

The Board of Supervisors of Contra Costa County, California

**In the matter of: Proclaiming May 2026 as
Older Americans Month in Contra Costa
County.**

Resolution No. 2026-164

WHEREAS, National Older Americans Month recognizes older adults' contributions and reaffirms the commitment to supporting their health and independence; and

WHEREAS, the 2026 Older Americans Month theme, "Champion Your Health," underscores prevention, wellness, and personal responsibility as cornerstones of health aging, to encourage older adults' active role in managing and advocating for their health, accessing preventive care, and making informed decisions; and

WHEREAS, Contra Costa County is home to a growing older adult population, with approximately 286,091 residents aged 60 and over, making up 24.5% of the county's total population; and

WHEREAS, the Area Agency on Aging (AAA) supports the implementation of the Master Plan for Aging for Contra Costa County, promoting the development of age- and disability-friendly communities by advocating for an infrastructure that fully and meaningfully prioritizes the needs of older and disabled adults and those who care for them; and

WHEREAS, the AAA helps improve access to information, assistance, and resources to promote equity and visibility of services among older adults, people with disabilities, and family caregivers; and

WHEREAS, the Employment & Human Services Department (EHSD) launched the age-friendly multi-media campaign "Celebrating All Ages" focused on dispelling age bias, challenging myths about getting older, encouraging intergenerational connections, and celebrating lifelong contributions; and

WHEREAS, EHSD leverages strong partnerships with community-based organizations to support independence and health for older adults; and

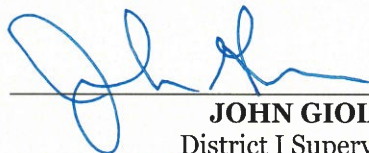
WHEREAS, the AAA served 42,331 people in Contra Costa County during Fiscal Year 2024-25 through a variety of services supported by the Older Americans Act (OAA), including home delivered meals, congregate meals, case management, Health Insurance Counseling and Advocacy Program (HICAP), transportation, and other programs; and

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of Contra Costa County does hereby proclaims **May 2026** as **Older Americans Month** and commits to promoting initiatives that empower older adults, strengthen intergenerational ties, and support continued collaboration, among County partners dedicated to enhancing the lives of our older residents.

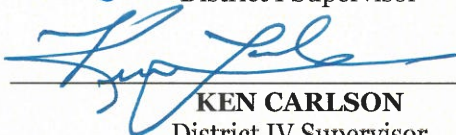
PASSED by a unanimous vote of the Board of Supervisors members present this 12th day of May 2026.



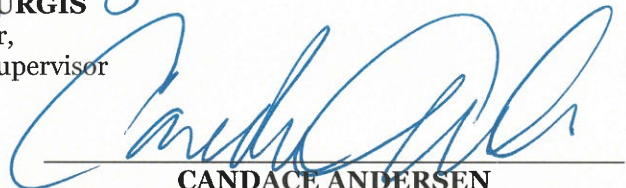
DIANE BURGIS
Chair,
District III Supervisor



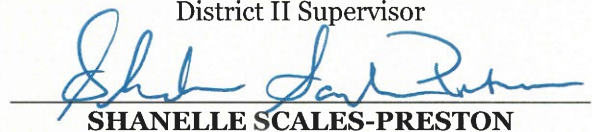
JOHN GIOIA
District I Supervisor



KEN CARLSON
District IV Supervisor



CANDACE ANDERSEN
District II Supervisor



SHANELLE SCALES-PRESTON
District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown:

ATTESTED: May 12, 2026

MONICA NINO, Clerk of the Board of Supervisors and County Administrator

By  Deputy

