

Application Form

Profile

Andre

First Name

Middle Initial

Humphrey

Last Name

Home Address

Suite or Apt

OAKLAND

City

CA

State

94621

Postal Code

Primary Phone

Secondary Phone

District Locator Tool

Resident of Supervisorial District:

☒ District 5

Inner City Bliss

Employer

Founder/ Executive Director

Job Title

Length of Employment

8

Do you work in Contra Costa County?

☒ Yes ☐ No

If Yes, in which District do you work?

8th

How long have you lived or worked in Contra Costa County?

3

Are you a veteran of the U.S. Armed Forces?

☐ Yes ☒ No

Board and Interest

Which Boards would you like to apply for?

Ad Hoc African American Holistic Wellness and Resource Hub Transitional Community  
Advisory Board: Submitted

**Seat Name**

Andre Humphrey

**Have you ever attended a meeting of the advisory board for which you are applying?**

☐ Yes ☒ No

**If Yes, how many meetings have you attended?**

**Education**

**Select the option that applies to your high school education \***

☒ High School Diploma

**College/ University A**

**Name of College Attended**

**Degree Type / Course of Study / Major**

**Degree Awarded?**

☐ Yes ☐ No

**College/ University B**

**Name of College Attended**

**Degree Type / Course of Study / Major**

**Degree Awarded?**

☐ Yes ☐ No

**College/ University C**

**Name of College Attended**

**Degree Type / Course of Study / Major**

**Degree Awarded?**

☐ Yes ☐ No

**Other Trainings & Occupational Licenses**

Andre Humphrey

## Other Training A

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CYT

### Certificate Awarded for Training?

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☒ Yes ☐ No

## Other Training B

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Trauma Informed

### Certificate Awarded for Training?

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☒ Yes ☐ No

### Occupational Licenses Completed:

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## Qualifications and Volunteer Experience

**Please explain why you would like to serve on this particular board, committee, or commission.**

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I would like to serve on the African American Holistic Wellness and Resource Hub Transitional Community Advisory Body because I have dedicated my career to advancing trauma-informed, culturally responsive wellness practices that support the mental and emotional wellbeing of historically divested communities. As the founder and Executive Director of Inner City Bliss, I have built a grassroots organization that creates healing-centered spaces for youth, families, and caregivers through trauma-informed mindfulness, movement, and nature-based programs rooted in cultural relevance and community care. Our work supports emotional regulation, resilience, and collective healing for Black, Brown, Indigenous, AAPI, and system-impacted individuals across the Bay Area. Inner City Bliss I am motivated to serve on this advisory body because it offers an opportunity to bring the insights of lived experience and community-centered wellness practice into the development of a countywide support network specifically designed for African American residents. The Wellness Hub has the potential to shift how services are structured and delivered by prioritizing trauma-informed care, culturally grounded strategies, and equitable access, which are core principles of the work I do. I believe my background in designing and implementing programs that address community stress, emotional wellbeing, and systemic harm equips me to contribute meaningfully to discussions about selecting leadership, defining service criteria, and shaping outreach that truly reflects community needs. I am committed to ensuring that the Wellness Hub's foundation is guided by genuine community voice, ethical standards, and practices that promote healing, belonging, and long-term wellbeing for African American residents of Contra Costa County.

**Describe your qualifications for this appointment. (NOTE: you may also include a copy of your resume with this application)**

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I am qualified for this appointment through my lived experience and my work as the founder and Executive Director of Inner City Bliss, a community based nonprofit that provides mindfulness, movement, and nature connected programs that support emotional wellbeing for youth, families, and caregivers in historically divested communities. My work has focused on creating culturally responsive and accessible wellness spaces in schools and community settings. This experience has given me a strong understanding of the stressors facing African American communities and the importance of prevention focused, trust based approaches to wellbeing. I bring experience in community engagement, program development, and collaborative decision making. I am familiar with governance processes and understand the importance of transparency, accountability, and avoiding conflicts of interest. I am committed to uplifting community voice and contributing thoughtful guidance to help shape a Wellness Hub that truly serves African American residents of Contra Costa County.

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Upload a Resume

**Would you like to be considered for appointment to other advisory bodies for which you may be qualified?**

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☒ Yes ☐ No

**Do you have any obligations that might affect your attendance at scheduled meetings?**

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☐ Yes ☒ No

**If Yes, please explain:**

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**Are you currently or have you ever been appointed to a Contra Costa County advisory board?**

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☐ Yes ☒ No

**If Yes, please list the Contra Costa County advisory board(s) on which you are currently serving:**

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**If Yes, please also list the Contra Costa County advisory board(s) on which you have previously served:**

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**List any volunteer or community experience, including any advisory boards on which you have served.**

I have extensive community based experience through my work as the founder and Executive Director of Inner City Bliss. In this role, I have led and facilitated mindfulness, movement, and nature connected programs in schools, community spaces, and outdoor settings, serving youth, families, and caregivers from historically divested communities. This work includes direct service, community engagement, and collaboration with educators, nonprofit partners, and local organizations. I am currently serving on the Alameda County African American Wellness Hub Advisory Committee, where I contribute to community informed guidance, planning, and feedback related to the development of wellness focused systems intended to support African American residents. This role has strengthened my understanding of advisory processes, ethical governance, and the importance of centering lived experience in decision making. Through my nonprofit leadership and advisory service, I have experience with organizational governance, strategic planning, and collaborative group work. I am comfortable participating in advisory settings, offering thoughtful input, and working alongside diverse stakeholders to support initiatives that are accountable, culturally responsive, and community centered.

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**Conflict of Interest and Certification**

**Do you have a familial or financial relationship with a member of the Board of Supervisors? (Please refer to the relationships listed under the "Important Information" section below or Resolution No. 2021/234)**

☐ Yes ☒ No

**If Yes, please identify the nature of the relationship:**

**Do you have any financial relationships with the County such as grants, contracts, or other economic relationships?**

☐ Yes ☒ No

**If Yes, please identify the nature of the relationship:**

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**Please Agree with the Following Statement**

**I CERTIFY that the statements made by me in this application are true, complete, and correct to the best of my knowledge and belief, and are made in good faith. I acknowledge and undersand that all information in this application is publicly accessible. I understand that misstatements and/or omissions of material fact may cause forfeiture of my rights to serve on a board, committee, or commission in Contra Costa County.**

☒ I Agree

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Important Information

1. This application and any attachments you provide to it is a public document and is subject to the California Public Records Act (CA Government Code §6250-6270).
2. All members of appointed bodies are required to take the advisory body training provided by Contra Costa County.
3. Members of certain boards, commissions, and committees may be required to: (1) file a Statement of Economic Interest Form also known as a Form 700, and (2) complete the State Ethics Training Course as required by AB 1234.
4. Meetings may be held in various locations and some locations may not be accessible by public transportation.
5. Meeting dates and times are subject to change and may occur up to two (2) days per month.
6. Some boards, committees, or commissions may assign members to subcommittees or work groups which may require an additional commitment of time.
7. As indicated in Board Resolution 2021/234, a person will not be eligible for appointment if he/she is related to a Board of Supervisors' member in any of the following relationships:
  - (1) Mother, father, son, and daughter;
  - (2) Brother, sister, grandmother, grandfather, grandson, and granddaughter;
  - (3) Husband, wife, father-in-law, mother-in-law, son-in-law, daughter-in-law, stepson, and stepdaughter;
  - (4) Registered domestic partner, pursuant to California Family Code section 297;
  - (5) The relatives, as defined in 1 and 2 above, for a registered domestic partner;
  - (6) Any person with whom a Board Member shares a financial interest as defined in the Political Reform Act (Gov't Code §87103, Financial Interest), such as a business partner or business associate.