

Contra Costa County In-Custody Survey 2025

*The Community Advisory Board (CAB) Programs & Services Subcommittee wants to better understand your health, goals, and needs while you are in jail and after release. Your answers will help CAB make recommendations to improve services for people returning home from jail or prison. Please **do not** include your name. Thank you for your time!*

1. Where are you currently staying?

- ☐ Martinez Detention Facility
- ☐ West County (Richmond)
- ☐ Marsh Creek (Clayton)

2. What best describes your current situation?

- ☐ Waiting for trial
- ☐ Serving a jail sentence

3. What race or ethnicity do you most identify with?

- ☐ White
- ☐ Black or African American
- ☐ Hispanic/Latinx
- ☐ Asian or Pacific Islander
- ☐ American Indian/Alaskan Native
- ☐ Two or more races
- ☐ Prefer not to say

4. What gender do you identify as? (Select all that apply)

- ☐ Male
- ☐ Female
- ☐ Transgender
- ☐ Nonbinary
- ☐ Prefer not to say

5. What is your age group?

- ☐ 18–25
- ☐ 26–45
- ☐ 46–64
- ☐ 65 or older

6. Do you have any of these health concerns? (Select all that apply)

- ☐ Chronic illness (e.g., diabetes, heart disease, chronic pain)
- ☐ Physical challenges (e.g., trouble walking, moving, or doing daily tasks)
- ☐ Concerns about drug or alcohol use
- ☐ Learning or developmental (e.g., ADHD, dyslexia, autism)
- ☐ Vision or hearing loss
- ☐ None of the above

7. Do you have any mental health or emotional concerns? (Select all that apply)

- ☐ Mental health challenges (e.g., anxiety, depression, PTSD, bipolar, etc.)
- ☐ Guilt or emotional pain about past behavior
- ☐ Feeling disconnected from your beliefs, values, or purpose
- ☐ None of the above

8. Where do you expect to live after release?

- ☐ West County (Richmond, San Pablo, etc.)
- ☐ Central County (Martinez, Concord, Walnut Creek, etc.)
- ☐ East County (Antioch, Pittsburg, Bay Point, etc.)
- ☐ Far East County (Brentwood, Oakley, etc.)
- ☐ Outside of Contra Costa County

9. What are your top 3 most important needs or worries after release?

Write 1 next to your most important, 2 next to your second, and 3 next to your third.

- ___ Housing
- ___ Employment or job training
- ___ Mental health or counseling
- ___ Substance use treatment
- ___ Family or parenting support
- ___ Legal help
- ___ Transportation
- ___ Income or public benefits
- ___ Education
- ___ Immigration services
- ___ Supportive community or positive relationships
- ___ Spiritual or emotional support
- ___ Other: _____

**10. What kinds of help or services would best support your goals after release?
(Select all that apply)**

- ☐ Job training or employment programs
- ☐ Housing help
- ☐ Mental health or counseling
- ☐ Substance use treatment
- ☐ Family or parenting programs
- ☐ Transportation assistance
- ☐ Legal help
- ☐ Financial or benefits help
- ☐ Supportive community programs
- ☐ Spiritual or emotional support
- ☐ Other: _____

11. What supportive services are most needed inside the *jail*? (Select all that apply)

- ☐ Education or vocational training
- ☐ Mental health support
- ☐ Substance use treatment
- ☐ Family or parenting programs
- ☐ Faith-based or spiritual support
- ☐ Connections to community programs before release
- ☐ Gender-specific programs
- ☐ Other: _____

12. What supportive services are most needed in the *community*? (Select all that apply)

- ☐ Housing
- ☐ Employment or job training
- ☐ Mental health support
- ☐ Substance use treatment
- ☐ Family or parenting support
- ☐ Legal or financial help
- ☐ Transportation
- ☐ Supportive community or peer groups
- ☐ Spiritual or emotional support
- ☐ Other: _____

Thank you for sharing your experiences. Your input will help improve programs and support for people returning home.