



# EVIDENCE-BASED PRACTICES TRAINING



**Demonstrated knowledge and fidelity to EBPs facilitate services that are the appropriate in intensity level, ensure that criminogenic needs are the focus of services, and are tailored for the individual.**

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**Dates, times and details to follow!**

**EBPS for your toolkit!**



- **Trauma-Informed Principles and Practices:** focuses on personal safety while helping clients develop effective coping skills, build healthy relationships that foster growth, and develop strong, positive interpersonal support networks.
- **Cognitive Behavioral Interventions:** emphasizes personal accountability to help clients make better behavioral choices by understanding their thought process and learning new strategies to support pro-social behavior.
- **Motivational Interviewing:** focuses on client-centered engagement methods designed to enhance motivation for behavioral change.
- **Harm Reduction Principles:** aim to reduce the negative social and physical consequences associated with various human behaviors, such as drug use, including meeting people where they are at.
- **Restorative Practices:** a process and approach that fosters a compassionate, relationship-centered culture that proactively builds healthy relationships and a sense of community with the goal of preventing and addressing conflict and wrongdoing while respecting the dignity and equality of each person.
- **Warm hand-offs:** a direct and supportive, collaborative transfer of a client from one service provider/agency, to another, designed to ensure continuity of care and engagement in services. Unlike a referral that relies solely on written or verbal information, a warm hand-off involves personal connection and active facilitation — such as introducing the client directly to the new provider, participating in a joint meeting or call, and confirming service linkage.
- **Cultural Humility and Gender Responsiveness:** delivery of services in a manner that is culturally and gender-responsive; provided in appropriate languages, at appropriate education and literacy levels, and within the context of an individual's cultural identity. To do this requires demonstrated awareness, humility and dynamic appreciation of the beliefs, practices, traditions, religions, personal history, and criminal justice involvement of the diverse clients served.

