

The Board of Supervisors of Contra Costa County, California

In the matter of: Recognizing Ehlers-Danlos Syndrome (EDS) & Hypermobility Spectrum Disorders (HSD) Awareness Month.

Resolution No. 2026-195

WHEREAS, Ehlers-Danlos syndromes (EDS) are a group of 13 heritable connective tissue disorders that together affect 1 in 5,000 people. Each type of EDS has its own set of symptoms, but some features are seen across all types of EDS, including joint hypermobility, skin hyperextensibility, and tissue fragility; and

WHEREAS, Hypermobility Spectrum Disorders (HSD) are connective tissue disorders that cause joint hypermobility, instability, injury, and pain. Other symptoms, such as fatigue, headaches, GI problems, and autonomic dysfunctions are also often seen as part of HSD; and

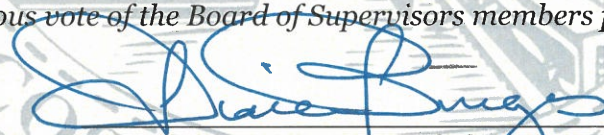
WHEREAS, there is no cure for any type of EDS or HSD. The conditions are managed by addressing a person's symptoms. EDS and HSD can cause a variety of symptoms in many different areas of the body, so people with these conditions often require multiple providers in different specialties to manage their care; and

WHEREAS, access to professionals who are knowledgeable about EDS and HSD is limited in Contra Costa County. Lack of awareness about EDS and HSD in Contra Costa County and across the world stands in the way of the diagnosis, management, and research of these conditions; and

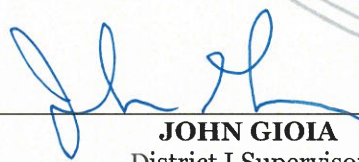
WHEREAS, awareness about EDS and HSD by both medical professionals and the public can help improve the lives of people living with EDS and HSD in Contra Costa County; and

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of Contra Costa County does hereby declare **May 2026** as *Ehlers-Danlos Syndrome (EDS) and Hypermobility Spectrum Disorder (HSD) Awareness Month*.

PASSED by a unanimous vote of the Board of Supervisors members present this 19th day of May 2026.



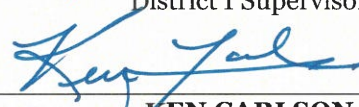
DIANE BURGIS
Chair,
District III Supervisor



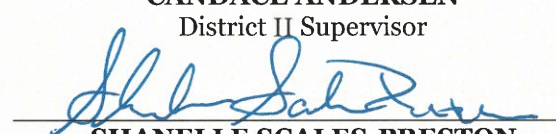
JOHN GIOIA
District I Supervisor



CANDACE ANDERSEN
District II Supervisor



KEN CARLSON
District IV Supervisor



SHANELLE SCALES-PRESTON
District V Supervisor



I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown:

TESTED: May 19, 2026

MONICA NINO, Clerk of the Board of Supervisors and County Administrator

By , Deputy