

The Board of Supervisors of Contra Costa County, California

**In the matter of: Recognizing Fire Engineer
Theresa Watkins as the Contra Costa County
Fire Protection District 2024 Firefighter of the
Year.**

Resolution No. 2024-11

WHEREAS, Fire Engineer Theresa Watkins' actions, attitudes, and behaviors uphold our core values and demonstrate a high level of commitment to the Fire District, its members, and the communities we serve; and

WHEREAS, Fire Engineer Theresa Watkins has been selected by her peers as the Contra Costa County Fire Protection District 2024 Firefighter of the Year; and

WHEREAS, Fire Engineer Theresa Watkins began her fire service career as a Firefighter-EMT with the Rodeo-Hercules Fire District on July 1, 2014, progressing rapidly through the ranks and

WHEREAS, Fire Engineer Theresa Watkins has served with distinction as a Fire Engineer-Paramedic with the Contra Costa County Fire Protection District since her hiring on March 28, 2022, and was promoted to Fire Engineer-Paramedic on June 6, 2024; and

WHEREAS, Fire Engineer Theresa Watkins has demonstrated exceptional leadership and dedication, including her role as a coach for girls' basketball, a firefighting instructor at California State University Maritime Academy, and an active recruiter for women and minorities in the fire service; and

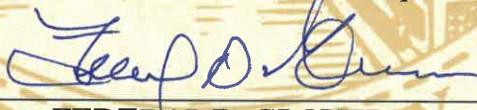
WHEREAS, Fire Engineer Theresa Watkins commitment to mentorship, education, and community involvement reflects her unwavering dedication to the fire service and the development of future firefighters; and

WHEREAS, Fire Engineer Theresa Watkins has a defining moment in her career -- her leadership during a critical call where her quick thinking and medical expertise led to the successful resuscitation of a patient in cardiac arrest, showcasing her exceptional ability to perform under pressure; and

WHEREAS, Fire Engineer Theresa Watkins resilience and determination, especially in overcoming challenges in her youth, serve as an inspiration to her peers and the community; and

NOW, THEREFORE, BE IT RESOLVED that the Board of Directors of the Contra Costa County Fire Protection District does hereby recognizes, congratulates, and thanks the 2024 Firefighter of the Year, Theresa Watkins.

PASSED by a unanimous vote of the Board of Directors members present this 5th day of November 2024.



FEDERAL D. GLOVER

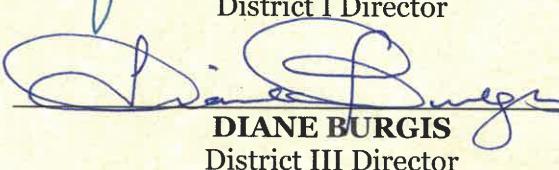
Chair,
District V Director



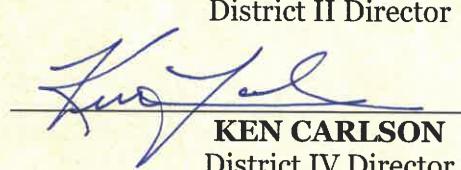
JOHN GIOIA
District I Director



CANDACE ANDERSEN
District II Director



DIANE BURGIS
District III Director



KEN CARLSON
District IV Director