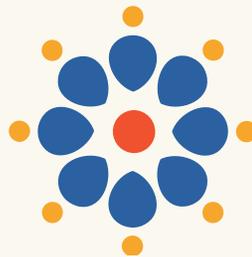


CONTRA COSTA  
**HEALTH**



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# RECOVERY RESIDENCES

Wednesday March 4, 2025  
Behavioral Health Board

# Introduction

- **Definition of Recovery Residences (RR)**
- **Funding Authority**
- **Regulatory Requirements for Counties**
- **Clinical Considerations**

## What is a RECOVERY RESIDENCE (RR)?

### Best Practices for Recovery Housing

**SAMHSA**  
Substance Abuse and Mental Health  
Services Administration

#### *The California Consortium Addiction Programs and Professionals (CCAPP)*

- Recovery Residence is a term generally used to describe a specific type of housing. Also known as Sober Living Environments (SLEs). They offer a housing alternative strictly to individuals who are recovering from alcohol and drug addiction.
- In California, these residences **are not subject to licensing by any state agency**, but may voluntarily choose to adopt national standards.
- Substance Abuse and Mental Health Services Administration -2023

# REGULATORY FUNDING AUTHORITY Substance Use Block Grant

## (SUBG) Policy Manual

- *Section 1921 of Title XIX, Part B, Subpart II and III of the Public Health Service (PHS) Act (PDF | 253 KB)*
- *Title 45 Code of Federal Regulations (CFR) Part 96 (45 CFR 96); and*
- The SUBG Program is subject to U.S. Department of Health and Human Services (DHHS) Uniform Administrative Requirements, Cost Principles, and Audit Requirements are found in: 45 CFR Part 75.



# SUBG RR Criteria

Counties may offer RR services as an ancillary component of the Drug Medi-Cal Organized Delivery System (DMC-ODS) in adherence with:

- RRs **do not** provide substance use disorder (SUD) services
- Do not require licensure by Department of Health Care Services (DHCS);
- Residents must be actively engaged in medically necessary Outpatient SUD treatment (off-site);
- Services contingent on funding availability
- Houses generally managed by residents, no staff

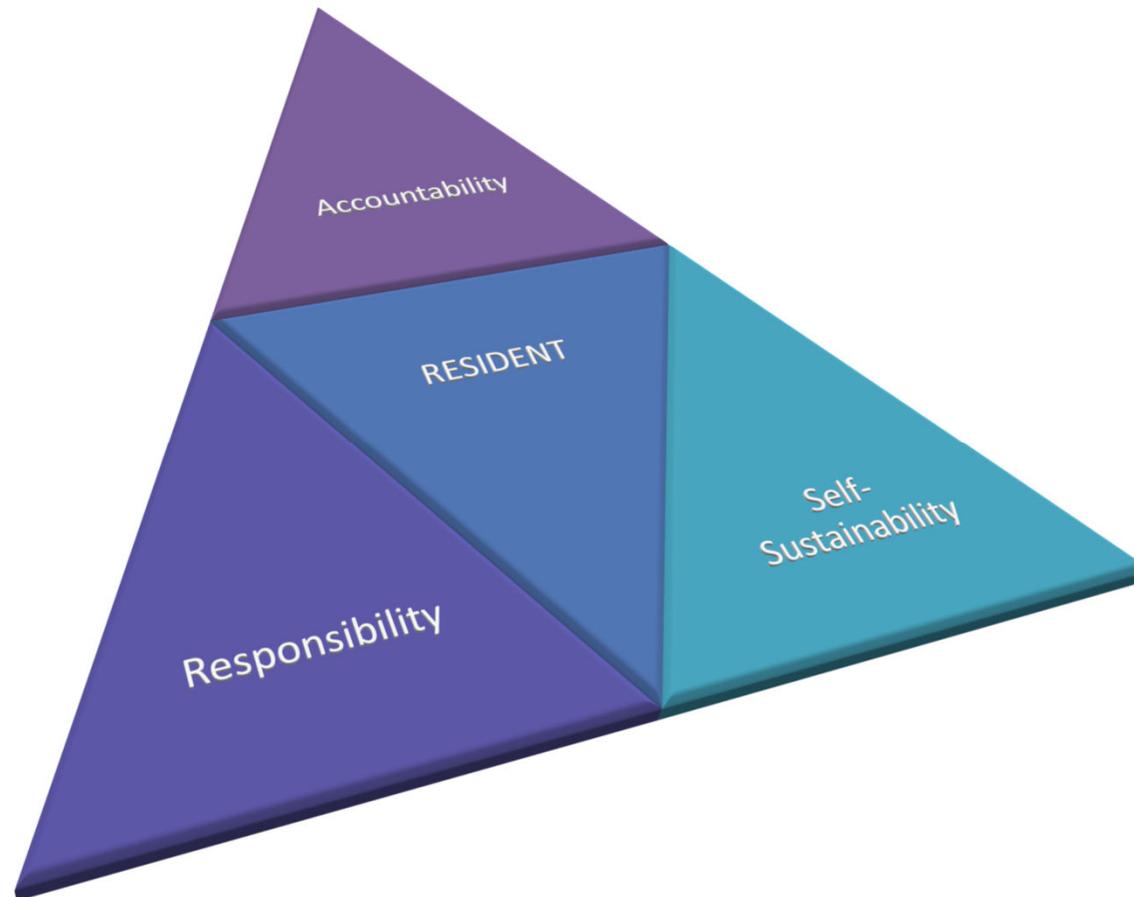


# Recovery Residences Principles

**Accountability:**

Client must adhere to the terms of the grants

**Sustainability:** we must ensure that the client will be able to sustain housing beyond grant period. This is only a “bridge” towards more stability



**Responsibility:**

with assistance from recovery coach, employment specialist, client becomes gainfully employed

# Contra Costa's DMC-ODS Recovery Residence Models



Oxford  
Houses  
6

Uilkema  
House

Shelter  
Inc.  
39

Network of Independently-Run  
Houses

Other Systems Using some  
type of SLEs

- Mental Health Forensic SLEs, and Room and Boards
- Supportive Housing
- SLEs outside DMC-ODS
- Reentry Housing, Public Defender's Office

## REGULATORY REQUIREMENTS THAT DISTINGUISH RR FROM SLE

- Ensure the RR is secure, safe, best practices, MAT/Narcan friendly and AOD free; and,
- Develop **Guidelines** for contracted RR providers, provide **monitoring** and **oversight** and fulfill all SUBG reporting requirements; and,
- Must have administrative policies and procedures and some clinical standards (relapse, linkages)

## AODS FOCUS ON QUALITY

### RR QUALITY ASSURANCE

- Consistent Reporting
- Onsite Monitoring to report to DHCS
- Establish minimum standards
- Provide technical assistance, training and resources: communicable diseases, cross training, networking, smoking cessation, Narcan
- Grievance Form for RR residents
- Consistent data collection

### OTHER CONSIDERATIONS

- Prohibitions on treatment services, false advertising, etc.
- Special populations: COD, women/children
- MAT friendly homes- Naloxone available
- Fair referral practices to all houses
- Good neighborhood operation practices

# Eligibility for a RR

Client must:

- Continue Intensive Outpatient Services (IOP) (minimum number of hours)
- Attend treatment in person (No Virtual Services)
- Employment Ready
- Must be referred by an SUD provider, client completing residential treatment or unhoused in outpatient

# Employment Ready Means

The client has:

- California Identification Card/Drivers License
- Social Security Card
- Started applying for jobs
- Employment history/skills
- Working with an employment specialist, getting job ready
- A resume ready
- Identified a list of benefits they are eligible for



**Our goal is to ensure that the client gains and maintains housing stability beyond the grant.**



## Relevant Data

- **FY 24/25**

- We served a total of 352 Clients, which represents a 21.8% increase from the prior fiscal year
- 179 clients became employed
- Relapses have steadily decreased over the past three years showing effectiveness of strong clinical support
- Zero overdoses reported in FY 24/25
- Recovery Residences are critical for stabilization and long-term recovery success



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Questions?