



# Transition to Kindergarten!

PRESENTED BY  
EDUCATION TEAM

POLICY COUNCIL

JUNE 2025

# Ice Breaker

- ▶ How do you feel about your child going to kindergarten?



# Tips for Parents

## Practice Listening Skills

Read  
out

Read out loud to your child - ask them to listen to letter sounds in each word. This helps your child connect sounds to written letters and words

Ask

Ask your child questions about his or her day, such as who she played with, what he or she ate at school

Ask  
about

Ask about the stories you read together

Talk

Talk to your child and make everyday activities into fun learning opportunities



## Practice Responsibility Skills

Encourage your child to take responsibility and complete tasks independently.

## Practice Social Skills

Help meet the social emotional needs of your child by encouraging participation in some of these activities:

- help them learn to ask permission to take turns
- know that they must wait their turn in group activities, but allow them to be first at times
- practice using words like "excuse me", "please," and "thank you" to show respect to others



## Practice Social Skills



- to get along well with other children, play, and share with them
- to be able to stay on task and able to work independently
- to be able to ask for help

# Practice Cognitive Skills

## Numbers

- ▶ Count out loud to number 10 or higher
- ▶ Knows what a number is
- ▶ Counts objects in one-to-one correspondence

## Size, Colors & Shapes

- ▶ Understands big, little, long and short
- ▶ Recognizes and names the colors red, green blue, yellow
- ▶ Recognizes and copies shapes (circle, rectangle, triangle, square)



# Practice Muscle Development Skills

- ▶ Running, jumping, and hopping
- ▶ Marching
- ▶ Pastes objects onto paper
- ▶ Matching colors or shapes
- ▶ Block building
- ▶ Completing a puzzle
- ▶ Holding a pencil and crayon
- ▶ Cuts with scissors



# Having A Smooth Transition

- ▶ **Follow daily routines consistently.** Involve your child in the school's transition routines at arrival and departure.
- ▶ **Always say goodbye.** With a kiss, a hug, and a wave and be firm but caring about leaving. Be sure to tell your child when you will be back, such as "I'll pick you up after your lunchtime."
- ▶ **Prepare children for any changes in your routines.** Even very young children recognize patterns. They learn that one child's parents always come before to pick up another child first. If one child has gone home and the other is still waiting, she may feel abandoned. If you must be late, call the teacher to let them know so they may tell your child.
- ▶ Soon, the daily separations and the joy of being together again will become part of the day for all of you. You will have met yet another challenge of parenting, and your child will have learned that the world includes hellos and goodbyes!



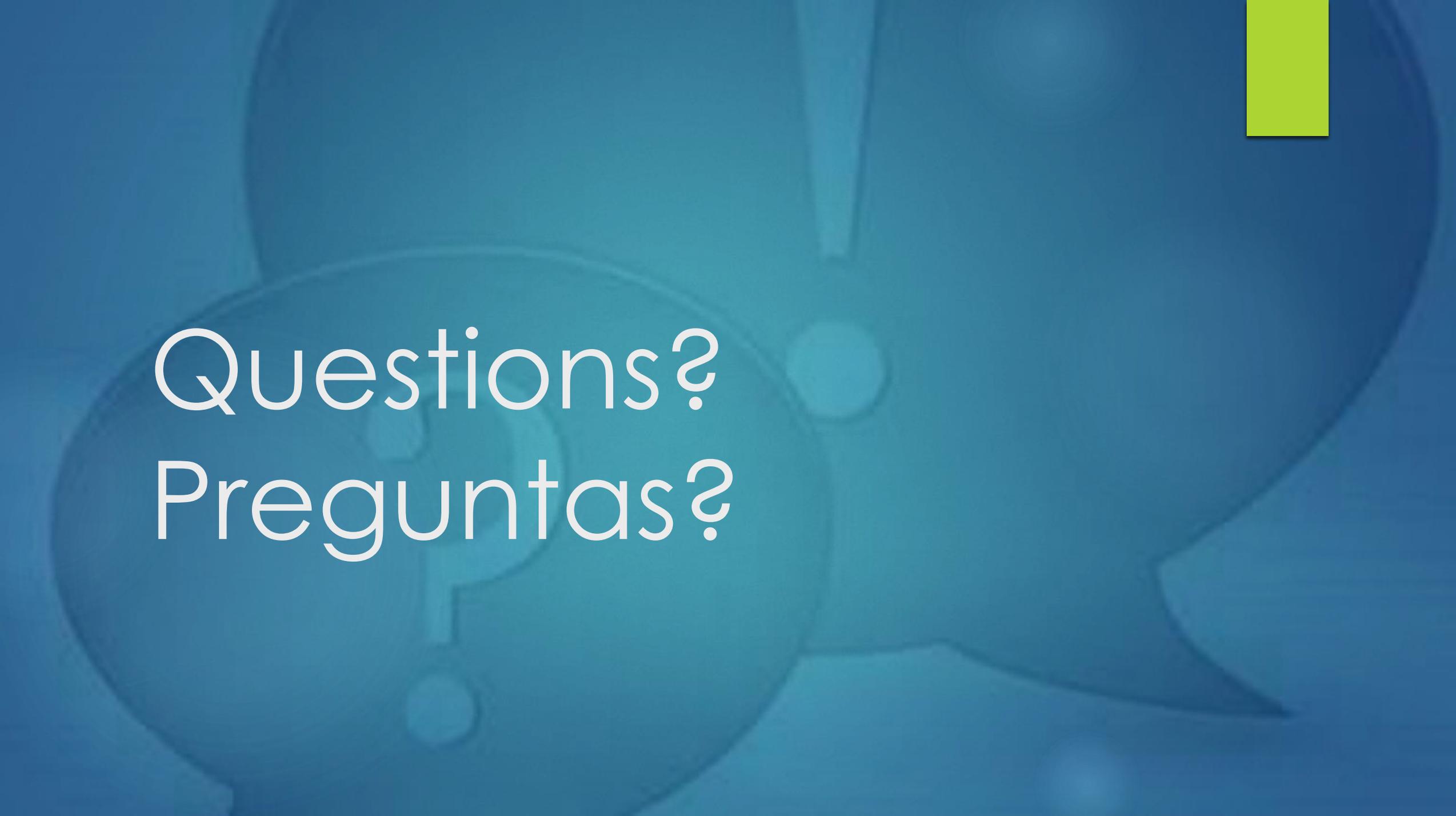
# Before School Starts

- ▶ Talk with your child about the plans for taking her to school and picking her up.
- ▶ Check in with your child regularly to see what he is thinking or feeling about going to kindergarten

# The night before.....

- ▶ Review the weekday schedule and routine with your child (bath time, bedtime, wake-up time)
- ▶ Put a small clock in your child's room to introduce him or her to the concept of time, and so he or she knows what the time looks like when he or she wakes up
- ▶ Put clothes out the night before. Let your child help choose the outfit that he or she wants to wear for the first day of school





Questions?  
Preguntas?