

FACT Mid-Year Report
July 1, 2024 – December 31, 2024

GENERAL INFORMATION

1. Agency Name: Child Abuse Prevention Council
2. FACT Program Name: Nurturing Parenting Program
3. Report completed by:
Name: Carol Carrillo
Title: Executive Director
4. Date submitted: 2/28/2025

SERVICES PROVIDED AND ACTIVITIES CONDUCTED

FACT Services Provided and Activities Conducted	
Service Delivery Goals - Objectives as outlined in contract	Service Delivery Results - Progress To Date
One 18-week session, delivered in Spanish, at Cesar Chavez Elementary School in September through January.	NPP successfully graduated 21 Spanish speaking parents on February 2025.
One 15-week session specific to special needs children, delivered in Spanish, at the George Miller Wellness Center in Richmond.	NPP graduated 12 Spanish speaking parents who participated and completed the 15 week program in December 2024.
One 15-week session specific to special needs children, delivered in Spanish at Meadow Homes Elementary School in Concord.	NPP started Special Needs class on February 12 th and will end May 21 st . As of now 9 parents attend, enrollment will remain open for 2 more weeks.
One 18-week session, delivered in Spanish, at West County First Five.	NPP Started February 4 th , 17 parents attending.
One 18-week session delivered in at Coronado Elementary School provided in English with Spanish translation services.	NPP session is currently ongoing with 11 African American parents and 14 children attending.
At least 15 parents at Highlands Elementary School.	This session was moved to Cesar Chavez (see above)
At least 15 parents at Rodeo Hills Elementary School in Rodeo.	This session was moved to VistAbility in Antioch.

NUMBER OF CHILDREN AND FAMILIES SERVED

CLIENTS BY RACE AND ETHNICITY	# Served to Date	% of Overall # Served
Caucasian		
Latino/ Hispanic	59	81%
Black or African American	14	19%
Asian		
Native American/ Alaskan Native		
Native Hawaiian or Other Pacific Islander		
Multiracial or Biracial		
Other (describe)		
Total Clients	73	

FAMILIES BY AREA OF THE COUNTY	Projected # to be served under contract	# Served to Date
East County		
Central County	15	9
West County	75	64
Total Families	90	73

NARRATIVE

A narrative on progress towards contract outcomes, what contributed to your success, issues in meeting obligations, suggestions for improvement, and any success/individual stories that you wish to highlight. Format is up to each agency (could be charts and graphs, summarized data, narrative, etc...).

Progress Toward Contract Outcomes

CAPC is on track to meet all goals and objectives in our contract.

This year with FACT and other funding, CAPC is offering 20 sessions of NPP in 19 sites throughout the county and will serve at least 285 parents during the year. Sessions with specialized curriculum in Spanish, in English for African American parents, and for parents of children with special needs are all being offered throughout the county.

What Contributed to our Success

Critical to our success is the NPP curriculum which incorporates the CSSP's Five Protective Factors, proven to prevent child abuse and neglect. NPP is listed with the CA Evidence-Based Clearinghouse for Child Welfare as "high" for "Promising Research Evidence" in interventions for abusive behavior; parent training programs that address child abuse; and prevention of

child abuse and neglect (secondary) programs. The National Institute of Mental Health found that longitudinal follow-up on recidivism rates was 7%, retention rates were 83%, and found significant gains in parenting knowledge. The 15-18-week curriculum engages parents in long-term behavioral changes, emphasizing the importance of raising children in warm, nurturing, trusting and nonviolent households and guides parents/caregivers in acquiring new positive parenting skills as an alternative to abusive parenting practices. All sessions are offered in-person which encourages building a community support system for participants. NPP is offered at no cost to parents in a non-judgmental strengthening families approach. CAPC offers the program to a diverse range of at-risk families including Spanish-speaking families, African American families, and those with children with special needs.

Staff that facilitate the program live and work in the community where the program is delivered and bring lived experience to the programs, which is also critical to the program's success. CAPC has a documented record of maintaining strong programs by attracting experienced, educated supervisors and staff from the community. Two Parent Educators facilitate each NPP session. Classes with curriculum specifically for Latinx families are offered in Spanish by bilingual and bicultural staff. Classes with curriculum focused on African American families are offered by African American facilitators. Two of the NPP staff are parents of children with special needs and we are in the process of hiring two more, bringing a richness and lived experience to the program.

Organization-wide, CAPC is committed to dismantling systemic racism throughout our programs and community collaborations. All of CAPC's staff use the Culturally and Linguistically Appropriate Services (CLAS) approach in order to improve access for children of color and their families, developed by the Office of Minority Health with the goal of advancing health equity, improving quality and helping eliminate healthcare disparities by establishing a blueprint for action for health and healthcare/social service organizations. CAPC staff participate in Implicit Bias trainings as a tool to address potential bias in all of our programs. CAPC is also leading efforts to address racial equity on a county-wide and regional level by working on a state committee to transform mandated reporting to mandated supporting. In addition, the CAPC Executive Director works on the Greater Bay area CAPC Coalition that offers free Diversity, Equity and Inclusion (DEI) trainings yearly to service providers across the Bay Area.

Also integral to parents' success, CAPC offers an integrated culturally-relevant mental health component to all NPP sessions to address past trauma, stigma, barriers, and early access to mental health services. This program component was added in response to the stated needs of parents who have a history of trauma (the majority of NPP participants). Stigma around accessing mental health support, particularly for families affected by systemic racism, specific to certain populations must be addressed by mental health experts that represent the communities served. Mental health consultants who utilize a Diversity, Equity, and Inclusion (DEI) lens hired specifically for each NPP session offer mental health support for four hours per session.

Cross-referrals among government agencies, community-based and mental health organizations, schools, and others are also integral to the success of families in NPP. Our partnerships with the Care Parent Network and the George Miller Center provide referrals for families with children with special needs. CAPC also partners with First 5 Contra Costa, as well as the County's Children and Family Services and makes the enrollment of these families a priority for the program. CAPC routinely receives referrals from local public health nurses, social workers, law enforcement, community-based organizations, and school staff. NPP staff regularly refers families for additional services to Public Health, the Lynn Center, Mental Health Services, Regional Center of the East Bay, school districts, Contra Costa Mental Health Services, Head Start, the Latina Center, La Clinica, Monument Impact, Planned Parenthood, the West County Early Childhood Mental Health Program, and local food banks, to name a few.

Issues in Meeting Obligations

CAPC has not had any issues in meeting obligations during the grant period. With current politics targeting immigrant communities that CAPC serves, we are concerned about fear among community members in accessing services. To address this apprehension, CAPC's approach is to outreach to families through NPP educators who live and work in the communities we serve so parents/caregivers have trust in the program. CAPC's NPP Program has gained long-held trust in the community since we began offering it in 2007 and many new participants continue to be referred by graduates of the program.

Suggestions for Improvement

CAPC occasionally changes sites in the community to increase access to additional families and address transportation, scheduling, and other barriers that families face. Many times we hear from providers and/or schools asking for our classes. Changing locations on an as-needed basis allows us to accommodate more families and the needs expressed by other service providers and schools. For example, FACT-funded sites in our contract that have been rotated include Rodeo Hills Elementary that was moved to VistAbility in Antioch and Highlands Elementary that was moved to Cesar Chavez Elementary.

Success Story

A recent graduate of NPP shared her experience with the program:

"My name is [REDACTED] and I am the mother of three children ages [REDACTED] I live in [REDACTED] Ten years ago I first participated in the Nurturing Parenting Class. At the time I was going through many changes adjusting to motherhood, family and a new county as I had just immigrated from another country, leaving my parents and siblings behind. I remember feeling isolated and I was looking to find connections and help with parenting as my own parents were far away.

Parenting was not easy, but attending the program helped me build social connections, develop empathy, increase self-care and mainly to spend quality time with my children. My youngest daughter was born [REDACTED] years ago and years after having my first NPP experience, I enrolled in the NPP for parents with children with special needs, as I have learned that my [REDACTED] girl has a

diagnosis of Autism. I never imagined life would lead me again to the NPP and I am grateful to now be part of the NPP for Parents with Children with Special Needs.

I find this program to be a great support again! The Special Needs program is extremely valuable as the curriculum and the facilitators offer great information and support to parents like me, as we start our journey with a child with special needs. I am grateful to have found this amazing program and the group of people who provide it. Thank you, [REDACTED]