



CONTRA COSTA COUNTY

Committee Meeting Minutes - Draft

Advisory Council on Aging

Monday, March 10, 2025

1:00 PM

400 Ellinwood, Pleasant Hill, CA
Room 303 (Third Floor)

Health Workgroup

Link: <https://cccouny-us.zoom.us/j/82800955881?pwd=1bbbru9aoJBhJWlGxUtwTXXopvRV652.1>

Password: 798983 | Dial-In-Number: (214) 765-0478 or (888) 278-0254 | Meeting ID: 828 0095 5881
| Conference
code: 698779

PUBLIC ACCESS INSTRUCTIONS:

The public may attend this meeting in person at the posted locations. The public also may attend this meeting remotely via Zoom or call-in. Login information and call-in information is provided above. Remote attendance of this meeting is being held at the following locations: 849 Bridgeway Circle, El Sobrante; 116 Ravenhill Road, Orinda; 2950 Buskirk Avenue, Suite 330, Walnut Creek; 165 Natalie Dr., Moraga.

1:00 Call Meeting to Order: Terri Tobey called meeting to order at 1:05 pm.

1:02 Roll Call:

Present	Francisco Benavides, Alan Goldhammer, Thomas Lang, Brian O'Toole, Terri Tobey, and Dennis Yee
Absent	Lorna Van Ackeren, and Michael Wener
Non-voting	James Donnelly

1:05 Approve February 2025 Minutes

February 2025 Minutes

[25-770](#)

Attachments: [hl.02.10.25DraftMinutes](#)

Motion: Tobey

Second: Yee

Aye: Benavides, Goldhammer, Lang, O'Toole, Tobey, and Yee

Absent: Van Ackeren, and Wener

Result: Passed

1:10 Member Reports:

Nutrition - No Report

County Wellness Update - Francisco Benavides

Presentation from Front Porch at last meeting--home sharing program.

Senior Transportation workshop will be on April 2nd in Richmond.

Medi-Cal - Brian O'Toole

Question received - Does Medi-Cal cover assisted living?

Contra Costa County was chosen for assisted living waiver - limited in scope, wait list is a year, priority for those that are in a nursing home that want to move to assisted living.

1:30 Presentation: Delinda Brown, Director of Outreach and Admissions, Hope Hospice & Health Services and Julie Jaecksch (End of Life Doula) presented on Death Cafes and hospice services.

In person, 90-minute format

Hospice Services:

More people are asking about end-of-life option act

Seeing more senior "orphans" - family has moved out of the area

Go to where the senior calls home

Provide information about organ and body donations

Discussion - How to deal with grief.

Activities held - fundraiser walk that allows families to have a sense of rituals that can help with dealing with grief.

Covered by Medi-Cal, Medicare - Doulas are not (are private pay).

2:00 Break

2:05 Discussion: None.

2:20 Public Comment: None

Next meeting is scheduled for April 14, 2025, 1:00-2:30 pm.

Presentation will be on Caregiver.org by Angelique Irving, Community Engagement Coordinator (415) 434 3388 X312) airving@caregiver.org.

2:30 Adjourn meeting at 2:16 pm.

The Council will provide reasonable accommodations for persons with disabilities planning to attend the Council meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Council less than 96 hours prior to that meeting are available for public inspection at 400 Ellinwood Way, Pleasant Hill attention Cristina Ugaitafa during normal business hours.

For Additional Information contact Cristina Ugaitafa at cugaitafa@ehsd.cccounty.us or (925) 655-0775.

HOW TO PROVIDE PUBLIC COMMENT:

Persons who wish to address the Advisory Council on Aging during public comment on matters within the jurisdiction of the Council that are not on the agenda, or who wish to comment with respect to an item on the agenda, may comment in person, via Zoom, or via call-in. Those participating in person should speak when called upon by the chair. Those participating via Zoom should indicate they wish to speak by using the “raise your hand” feature in the Zoom app. Those calling in should indicate they wish to speak by pushing * 9 on their phone. All public comments will be limited to 2 minutes per speaker. For assistance with remote access contact: 925 655-0775.

Public comment may be submitted via electronic mail on agenda items at least one full workday prior to the published meeting time at email at cugaitafa@ehsd.cccounty.us or by voice mail at 925 655-0775. Comments submitted by email or voice mail will be included in the record of the meeting but will not be read or played aloud during the meeting.

For Additional Information Contact: cugaitafa@ehsd.cccounty.us or by voice mail at 925 655-0775