



Transition to Kindergarten!

Policy Council

May 2026

**PRESENTED BY
EDUCATION TEAM**

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- ➔ Share your thoughts about your child going to kindergarten?

Tips for Parents

Practice Listening Skills

Read
out

Read out loud to your child - ask them to listen to letter sounds in each word. This helps your child connect sounds to written letters and words

Ask

Ask your child questions about his or her day, such as who she played with, what he or she ate at school

Ask
about

Ask about the stories you read together

Talk

Talk to your child and make everyday activities into fun learning opportunities





Practice Responsibility Skills

Encourage your child to take responsibility and complete tasks independently.

Practice Social Skills

Help meet the social emotional needs of your child by encouraging participation in some of these activities:

- help them learn to ask permission to take turns
- know that they must wait their turn in group activities, but allow them to be first at times
- practice using words like "excuse me", "please," and "thank you" to show respect to others





Practice Social Skills

- to get along well with other children, play, and share with them
- to be able to stay on task and able to work independently
- to be able to ask for help

Practice Cognitive Skills

Numbers

- Count out loud to number 10 or higher
- Knows what a number is
- Counts objects in one-to-one correspondence

Size, Colors & Shapes

- Understands big, little, long and short
- Recognizes and names the colors red, green blue, yellow
- Recognizes and copies shapes (circle, rectangle, triangle, square)



Practice Muscle Development Skills

- Running, jumping, and hopping
- Marching
- Pastes objects onto paper
- Matching colors or shapes
- Block building
- Completing a puzzle
- Holding a pencil and crayon
- Cuts with scissors



Having A Smooth Transition



- **Follow daily routines consistently..**
- **Always say goodbye.**
- **Prepare children for any changes in your routines.**
- Soon, the daily separations and the joy of being together again will become part of the day for all of you. You will have met yet another challenge of parenting, and your child will have learned that the world includes hellos and goodbyes!

A woman with dark hair, wearing a dark top, is smiling and looking down at three young children. They are gathered around a table, looking at something on the table. The woman is pointing at the table with her right hand. The children are looking at the table with interest. The background is a plain wall. The image is in grayscale with a blue overlay on the left side.

Before School Starts

- ▶ Talk with your child about the plans for taking her to school and picking her up.
- ▶ Check in with your child regularly to see what he is thinking or feeling about going to kindergarten

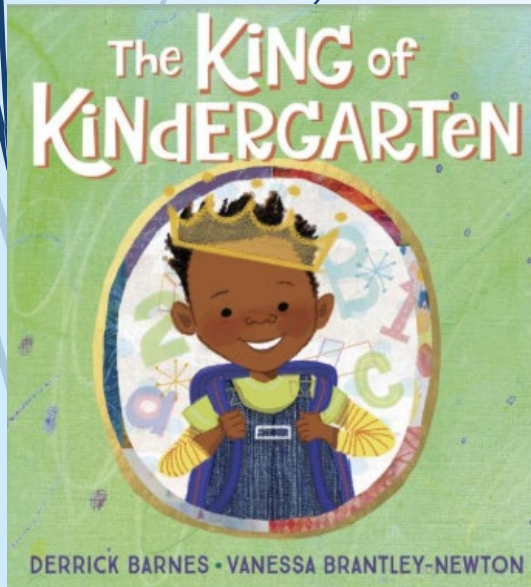
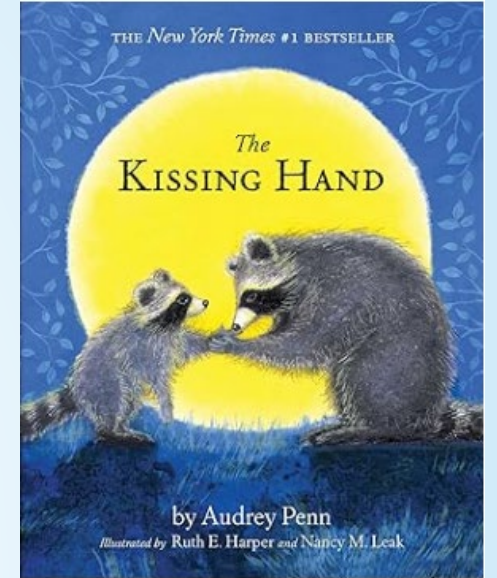


The night before.....

- ▶ Review the weekday schedule and routine with your child (bath time, bedtime, wake-up time)
- ▶ Put a small clock in your child's room to introduce him or her to the concept of time, and so he or she knows what the time looks like when he or she wakes up
- ▶ Put clothes out the night before. Let your child help choose the outfit that he or she wants to wear for the first day of school

BOOKS SUGGESTIONS TO READ TO YOUR KINDERGARTENER

The Kissing Hand by Audrey Penn: A heartwarming classic about a young raccoon who uses a secret "kissing hand" from his mother to feel brave at school.



The King of Kindergarten by Derrick Barnes: A joyous and empowering story about a young boy who confidently takes on his new role as "king" of his classroom.



Questions?
Preguntas?