

Contra Costa County In-Custody Survey 2025

The Community Advisory Board (CAB) Programs & Services Subcommittee wants to better understand your health, goals, and needs while you are in jail and after release. Your answers will help CAB make recommendations to improve services for people returning home from jail or prison. Thank you for your time!

1. Where are you currently staying?

- ☐ Martinez Detention Facility
- ☐ West County (Richmond)
- ☐ Marsh Creek (Clayton)

2. How long have you been detained at your current facility?

- ☐ Less than one (1) week
- ☐ One (1) week to less than one (1) month
- ☐ One (1) month to less than three (3) months
- ☐ Three (3) months to less than six (6) months
- ☐ Six (6) months to less than one (1) year
- ☐ More than one (1) year
- ☐ Prefer not to answer
- ☐ Unknown

3. Do you have any of these health concerns? (Select all that apply)

- ☐ Chronic illness (e.g., diabetes, heart disease, chronic pain)
- ☐ Physical challenges (e.g., trouble walking, moving, or doing daily tasks)

- ☐ Concerns about drug or alcohol use
- ☐ Learning or developmental (e.g., ADHD, dyslexia, autism)
- ☐ Vision or hearing loss
- ☐ None of the above

4. Do you have any mental health or emotional concerns? (Select all that apply)

- ☐ Mental health challenges (e.g., anxiety, depression, PTSD, bipolar, etc.)
- ☐ Guilt or emotional pain about past behavior
- ☐ Feeling disconnected from your beliefs, values, or purpose
- ☐ None of the above

5. Where do you expect to live after release?

- ☐ West County (Richmond, San Pablo, etc.)
- ☐ Central County (Martinez, Concord, Walnut Creek, etc.)
- ☐ East County (Antioch, Pittsburg, Bay Point, etc.)
- ☐ Far East County (Brentwood, Oakley, etc.)
- ☐ Outside of Contra Costa County

6. What are the top three needs or concerns that are most important to you after release?

- ☐ Housing
- ☐ Employment or job training
- ☐ Mental health or counseling
- ☐ Substance use treatment
- ☐ Family or parenting support
- ☐ Legal help
- ☐ Transportation
- ☐ Income or public benefits
- ☐ Education
- ☐ Immigration services
- ☐ Supportive community or positive relationships
- ☐ Spiritual or emotional support
- ☐ Other: _____

7. What kinds of help or services would best support your goals after release? (Select all that apply)

- ☐ Housing help
- ☐ Job training or employment programs
- ☐ Mental health or counseling
- ☐ Substance use treatment

- ☐ Family or parenting programs
- ☐ Legal help
- ☐ Transportation assistance
- ☐ Financial or benefits help
- ☐ Supportive community programs
- ☐ Spiritual or emotional support
- ☐ Other: _____

8. What supportive services are most needed inside the jail? (Select all that apply)

- ☐ Education or vocational training
- ☐ Mental health support
- ☐ Substance use treatment
- ☐ Family or parenting programs
- ☐ Faith-based or spiritual support
- ☐ Connections to community programs before release
- ☐ Gender-specific programs
- ☐ Other: _____

9. What race or ethnicity do you most identify with?

- ☐ White
- ☐ Black or African American
- ☐ Hispanic/Latinx
- ☐ Asian or Pacific Islander
- ☐ American Indian/Alaskan Native
- ☐ Two or more races
- ☐ Prefer not to say

10. What gender do you identify as? (Select all that apply)

- ☐ Male
- ☐ Female
- ☐ Transgender
- ☐ Nonbinary
- ☐ Prefer not to say

11. What is your age group?

- ☐ 18–25
- ☐ 26–45

☐ 46-64

☐ 65 or older

Thank you for sharing your experiences. Your input will help improve programs and support for people returning home.