.)
- r. Moral injury (e.g. deep guilt, shame, or conflict from actions that go against your values.)

11. What kinds of support or services would help you reach your goals? (Please circle all that apply).

- a. Education/Vocation
- b. Employment
- c. Family Support
- d. Housing
- e. Income/Public Benefits
- f. Legal Assistance
- g. Mental Health Support
- h. Parenting Support
- i. Positive & Social Environment/Community
- j. Substance Use Treatment
- k. Transportation
- l. Immigration Services
- m. Support for Spiritual distress (e.g. feeling disconnected from your beliefs or purpose.)
- n. Support for Moral injury (e.g. deep guilt, shame, or conflict from actions that go against your values.)

12. What supports or services do you think are most needed in jail? (Please circle all that apply).

- a. Education/Vocational
- b. Family Support
- c. Mental Health Support
- d. Gender-Specific Programs
- e. Parenting Support
- f. Connections to Community Programs After Release
- g. Substance Use Treatment
- h. Faith-Based/Spiritual Support
- i. Immigration Services
- j. Support for Spiritual distress (e.g. feeling disconnected from your beliefs or purpose.)
- k. Support for Moral injury (e.g. deep guilt, shame, or conflict from actions that go against your values.)

13. What supports or services do you think are most needed in the community? (Please circle all that apply).

- a. Education/Vocation
- b. Employment
- c. Family Support

- d. Housing
- e. Income/Public Benefits
- f. Legal Assistance
- g. Mental Health Support
- h. Parenting Support
- i. Positive & Healthy Social Environment/Community
- j. Substance Use Treatment
- k. Transportation
- l. Immigration Services
- m. Support for Spiritual distress (e.g. feeling disconnected from your beliefs or purpose.)
- n. Support for Moral injury (e.g. deep guilt, shame, or conflict from actions that go against your values.)