The Board of Supervisors of Contra Costa County, California

In the matter of: Proclaiming the Month of September, 2024, as National Recovery Month in Contra Costa County.

Resolution No. 2024-295

WHEREAS, behavioral health is an essential part of health and one's overall wellness; and

WHEREAS, prevention of alcohol and other drug use disorders works, treatment is effective, and people recover in our area and around the nation; and

WHEREAS, preventing and overcoming alcohol and other drug disorders is essential to achieving healthy lifestyles -- both physically and emotionally; and

WHEREAS, we must encourage relatives and friends -- of people with alcohol and other drug disorders -- to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services like housing, employment, education, vocational rehab; and

WHEREAS, to help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), and Contra Costa County Board of Supervisors invite all residents of Contra Costa County to participate in National Recovery Month and

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of Contra Costa County does hereby proclaim the Month of September 2024 as NATIONAL RECOVERY MONTH in Contra Costa County and call upon the people of Contra Costa County to observe this month with appropriate programs, activities, and ceremonies to support this year's Recovery theme, Recovery is for Everyone: Every Person, Every Family, Every Community.

PASSED by a unanimous vote of the Board of Supervisors members present this 10th day of September 2024.

FEDERAL D. GLOVER

Chair,

District V Supervisor

JOHN GIOIA

District I Supervisor

DIANE BURGIS

District III Supervisor

CANDACE ANDERSEN District II Supervisor

KEN CARLSON

District IV Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown:

ATTESTED: September 10, 2024

MONICA NINO, Clerk of the Board of Supervisors and County Administrator

, Deputy