

# Cannabis Awareness and Prevention Project (CAPP) Annual Update

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**CONTRA COSTA**  
**HEALTH**

# Agenda Overview

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Program Background

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CCH + TUPE Cannabis Prevention  
Project Update

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Implementation Challenges and  
Next Steps

4

Staff Recommendations

# Program Background and Timeline



- Selection Criteria: Office of Education as the Subcontractor
- Presentations to Board of Supervisors
- Designation of Alcohol and Other Drugs as the lead agency
- Integration and Development of CAPP at all school sites

# CAPP Program Components

- Cannabis Prevention Curriculum

Stanford's Small Talk



- Alternatives to Suspensions

Cannabis Specific



- Youth Development

Youth Leadership



- Family and Stakeholder Engagement

Community Awareness and Support

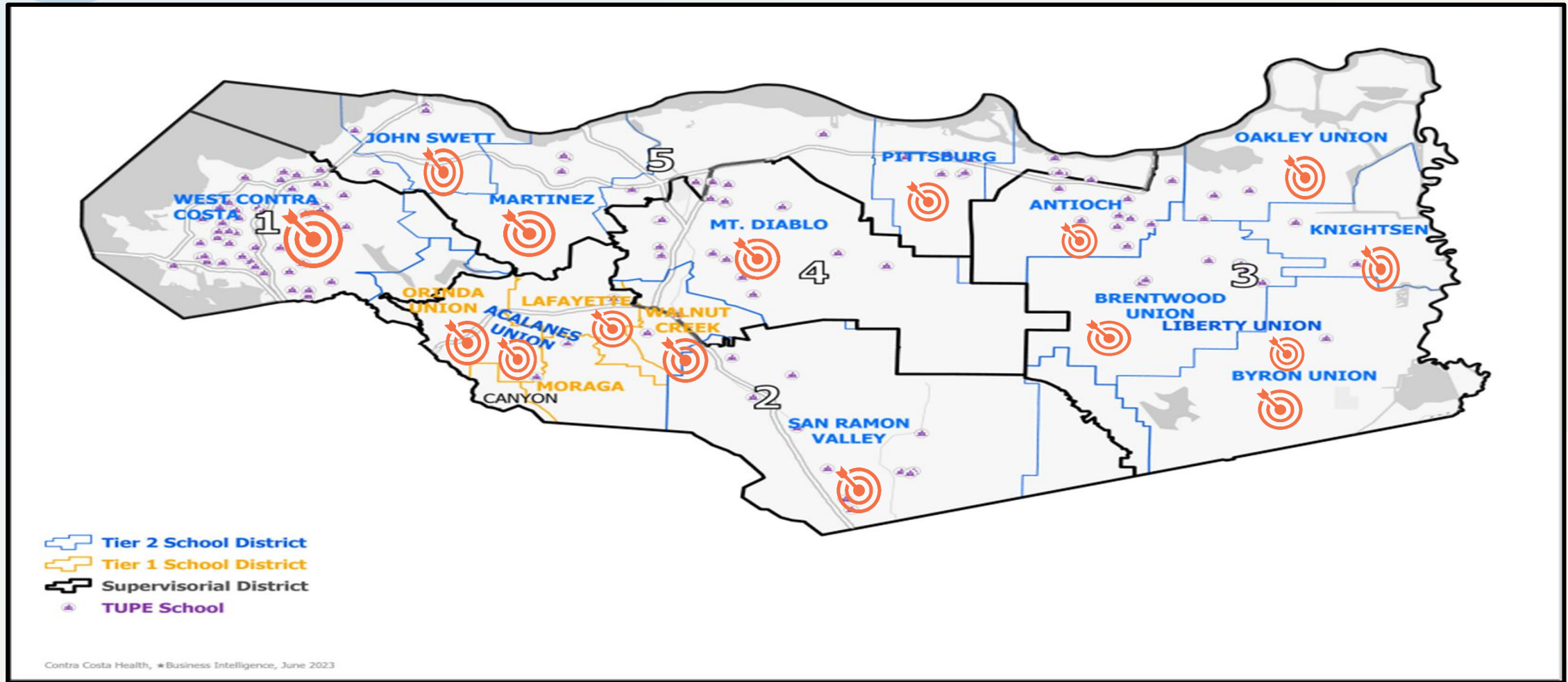


- Staff Professional Development

Increasing Staff Capacity



# Participating School Districts FY 2024-2025



# Stanford's Smart Talk: Cannabis Prevention Curriculum



## TRAINING LAUNCH

Trainings kicked off at CAPPacity Building Day on February 13, 2025.

### TEACHERS TRAINED

A total of 36 teachers received training to support implementation.



### DISTRICT EXPANSION

CAPP expanded into 8 districts, growing its reach across the county.

### STUDENT IMPACT

988 students participated in Stanford's Smart Talk: Cannabis Prevention & Awareness Curriculum.



# Alternatives to Suspension

## YVAPE

FY 2024-2025

174

Students Referred to  
YVAPE



26%

Referred For Cannabis  
Only

17%

Referred For Dual Use  
(Tobacco & Cannabis)



76

Active Registered  
Schools

- **BRIEF INTERVENTION:** 3 students completed, 9 avoided suspension
- **OUR HEALTHY FUTURES:** 14 students avoided suspension
- **LIBERTY UNION PEER LED YOUTH COURT (PILOT):**
  - 8 students referred, 4 completed
  - 3 cannabis-related cases addressed

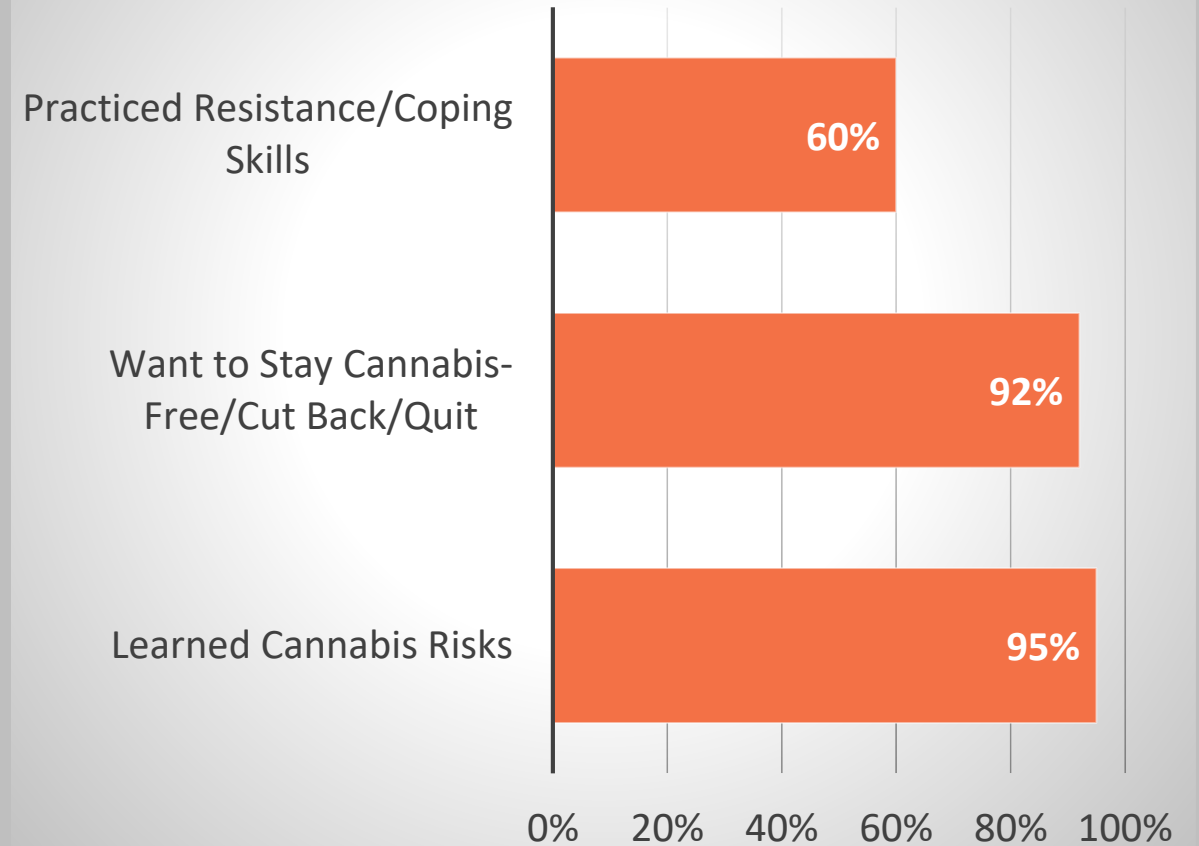


# Youth Development

## 2024–25 Outcomes

- 1,466 students reached countywide.
- 40 students accepted as CourAGE members; 9 participated in the cannabis prevention work group
- 11 youth led cannabis prevention activities.
- 10 schools across 5 districts implemented peer-led activities.

### Youth Development Post-Survey Results (n=593)



# Family & Stakeholder Engagement



- 344 parent guides distributed on substance use & mental health.
- 6 community events hosted (District-led & Countywide).
- Events focused on fentanyl awareness, also connected to cannabis risks.
- In all Opioid Community Forums, cannabis and vaping were elevated by the public and parents as gateways to other drugs and expressed the importance of education and awareness
- **Parents voiced vaping as top concern.**

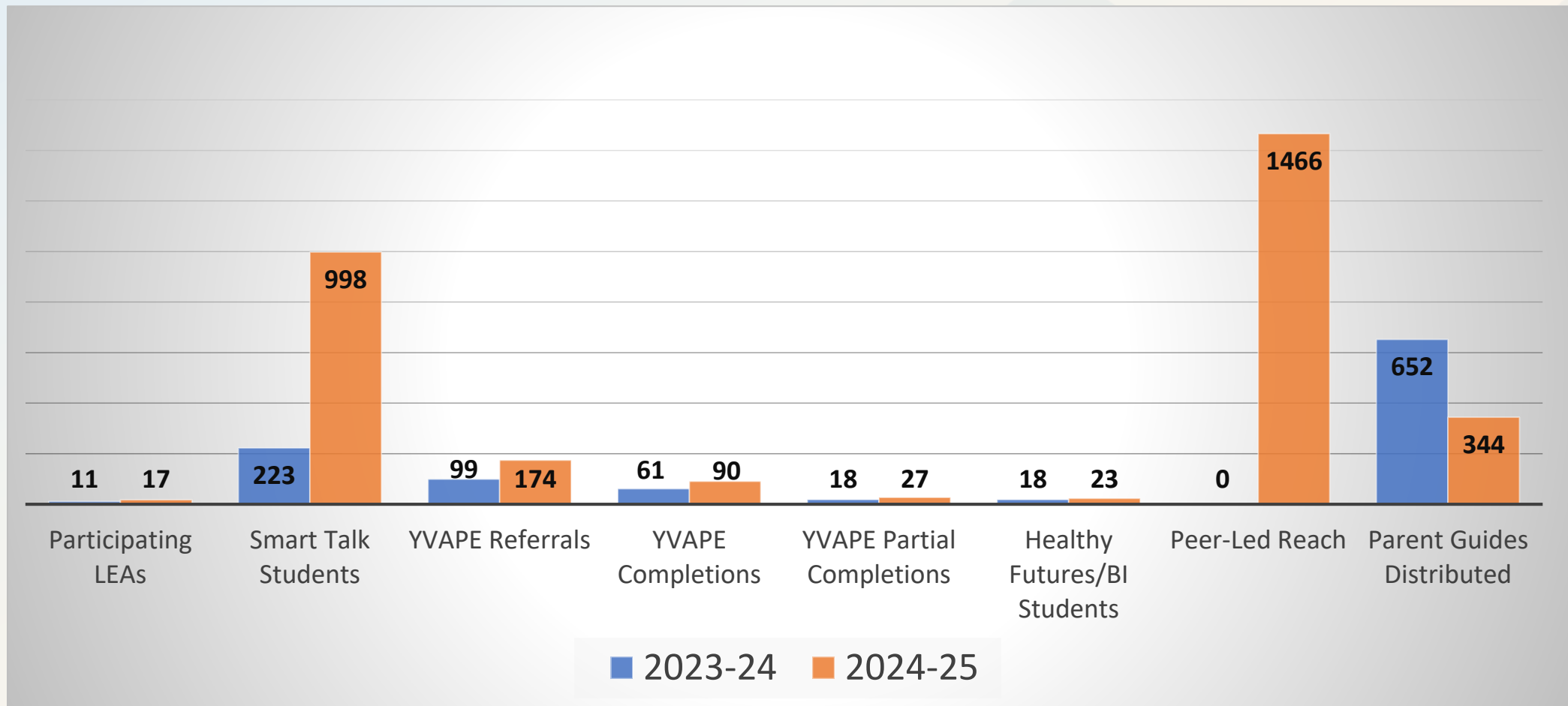
# Staff Professional Development



- A CCCOE's TUPE/CAPP Curriculum Specialist led multiple sessions on cannabis education
  - 121 attendees for Alternative/Continuation Schools
  - 210 attendees for Middle Schools
  - 247 attendees High Schools
  - 33 Contra Costa staff registered
  - Superintendent Lynn Mackey emphasized the importance of the Alternatives to Suspension programs

# CAPP Comparison

## 2023-2024 VS 2024-2025



# Implementation Challenges

- Curriculum Integration Timing
- Incomplete Program Reporting
- Variation in District Level Implementation of Alternative to Suspension Programs



# Next Steps

- Integrate prevention and intervention trainings into 2025–26 countywide professional development calendar for site coordinators.
- Engage remaining 25% of eligible schools in YVAPE referral process; provide administrator training and support.
- Continue to strengthen the partnership with Stanford REACH Lab to support Smart Talk and Healthy Futures programs.
- Develop district wide led data collection/analysis tools to address challenges with disaggregated student data.

# Why is this Program Important?



- Youth cannabis use is influenced by normalization and glamorization, this leads to low perceived harm, and peer acceptance.
- Youth cannabis use impacts learning & can contribute to early-onset psychosis.
- In 2024, about 1 in 10 adolescents and about 1/3 of young adults used marijuana in the past year. National Survey on Drug Use and Health (NSDUH)
- 2023 CHKS: 14% of 11th graders vaped in past 30 days.

# Staff Recommendations

- **Accept Contra Costa Health (CCH) report on TUPE Cannabis Education Program and 24–25 outcomes.**
- **Continue funding beyond June 30, 2026, to sustain progress and increase impact of cannabis education program.**
- **Consider the evolution of youth substance use trends and align cannabis policy initiatives with science-driven health equity strategies.**

# Thank you!

Questions?



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