

Applicants for Steering Committee for African American Holistic Wellness Hub Feasibility Study: First Round

	Name	District of Res.	Residence	District of Empl.	Current Employer/ Job Title	Education	Volunteer Activity	Interest in Serving	Qualifications
1	Arnold Jr., Philip	D. 3	Brentwood	D. 3	NAMI Contra Costa/ Veteran Outreach Coordinator	University of Cincinnati, B.A. Psychology; Syracuse University, Russian Language Cert.; Certified Medi-Cal Peer Support Specialist; NAMI Homefront Education; Medi-Cal Peer Support Specialist Training	Previous advisory bodies: GARE, ACEEO, CCC Board of Parole, Sheriff's Inmate Welfare Fund, CCC Juvenile Justice Commission. Please see attached resume for a listing of community experience and volunteerism.	I would like to serve on our ad hoc African American Holistic Wellness Hub Steering Committee because I believe that I am ideally equipped to do so because of my uniquely qualified lived experience as a African American Septaugenarian male. I have an insatiable appetite to share my knowledge and understanding to effect positive change in our community. Since we moved our family to Contra Costa County in 1989 I have made every effort to honor my commitment to the memory of my parents and grandparents hopes for a fulfilled life by being actively interested, involved, and invested in the social welfare of my community as they did. I advocate for the social welfare and education of the representative, inclusive, and extensive community engagement process.	Please see my attached resume which chronicles my community investment activities. My professional objective is to be an indispensable self-confrontation challenger and support system on understanding the specifics as well as nuances of racial equity, and the ability to recognize both the headwinds and tailwinds of racism in all aspects of business enterprise. Racial equity is realized when race can no longer be used to predict life outcomes, and outcomes for all groups are improved. I am recognized for a unique tactful tenacity, executive leadership, operational effectiveness, and the ability to establish productive relationships at all levels. Known for an outstanding ability to think strategically and implement practically by bringing the right people together for complex problem-solving purposes. I know how to create a climate that will elicit full exchanges of information and full commitment from all team members to get the job done. I am also known for galvanizing non-profit teams to solve community problems both functionally and financially as a catalyst and KPI driver toward optimum managed outcomes.
2	Cason, Tammi	N/A	Oakland	D. 1	Children & Family Services/Social Worker III	Mills College, B.A. Psychology; Temple University, M.A. Social Work	Beta Pi Sigma Sorority (Youth of Beta Pi Sigma Chair, Dean, Scholarship Chairperson); Parent Volunteer San Gorgornia Girl Scout Troup 941	Providing a safe and supportive place for African Americans in this country continue to be a challenge for all interested stakeholders. I believe this undertaking is admirable as well a needed element to address some of the rising concerns in our communities. I would be honored to be a part of the ground floor of an honest effort to affect the trajectory of African American families in Contra Costa County.	"Please see resume."
3	Edwards, Alfonzo	D. 3	Antioch	unspecified	NAMI Contra Costa	College of Idaho, BA Physical Education; Realtor license; Peer Support Counselor training cert.	Cornerstone Christian School- Outreach; The Church 4 Me- Outreach, assistant Pastor; MPDCA- Outreach; S.H.A.R.E.- Outreach	Hello, my name is Pastor Alfonzo L Edwards where I serve at The Church 4 Me in Antioch. I've been a resident of the East Contra Costa County for over 16 years and currently reside in the great city of Antioch where I serve the community as Coach, Mentor, Teacher, and Pastor. I've been married over 13 years to my high school sweetheart Nikki and we have three handsome young men. Our oldest son Jordan is a graduate of Grand Canyon University in Phoenix, AZ; Jalen is in the 9th grade and Jonah is in the 2nd grade both at Cornerstone Christian School. I am 46 years old and serve as a Peer Counselor for NAMI CC. My lived experience and focus is to uplift African American men who have faced many obstacles dealing with, depression, anxiety and suffering from the passing of loved ones. I also focus on those that are unsheltered in our community. My outreach relates to Jesus parable of the lost sheep. I remember when I was at college in Idaho, I looked out the window and asked my professor why were dogs following the herd of sheep while being transported, to which my professor explained that the dogs keep the sheep in line and together, to let the shepherd know if one has been lost. I use an acronym for the word G.R.A.C.E: God Recognizes All Children Everywhere. We should all make sure, NO ONE IS LEFT BEHIND.	1. Leadership: Someone who can guide the committee towards its goals and keep meetings on track. 2. Communication Skills: Effective communication is crucial for conveying ideas, discussing issues, and reaching decisions. 3. Team Player: Willingness to collaborate, listen to others, and work harmoniously with fellow committee members. 4. Organizational Skills: Ability to manage and prioritize tasks, timelines, and resources efficiently. 5. Problem Solving: A knack for identifying issues, brainstorming solutions, and making informed decisions

	Name	District of Res.	Residence	District of Empl.	Current Employer/ Job Title	Education	Volunteer Activity	Interest in Serving	Qualifications
4	Ejuwa, Jacqueline	D. 2	San Ramon	unspecified	Blue Shield of California/ Vice President, Health Transformation	Brown University, Master of Healthcare Leadership; University of Florida, Doctorate of Pharmacy; University of Ibadan, Bachelor of Pharmacy; Health Equity training	Profit Board Member & Secretary to the Board, Elder Care Alliance (2021 to present); Member, Advisory Council To Eliminate Anti-Black Racism, Brown University (2020-2023); Global Advisor, Women Leaders for the World Reproductive Health, Rights & Justice Fellowship (2022-2023); Member, Diversity, Equity & Inclusion Leadership Council, Blue Shield of California (2020-present); Co-Chair, Co-Founder and Executive Sponsor, Black Employee Network, Employee Resource Group, Blue Shield of California (2014 to present)	I've worked in healthcare my entire professional career, the first two decades as a pharmacist and the last decade in roles that seek to drive a community-integrated approach to healthcare and wellness. I would like to contribute my professional experiences working to solve the social determinants of health that have resulted in and continue to contribute to health disparities within the African American community.	In my current role as Vice President, Health Transformation I have responsibility to develop programs to work with community-based organizations to improve health and wellness issues within the community. I lead two teams focused on improving wellness at the community level. The first team is a Community Health team that has run numerous pilots to address social determinants of health issues such as food, shelter and transportation, within several communities in California. The second team is a Health Equity team which is working to reduce or eliminate health care disparities for African Americans and other minorities. Under my leadership, we have established goals and strategies to reduce maternal mortality disparities between Black and White mothers. We have also established goals and strategies to improve colorectal cancer screening within minority populations using a community based approach. I believe my pharmacist, community and health equity experience will be valuable working alongside others with professional and lived experience to inform a Feasibility Study that will provide guidance to the Board of Supervisors in their decisions regarding next steps in the development of an African American Holistic Wellness Hub for Contra Costa County.
5	Facen, Erica	D. 3	Brentwood	N/A	PCNA/ Order Processing Specialist	John F. Kennedy University, B.S. Psychology		I am presently studying to become a Psychologist. My plan is to become a licensed therapist and practice in my local community as a Marriage and Family Therapist and also as a School Psychologist. My hope is to be involved in the healing and assistance of our community, especially our youth in these trying times. Anxiety and Depression among young people is at an all time high and I want to be a part of the solution to assist in lifting them out of the predicaments they find themselves in. As a teenager dealing with depression and anxiety stemming from abuse, bullying, and the divorce of my parents, it was a School Psychologist who helped me when I had no one else to talk to. It is important to me that I give back to others in the same way I received and that has fueled my desire to become a Psychologist.	(None provided. No resume.)
6	Fields, Chinue	D. 1	Pinole	D. 1		Cal Poly State, San Luis Obispo, Architecture & Environmental Design; San Francisco State, Visual Communication; NASM Fitness Nutrition Specialist; NASM Personal Trainer	As part of my former catering business, I had a Community Service Program where we donated meals, groceries, and essential supplies to at-risk communities. I have volunteered at various programs including tutoring at the Pinole Youth Center, food distribution at the Pinole Senior Center, after school support at the Hercules Library, Black Pride in Oakland, Richmond Rainbow Pride, San Francisco LGBT Center Youth Program, and the Whole Foods Community Kitchen. I also regularly volunteer to support social rides for several biking groups and coastal or park cleanups.	(none included)	(None provided. Resume included.)

	Name	District of Res.	Residence	District of Empl.	Current Employer/ Job Title	Education	Volunteer Activity	Interest in Serving	Qualifications
7	Green, Ashley	D. 5	Pittsburg	N/A	Episcopal Community Services	Dillard University, B.S. Biology; Cal State East Bay, M.S. Health Care Administration; Walden University, Doctorate of Public Health (paused); Trauma Healing: Adult and Teens.		I am interested in serving on this committee because I want to create a space for my African American community that's culturally appropriate in giving realistic and holistic healing and resources to support, heal, and empower. Contra Costa County does not have resources allocated towards the African American community and this wellness hub would do just that. I want my community to be represented and heard by someone who when they look at me, they can see themselves in the mirror. I have a passion for eliminating racial disparities within my African American community which has been my focus as a young child. My passion for black excellence and healing continued to grow as I matriculated through my undergraduate career at Dillard University as a student ambassador providing guidance and support to incoming students. After returning home from undergrad, I wanted to be able to give back to my community but did not see an avenue to create that space. The opportunity has arisen, and I want to become a member of the African American Holistic Wellness Hub Steering Committee.	I believe I am qualified for this appointment because of my current role working with a diverse community in San Francisco and my training in trauma healing. As a program manger for a nonprofit in San Francisco specifically in the South of Market (SOMA) and Tenderloin) area I see firsthand how limited resources catered to specific ethnicities affect their healing and more support is needed. My program grants the homeless population an avenue to get back on their feet with our permanent housing support and access to resources that are specific to their individual needs. I work with a diverse group of individuals on my team who have lived experience as well as clients who are in recovery and looking for a way out. Although I work in San Francisco, I see this same struggle in my hometown of Pittsburg. I want to use the knowledge and resources gained from my position as a program manager to help steer the African American Holistic Wellness Hub in a direction that's inclusive to the needs of the African American Community. I have the experience with collaborating with the city and county of San Francisco to advocate for my clients and I will use that same drive and passionate to create the African American Holistic Wellness Hub. I recently completed training with the Trauma Healing Institute to become certified in adult and teen trauma. The African American community has been groomed to not address our trauma. However, with the skills I have gained through the Trauma Healing Institute I am able to work with individuals or groups who have trauma in the African America, LGBTQ+, transition-aged-youth, homeless, adopted, and formerly incarcerated adults and youth. I also served as the Co-Director of Children's Ministry at Genesis Church from 2017-2019 and Director from 2019-2023. I currently serve as the Lead Youth Leader for our Teens Ministry Rooted at Genesis Church.
8	Harvey, Regis	N/A	Dublin	N/A	City of Dublin/Commissioner	University of Phoenix, MBA; Idaho State University, BA Sociology/Psychology; Crisis Intervention training		The reason why I would "love" to serve the committee because it's my passion and calling to be a public servant in providing positive contribution within communities. I feel the best way in doing so is by action! As a result, when this position became available I immediately wanted to apply. I feel this is a great opportunity to demonstrate my knowledge, skills, and experience as well as personal and professional growth!	I have experience in public service with city government. Not included in my resume I am member of multiple community and non-profit organizations. One such example; is membership Chair-person of DBMG (Diablo Black Mens Group) organization. In my current role I provide direction and support for current and new membership. DBMG is a non-profit organization that provides scholarships to young black and brown male high school students to continue on with their higher education. We also, provide internship programs to all high school students.
9	Herron, Desirae	D. 3	Brentwood	N/A	Senior Financial Analyst	Sacramento State, Economics	Youth Leader, Genesis Church	I believe in the uplifting of my local community through buiding relational equity, community resources, and economic relief. The racial inequities present in our community are tremendous and deserve an actionable solution that uplifts and rejuvenates generations to come. Through the board I am able to use my voice for positive change and create real change in my community. Being apart of a tangible solution is my primary goal in helping those that need relief.	(None provided. Resume included.)

	Name	District of Res.	Residence	District of Empl.	Current Employer/ Job Title	Education	Volunteer Activity	Interest in Serving	Qualifications
10	Johnson, Rachelle	D. 1	Richmond* (In the process of relocating to Emeryville)	D. 1	Naturopathic Doctor/ business owner	UNC Greensboro, BS Chemistry and Masters in Public Health; CA ND License; Naturopathic Medicine Residency	I used to be on the Board of Directors for the California Naturopathic Doctor Association. I often would volunteer at health fairs and retreats through out the Bay are to talk about holistic medicine, western medicine labs, herbal medicine, and really just helping clients advocate for themselves in the health care system.	I was notified that Contra Costa county was seeking members for the African American Holistic Wellness Hub Steering Committee. I am a perfect fit because I am the only medically trained African American doing naturopathic medicine in the county. As a Naturopathic Doctor, I do holistic medicine, nutritional medicine, IV therapy, and more. I look at the body as a whole, including mind, body, and spirit in my assessments and treatments. I am also extensively trained in Western medicine (I used to teach Western Medicine courses at a Chinese Medical school in San Francisco), and I teach my clients information about their health and disease states so they can advocate for themselves when speaking to Western Medicine practitioners. I would be honored to be on a committee that is focuses on helping African Americans (often marginalized in society) to gain education about and access to holistic medicine in their community. There is a level of culture competence and understanding that needs to exist when talking about health in the African American community due to the level of distrust that exist in the community.	Please see resume. Other qualifications: I am open-minded, strategic and organized, responsible, disciplined, consistent, a healthcare advocate, relatable, and motivated to help African Americans.
11	Knox, Kasandra	D. 1	Richmond	D. 1	Contra Costa County, EHSD/ Employment Counselor	Cal State Long Beach, Journalism/Public Relations; Global Career Development Facilitator cert.	Brother Helping Brother-A Mission that helps to eduate children, feed families, build schools, churches, water wells and provide medical care.	It is imperative and crucial for the survival of African American people, especially those that are disenfranchised and disadvantaged to have a safe space to receive services. This is an incredible moment to serve on this Committee, not only as a resident but also as a working contributor for over 25 years, to reinvest in the City of Richmond, that has provided me with so much opportunity and promise.	While working for the Employment and Human Service division of Contra Costa County, I have provided direct services to our participants in the areas of: CalWORKS benefits, Domestic Violence, Homelessness, Job Readiness Workshops, Formerly Incarcerated and Employment Counseling and Training. For five years, I was the Lead Group Facilitator for a SAMHSA cohort, "Growing Great Families, A Substance Abuse, HIV and Hepatitis Prevention Project", which included youth and adults. One of my responsibilities, but not limited to, was to facilitate a prevention-based curriculum, that would assist in addressing one of the crises, Richmond was plagued with at the time, which was the high HIV rate among Black Women.
12	Lane, Sheryl	D. 1	Richmond	D. 1	FIERCE Advocates/ Executive Director	U.C. Irvine, BA Sociology & Psychology; The New School, MA Urban Policy	City of Richmond Planning Commission (2009-2017) California Black Power Network Board Member (current)	Multigenerational African American wellness is paramount to our community thriving and connecting to individual and collective purpose, joy, and liberation. From my professional work I have listened and learned from Black and African-American residents spanning the age of youth and older adults that they want and need affordable, culturally competent, and accessible support for their mental and emotional health and healing that specifically caters to their needs as Black people. However, our community lacks affordable and culturally competent services for those experiencing emotional wellbeing	I am the executive director for FIERCE Advocates, formerly Building Blocks for Kids (BBK). I've had the opportunity to lead teams on our core strategy of healing centered care and programming that focuses on Black wellness, including CoCo Doulas a countywide community based doula program for Black birthing people, and emotional well-being support groups for Black men and women. I'm experienced in partnering with communities in social innovation and public policy advocacy to drive social justice and transformative change.
13	Mallory, Cynthia	D. 3	Oakley	D. 5	Contra Costa County, EHSD/Personnel Technician	Eastern Gateway Community, AA Teacher Education; Cal State East Bay, Executive Management Human Resources; Ashford University, Sports and Recreational Management; Pilates Instructor, cert.; Fitness/Health/Nutrition Coach/Trainer	I volunteered for a little more than 10 years with the Boy Scouts of America in varying roles. Some of these roles were as follows: Den Leader, Pack Trainer, Camp Commissioner, Unit Commissioner, Assistant Council Commissioner, Scoutmaster Trainer, District Roundtable Commissioner, Merrit Badge Counselor, Lifeguard for River in Camp, Camp Director, Training program context creator and Flight to First Resident Camp Director and more.	Being a woman of mixed heritage including African American, I have dealt with my share of inequalities, mishandlings, blatant disregard and other mistreatings from those in positions of power and or influence. I am also a long-standing member of this community of which I support and have over 30 years of movement training for assisting with body conditions that need correction or healing through realignment modalities, knowledge upskill and compassionate heart. As someone who was employed by one of the local school districts, I witnessed first hand the disparities and need for assistance in the African American people of Contra Costa County. I too was a ward of the court at 16 years old in Richmond, CA after being in ernalgency foster care once I was removed from my home due to harm that was occurring there as well. These two have the same reasons, I am who I am and I do what I am skilled in and passionate about.	Actually is the same as the above. Being a woman of mixed heritage including African American, I have dealt with my share of inequalities, mishandlings, blatant disregard and other mistreatings from those in positions of power and or influence. I am also a long-standing member of this community of which I support and have over 30 years of movement training for assisting with body conditions that need correction or healing through realignment modalities, knowledge upskill and compassionate heart. As someone who was employed by one of the local school districts, I witnessed first hand the disparities and need for assistance in the African American people of Contra Costa County. I too was a ward of the court at 16 years old in Richmond, CA after being in ernalgency foster care once I was removed from my home due to harm that was occurring there as well. These two have the same reasons, I am who I am and I do what I am skilled in and passionate about.

	<u>Name</u>	<u>District of Res.</u>	<u>Residence</u>	<u>District of Empl.</u>	<u>Current Employer/ Job Title</u>	<u>Education</u>	<u>Volunteer Activity</u>	<u>Interest in Serving</u>	<u>Qualifications</u>
14	Mason, Vincent	N/A	Redwood City	N/A	Physician/Physician	Howard University, BS Zoology; UAB School of Medicine, MD; Cincinnati Children's Hospital, Internship/Residency; CA License; Adolescent Medicine Fellowship UCSD	Included in CV	I am interested in health and wellness via a holistic approach to well being. The African American Holistic Wellness Hub Steering Committee appears to be a good place to build community bringing together multiple disciplines to help in the betterment of all within Contra Costa. My expectation is by building a space of psychological wellness, The African American Holistic Wellness Hub Steering Committee can be a blue print for other counties throughout California and the US.	I have included a copy of my CV
15	Miller Evans, Janet	D. 2	Danville	D. 2	Self Employed	University of Tennessee, Master of Public Administration; University of Tennessee, BS; Danville business license	Alamo Municipal Advisory Board; Alamo Roads Committee; Alamo P2B Committee	I am enthusiastic about joining the Contra Costa County African American Holistic Wellness Hub Steering Committee due to my deep commitment to fostering comprehensive well-being for all. With my background in coaching and a passion for community empowerment, I am dedicated to contributing my skills and insights to this pivotal initiative. The holistic wellness approach aligns seamlessly with my belief in addressing health from a multidimensional perspective mind, body, and spirit. I recognize the significance of tailored wellness strategies acknowledging cultural nuances and am eager to collaborate on crafting innovative solutions that resonate with African-American individuals. Joining the Steering Committee would provide me with a platform to advocate for accessible, holistic wellness resources, mainly focusing on marginalized populations. Ultimately, my aspiration to be part of the African American Holistic Wellness Hub Steering Committee is driven by a genuine desire to uplift and empower our community. By collaborating with like-minded individuals, I am confident in our ability to facilitate lasting, positive change in the lives of African Americans through holistic well-being practices that nurture both the individual and the collective spirit.	Through my prior involvement on community service advisory boards and committees, I have witnessed the transformative impact of inclusivity and collaboration on individuals' lives, underscoring their potential to drive positive change within our community. I have served as an inaugural Alamo Municipal Advisory Council member on the Roads and P2B committees. My leadership and project management experience equips me to contribute to strategic planning and effective execution of initiatives that amplify the reach and success of the Wellness Hub. I am also committed to fostering a pace that encourages diverse voices and perspectives, recognizing that holistic wellness is enriched by cultural diversity.
16	Moore, Rohana	D. 5	Antioch	D. 4	CA Department of Rehabilitation	U.C. Berkeley Extension, Human Resources Management	Genesis Church: Food outreach ministry serving those experiencing food insecurity. Annual Community Support Month at Wells Fargo 2003 - 2021 (Socks and Undergarment fundraiser for the unhoused, the Crayon initiative, Cards for Kids	I am interested in serving on this particular board to offer recommendations of holistic and mental health needs from the perspective of a Contra Costa County (and more specifically an Antioch CA) resident. As a resident of the 94509 area code, District 5 of Contra Costa County for nearly 2 decades, I would like to advocate for holistic wellness and accessibility and nurturing of our community.	I have successfully experienced holistic wellness support and resources provided by bay area recreation centers of the 1980's. I have had the benefit of accessing resources committed to mental health well being and understand what access and resources may include. My HR training and leadership experience from previous positions have prepared me to consider self awareness in leadership and communication. My previous role as a call center supervisor (18 years) has trained me to develop and coach a diverse audience from the Silent Generation to Generation Z, to respect people of all abilities, and to advocate equal treatment for everyone.
17	Roberts, Conrad	D. 1	Richmond	D. 1	WardBoy Project Foundation/ Executive Director	Arizona State University, Communication and Sociology	Certificate of Special Supervision Recognition Community Volunteer Appreciation, for Believe In What You Dream Foundation, Dream Weaver Academy	As a resident of CCC, Richmond I have seen my community face many challenges and disparities with diversity, inclusion, belonging, racial equity, and social justice. As a member of African American Holistic Wellness Hub, my mission, vision and goal would be to support, heal, and empower the community of CCC by addressing the prevalent systemic harms, inequities, and racial disparities experienced. These disparities are rooted in historical and ongoing systemic injustices, resulting in limited access to quality healthcare, educational opportunities, economic resources, and other essential services. By conducting a comprehensive feasibility study and engaging the community extensively, my initiative will seek to ensure the community voice is represented throughout the process and outcomes are beneficial for everyone.	As the Executive Director at WardBoy Project, I lead a team of Program Executives, Coordinators, and Specialists, under the guidance of the Executive Board, to oversee contract auditing and drive resolution for CCC quality improvements. I have over 10 years of experience in developing and executing key growth strategies in various industries and sectors, including mental health, advocacy, and education. My core competencies include program management, partnership development, and creative direction. I leverage my skills and expertise to foster and cultivate strong relationships with partners, donors, and sponsors, and to contribute to the ongoing discussions and decisions of the Executive Board and the advisory committees. My mission is to create positive impact and value for the communities and organizations I serve.

	<u>Name</u>	<u>District of Res.</u>	<u>Residence</u>	<u>District of Empl.</u>	<u>Current Employer/ Job Title</u>	<u>Education</u>	<u>Volunteer Activity</u>	<u>Interest in Serving</u>	<u>Qualifications</u>
18	Shelly, Antonio	D. 3	Discovery Bay	N/A		Los Medanos College; American Career College; Navy Nuclear Engineering		There are immediate vacancies on all the committees that I'm applying to. I want to get involved in community government to understand where our tax dollars are going and what programs are available to residents.	Resume attached
19	Sheppard, Torean	D. 3	Brentwood	N/A	Project Controller	Tarleton State University, Masters Business Administration; Tarleton State University, Bachelors in Accounting; CD&R Management Training cert.		I would like to be apart of this committe to help change the dispearties in the African American community and youth. I believe many of the youth are left without assistance for growth. I would like to be apart of a committe pushing the agenda for chagne and helping lower income children.	(None provided. Resume included.)
20	Sims, Taylor	D. 5	Pittsburg	D. 1	RCF Connects/Program Director	San Francisco State, MA Education-Equity; San Francisco State, BA Sociology		A wellness HUB for African American Contra Costa county is very needed in our county. Black people are facing a lot and having a centralized HUB for support, healing, resources, and opportunities is powerful to create lasting change for our African American population. As you can see from my job and elected position, I am unapologetically Black and unapologetically an advocate for Black/African American people. I am dedicated to making change for our Black population and would love to continue to do so when accepted onto this board.	As the Director of the Equity of Black Women and Girls Initiative powered by RCF Connects, I am passionate about the overall wellbeing of Black/African American people. I am also on the Pittsburg School Board pushing for more programming for Black/African American scholars within our district.
21	Smith, Jacqueline	unspecified	unspecified	unspecified	Family and Community Partnerships & Home Based Coordinator	Cal State East Bay, BA Sociology, minor Woman Studies; CORO Women in Leadership, Circle of Security, Cert.; Abriendo Puertas/Opening Doors, PITC, HOVRS, TLC, Cert.	The Local Planning and Advisory Council for Early Care and Education	I would like to serve on this committee because I have an invested interest in ensuring the well-being of my community. I intend to be a valuable member with high-quality contributions and a strength-based approach. After surviving a pandemic and experiencing long lasting repercussions, I have seen the need to support the African American community at another level. In my many travels and life experiences, it is with much sadness that I still see such a disparity of services and opportunities for the African American community. It would be my honor and privilege to participate in a collective that is looking for a solution rather than continuing to share only the problems.	My qualifications include: Over 20 years of social service in Contra Costa County, I have occupied a seat on the steering committee for The Monument Impact Measure J free shuttle, I have taken part in the ORESJ focus group discussions, as well as supporting the participation in the focus groups with my consumers and colleagues. I also bring personal life experiences living as a Black Woman as I navigate life in general. I am a facilitator and mentor to African American youth in my professional and personal capacity as well. I am also on the steering committee for Faith Based Leaders in the Bayview Hunter's Point district in San Francisco, CA.
22	Wade, La Tausha	D. 5	Antioch	"East"	Anxious4What Life Coaching	Fowler International University, Life Coaching Cert.; Los Medanos College, Actively Enrolled- Liberal Arts; UC Berkeley, Motivational Interviewing Cert.; State of CA Traume Rape Crisis Cert.; Triple P Positive Parenting, Cert.	Fellowship Chuch BAWAR - Bay Area Women Against Rape Antioch Unified School District	<p>I have been a leader in Contra Costa East County for 23 years and have served in various capacities in collaboration with local non profits including Lincoln Families Child Mental Health, Park Middle School, Fellowship Church and the Lynn Center to note a few.</p> <p>I am family and community oriented and I about able to approach conflict, obstacles and issues with a trauma informed approach.</p> <p>I am also a tax paying homeowner since 2000 and have seen the changes and challenges that our community faces. Prior to Life Coaching I owned Little Treasures Christian Daycare and Preschool, we served hundreds of children over a 12 year spand in partnership and collaboration with First 5, Healthy Start and the Welfare to Work Program.</p> <p>I am the mother of five amazing yound adult and have experience in navigating change and promoting humanity love in our current political climate.</p> <p>More can be learned about me at: www.Anxious4What.com</p>	<p>I will attach my resume. You can also learn more about me at www.Anxious4What.com.</p> <p>Thank you for your considetation.</p>

	<u>Name</u>	<u>District of Res.</u>	<u>Residence</u>	<u>District of Empl.</u>	<u>Current Employer/ Job Title</u>	<u>Education</u>	<u>Volunteer Activity</u>	<u>Interest in Serving</u>	<u>Qualifications</u>
23	Young, Patt	D. 5	Pittsburg	N/A	Senior Health Educator Specialist	Mills College, BA English	I served as a Director on the Los Medanos Community Healthcare Board, Commissioner for City of Pittsburg Community Advisory Commission and Director for Contra Costa Water District Board	My career has focused on the social determinants of health and the impact on health outcomes. As a Program Manager for Fetal Infant Mortality Review (FIMR) program I have extensive experience in research that illustrates the impact of race and ethnicity on health outcomes. It is well documented that African Americans and Native Americans have poor health outcomes including high rates of infant mortality based on historical disenfranchisement. I believe it is imperative the members of these groups are informed on how their race and ethnicity impacts their health and the importance of receiving culturally credible healthcare can impact outcomes. We have extensive data supporting the inequities in treatment, we are long overdue in designing and implementing systems of care that put into practice what we have learned from decades of data collection. I have an understanding of what is necessary to close gaps in outcomes and implement change.	Thirty plus years of collecting, reviewing data and implementing programs in Alameda and Contra Costa counties and as Coordinator for State of California Fetal Infant Mortality Review (FIMR) Training and Technical Support Program makes me an excellent candidate. I am acutely aware of the necessity of building social capital in those communities that remain disenfranchised with corresponding health inequities that underscore the need for change and innovation in the way African Americans receive healthcare. I also provided training on a national level in gathering data directly from community members to use as foundation for systemic changes aimed at reducing infant mortality a key indicator of a community's health. This was accomplished while working for the National Fetal Infant Mortality Review (NFIMR). Unfortunately due to lack of consistent community change inequities in health outcomes persist; hopefully this feasibility study can make long overdue changes to the delivery of care to African Americans.
24	Harrison, Zelon	D. 1	Richmond	N/A	THE BLACK PARENTS RESOURCE CENTER/ Ex. Director	American River Collgeg, Early Childhood development/Psychology		As the Executive Director of the Black Parents Resource Center, my passion for and commitment to serving Black and African American families in the (West Contra Costa) runs deep. I firmly believe that to create positive and lasting change within our community, active participation in the relevant board, committee, or commission is essential. Here's why I am eager to serve on this particular board, committee, or commission:A significant aspect of my work involves serving as a skilled facilitator for parent workshops and groups, particularly among the Black/AA population. This experience has honed my ability to empower and educate parents and caregivers in life skills management and education planning. I view this as a fundamental component of community empowerment and development.I am proficient in developing and nurturing collaborations with other service providers to enhance the quality and reach of services available to our target population. my desire to serve on this board, committee, or commission is driven by a deep-seated commitment to improving the lives of Black and African American families in the WCCUSD and community. My hands-on experience, advocacy skills, collaborative spirit, and resource development capabilities position me to be an effective advocate for our community's needs and aspirations. I believe that by actively participating in this capacity, I can contribute significantly to the betterment of our community and the achievement of its long-term goals.	I have boasts over two decades of dedicated experience as a family advocate, adept facilitator, and resource development expert. In my present capacity, I serves as the ED and Co-Founder of "The Black Parents ResourSe Center", a pivotal platform providing essential resources to Black/AA families within the West Contra Costa Unified School District (WCCUSD). Furthermore, I am an influential figure within the West Contra Costa School district, contributing significantly as a Black parent leader and a resolute advocate for narrowing the achievement gap among Black students. My exceptional involvement includes serving as the Co-Chair of the district's DLCAP and pioneering the role of Chair for the African American Site Advisory Team (AASAT) in 2018. Under my visionary leadership, a ground-breaking resolution 46-1920 was conceived and endorsed by the Board of education to effectively address the achievement gap within the district. This landmark resolution allocated a substantial \$7.2 million to support its implementation. As Chair of AASAT, I spearheaded collaborations with various stakeholders, fostering the creation of essential groups like the (COE) Council of Elders, (BEN) Black Educator Network, and (WCCPLC) West Contra Costa Parent Leadership Council.

<u>Residence</u>		<u>Employment</u>	
District 1	6	District 1	7
District 2	2	District 2	1
District 3	7	District 3	1
District 4	0	District 4	1
District 5	5	District 5	1
N/A	4	N/A or Unspe	13
	24		24

<u>Name</u>	<u>District of Res.</u>	<u>Residence</u>	<u>District of Empl.</u>	<u>Current Employer/ Job Title</u>	<u>Education</u>	<u>Volunteer Activity</u>	<u>Interest in Serving</u>	<u>Qualifications</u>
-------------	-------------------------	------------------	--------------------------	------------------------------------	------------------	---------------------------	----------------------------	-----------------------

Applicants for District 4 Seat on Steering Committee for African American Holistic Wellness Hub Feasibility Study

1	Blum, Vanessa	D. 4	Pleasant Hill	N/A	Marin County	UCLA, BA Psychology & African American Studies; Duke University, PhD, Clinical Psychology; Licensed Clinical Psychologist	Board of Directors Rainbow Community Center (2017 – 2019), Civic Action Commission City of Pleasant Hill (2019 – 2021)	Advancing equity, inclusion, and belonging has been at the center of my professional and community endeavors. The first decade of my career was spent researching the effects of racism. Specifically, investigating the relations between racism and mental health among adolescent African American males as the Principal Investigator on a grant funded by the National Institute of Mental Health. During this time I was also a member of the American Psychological Association’s Presidential Virtual Working Group on Prejudice and Discrimination, the Committee on Diversity and Equity at the University of California, Santa Barbara, and the Los Angeles Unified School District’s Disproportionality Advisory/Action Group. In my former position as the suicide prevention specialist at Contra Costa County Behavioral Health Services I provided treatment that was healing-centered and culturally-responsive. During this time I was also a member of the African American Workgroup for the Know the Signs Suicide Prevention Campaign which gave feedback on the development of suicide prevention materials for the African American community. I was a member of Contra Costa Behavioral Health Services Reducing Health Disparities Workgroup and Contra Costa Health Services Race, Bias, Trauma, and Equity Subcommittee. Additionally, I provided trainings on suicide prevention and on LGBTQ+ affirming services in multiple venues for diverse audiences. As a former Clinical Director of community-based organizations in Contra Costa I am keenly aware of the needs of residents, specifically	Curriculum Vitae attached.
2	Coleman, Dr. Karen	D. 3	Antioch	N/A		University of Phoenix, Doctorate in Business; San Francisco State, BSN/Nursing; Holy Names University, MSN/MBA, Nursing/Business.	Support and work on Health Disparities	I have over 30 years experience in nursing, healthcare management, and education. In my experience with patients, I have noticed the increase in demand for patient care with an emphasis on mental healthcare. I am pursuing my Psychiatric-Mental Health Nurse Practitioner degree to help improve health disparities	

Name	District of Res.	Residence	District of Empl.	Current Employer/ Job Title	Education	Volunteer Activity	Interest in Serving	Qualifications	
3	Davis, Wanda	N/A	Oakland	D. 4	First 5 Contra Costa	UC Irvine, BA Soical Ecologloy; UC Berkeley, Master Social Welfare (MSW); Trauma Informed Trainer; Facilitator Certification	Perinatal Equity Community Advisory Board, Center For The Vulnerable Child Community Advisory Board,	I would like to serve on this board as its purpose to create community driven spaces that welcome,support, heal,and empower Black people makes me happy. I want to contribute to this effort. As an African American woman I have experience racism, microaggression and been subjugated. As a wife and mother I have seen the toxicity of white supremacy on my family. I know the importance of safe spaces that promote health and wellbeing to counteract oppressive and systematic harm. While I do not live in Contra Costa my whole professional career has been firmly planted here from its beginning. I have been in homes all across this county helping to empower those I serve and to provide equitable access to its resources. The opportunity to give input and to collaborate with others to develop African American Wellness hub(s) that are culturally relevant and reflect the needs and interest of the Black Community is something I want to be part of. I hope you will select my applicant so I may do so.	I feel my combination of skills and experiences make me uniquely qualified to serve on this board. I have worked in the Contra Costa Community for over 35 years,starting my career as a social worker in west county. I have received training from Dr. Ken Hardy and Dr. Melanie Tervalon on racial bias, racial equity, cultural humility and healing practices. Currently, as the First 5 Early Intervention Program Officer I have co-developed a trauma and resiliency fellowship training and curriculum for early childhood providers that focuses on wellness. Additionally I have overseen two ACEs grants which centered on building our community's capacity to embedded trauma informed practices within organizations to advance culturally responsive healing systems of care. I have worked with a diverse range of African Americans (children, youth, families, and adult)with varied experiences and backgrounds and can add my own personal experience with racial disparities within systems to this wealth of knowledge. I serve on the steering committee of First 5's Ready Kids East County initiative working with African American parents to recognize and intervene in polices and practice that impede academic success for black children. I am a certified facilitator and I am comfortable with conflict. I value diverse perspectives and am a good listener. I chair the Early Childhood Prevention and Intervention Coalition which promotes and advocates for mental health services that support the emotional well being of young children and their families. I am a member of the Family Violence Prevention Coalition steering committee that utilizes prevention strategies to promote safe and healing communities. Both my personal and professional interest align with the African American Holistic Wellness Hub in creating nurturing and caring environments that are specifically designed to empower African American people.
4	Ford, CheRonn	D. 3	Antioch	N/A	unspecified	University of Pheonix, Masters in Psychology		I would like to serve on the African American Holistic Wellness Hub Steering Committee because I believe in the requirement from the community to have a wellness center that focus on the specific needs of African American's in Contra Costa County As a victim of violence, it is important to me that my voice be respresented.	See resume.
5	Frost, Cesley	D. 4	Concord	N/A	Alameda County	University of CA Berkeley, BA; Western Governor's University, MS.	North Valley Military Institute founding Board Member 2009-2023 Ygnacio Valley Christian School Board Member 2019-2023	I have served as a school Administrator for 14 years and currently serve as a policy advisor in Alameda County. I believe that my service will support the work that is needed to implement a wellness hub in Contra Costa County	See resume.
6	Johnson, Correen	D. 3	Brentwood	D. 4	Rainbow Community Center	Los Medanos College, Sociology		Being a queer black woman who works with transitional aged youth (TAY) I would love the opportunity to continue to support and serve some of our most marginalized community members.	Being a queer, black, big bodied woman has given me a different perspective that has allowed me to look at the world through a different lens and an understanding of the importance of diversity, equity, inclusion and belonging in the wellness of community members.
7	Klade, Kathryn	D. 3	Antioch	N/A		Diablo Valley College, Psychology; Contra Costa College, Psychology; CA Institute of Integral Studies, Integral Studies.		Because I use to work for CCC Mental Health (PED, OCE and was a TA) in the SPIRIT Training. Antioch AA culture have been left out as far as having healing and support on a cultural level and because of that we need wellness that fits our culture.	I am AA. I worked for CCCMH and I was apart of the Diversity Committee. I had a mentally ill son who was a victim of Antioch Polices. The late Mulad R. Baldwin and who was denied mental health services too.
8	May, Leslie	D. 5	Antioch	D. 5	Community Violence Solutions, Mental Health Therapist	John F. Kennedy University, MASTER OF ARTS/PSYCHOLOGY; CSUEB, MASTER OF ARTS/PUBLIC ADMINISTRATION and MASTER OF ARTS HEALTH CARE ADMINISTRATION; CSEC/CSEA TRAINING; TRAUMA INFORMED CARE; AMFT	Mental Health Commission; Past Commissioner of the Human Services Advisory Board; City of Livermore Past Commissioner of EOPS/CARE Advisory Board Member, Chabot-Las Positas College District	I have been a resident of Antioch, CA., since 2017. I have been involved in community work since I arrived, as a commissioner on the mental health commission, a member of an organization recently created Reimagine Antioch, I have been actively supporting numerous community-based organizations in this county and have advocated for a commission focusing on equality and justice for African Americans in this county. This opportunity would enable me to be part of a committee that is focused on advancing equity and racial justice for all people of color, historically underserved, marginalized, and adversely affected by inequality through systemic racism.	My qualifications include advanced education in public administration and policy; I have advance training in psychology, and I am an AMFT (Associate Marriage Family Therapist) working in the City of Antioch, delivering services to individuals and families who are in crisis from the trauma of sexual assault and/or sex trafficking; I have been active throughout the county listening to the needs and desires of community members, and I have a passion for this work as a trained outreach

	<u>Name</u>	<u>District of Res.</u>	<u>Residence</u>	<u>District of Empl.</u>	<u>Current Employer/ Job Title</u>	<u>Education</u>	<u>Volunteer Activity</u>	<u>Interest in Serving</u>	<u>Qualifications</u>
9	McGowan, Mark	D. 2	Danville	N/A	Empower Retirement	University of Illinois Urbana, Communications/Econ; University of Missouri St. Louis, Clinical Counseling; Series 6, 63 Insurance. Former Series 7, AIF; Accredited Investment Fiduciary	YMCA volunteer, Church on the Rock - Youth Mentor, Revitalize Englewood (Chicago) - Facilitator, Diablo Valley Black Men's Group - Acting Treasurer, Greene Scholars - Parent Facilitator.	Thank you for your consideration. I have lived in the Bay Area for 6 years. My connections to the community have primarily been with Contra Costa and Alameda Counties. I understand the challenges of being an African American in this community, in addition to having an understanding of the full spectrum of the Black American experience. I believe my professional background, perspective and leadership would provide great value to any initiatives that come from this committee.	In my current role I lead/participate in fiduciary committee meetings with Bay Area C- Level executives, and provide consulting on financial/retirement goals. Over my professional career, I have led corporate wide initiatives which involved collaborating with various stakeholders to implement strategies. I have experience working with community initiatives focused on economic development and working directly as a teacher and mentor. My goal is to use my knowledge to impact the area and black community in a lasting positive way.
10	Tate, Contesa	D. 5	Pittsburg	D. 5	Felton Institute, Program Director	University of California Davis, BA Psychology and BA African/ African American Studies; Argosy University, MA Counseling Psychology MFT; amft		I would like to serve on the Contra Costa Council on Homelessness, Ad Hoc African American Holistic Wellness Hub Steering Committee and Mental Health Commission because I have an interest in servicing the needs of community members experiencing or at risk of experiencing homelessness, provide solutions to increase access to quality services for individuals with mental health challenges/ dual diagnosis. I also have experience and am interested in addressing all issues that impact the African American community members from accessing cultural competent, quality care to address their overall well being.	I have an extensive experience in the field of outreach, counseling and therapy and advocates for mental and social development. I lead and organize empowerment programs, self sufficiency workshops as well as topic specific trainings to empower individuals to have confidence in achieving their spiritual, educational, wellness and recovery goals. I have years of experience in working with At Risk populations and helped individuals who were unhoused, have severe mental illness and dual diagnosis, justice involved, and have low Socioeconomic status . I've served as a housing coordinator and case manager for brookside and concord shelter and have provided homeless navigation services for veterans in the Concord respite center. I've provided therapy services in Contra Costa County for Persistent Mentally Ill transitional aged youth under the Fred Finch non profit and have provided Child and Family therapy with Early Childhood Mental Health Program (ECMHP). I've also provided Assessment, Diagnosis and Therapy for Homeless mental health clients in Sonoma County under the Bay Area Community Services (BACS) non profit. I've served as the Program Director at the Greater Richmond Interfaith Program where I managed the West Contra Costa Warming Center, Care Center and managed the case management and outreach teams of the Family Shelter and Soup Kitchen. I've also written and acquired grants to help fund non profits programs and to acquire the Courtyard Marriot contracts to run a homeless and housing placement for unhoused guest during the pandemic. I've written and managed grants, provided program development, marketing strategy and consulting for NAACP Richmond Branch and local non profits and small businesses. I currently am the Program Director of Felton Institutes , AQCR crisis response team which provides 24/7 community response to low level, mental health related, non life threatening 911 calls in the City of Antioch. With

<u>Residence</u>		<u>Employment</u>	
District 1	0	District 1	0
District 2	1	District 2	0
District 3	4	District 3	0
District 4	2	District 4	2
District 5	2	District 5	2
N/A	<u>1</u>	N/A or Unspe	<u>6</u>
	10		10