

# Medical Staff Update

Contra Costa Regional Medical Center and Health Centers  
Joint Conference Committee

March 18, 2026



CONTRA COSTA  
HEALTH



# ICE

- We're all worried
- We're appreciative of the collaboration with CEO and the Office of the Director, namely the Chief Equity Officer, in helping to mitigate risk for our patients

# HR1

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- We're also worried about the impacts of HR1 on our patients
- The medical staff is grateful for the support of BOS and Contra Costa County
- We want to continue to partner with admin – we recognize that it's important to generate revenue to help keep the health system open



# We need more providers!

- The U.S. Preventive Services Task Force (USPSTF): is an independent panel of national experts in disease prevention and evidence-based medicine. The Task Force systematically reviews the effectiveness of clinical preventive services and develops recommendations based on the best available evidence. These recommendations are crucial for guiding healthcare providers in delivering preventive care to patients.
- Colorectal Cancer Screening: The USPSTF recommends screening for colorectal cancer in all adults aged 45 to 75 years and selectively offering screening for adults aged 76 to 85 years, considering individual health status.
- Breast Cancer Screening: Biennial screening mammography is recommended for women aged 40 to 74 years.
- Yarnall et al, 1996. Conclusion: "To fully satisfy the USPSTF recommendations, 1773 hours of a physician's annual time, or 7.4 hours per working day, is needed for the provision of preventive services."
- Privett and Guerrier, 2021. Conclusion: "To deliver the USPSTF recommended preventive services across a 2500 adult patient panel would require 8.6 hours per working day, accounting for 131% of available physician time."

# Thank yous and asks

- Thank you for adding Kali Stanger as an Associate Medical Director
- Thank you for partnering with us to continue to improve infrastructure
- Please open more positions so that we can help the system to bill more

