

Contra Costa Commission for Women and Girls

Meeting Minutes July 28, 2026

- I. Call to order**
 - A. Meeting called to order at 7:08pm
- II. Roll Call and Introductions**
 - A. In person: Marilyn Cachola Lucey, Joey Smith, Jennifer Rizzo, Sonya Bates, Kimberly Mahoney, Shruti Adusumilli
 - B. Zoom: Nakenya Allen (just cause), Sherina Criswell (accommodation)
 - C. Excused: Tamara Peterson
 - D. New applicants: Dr. Ruth Fernandez (online), Mireille Lafont (in person), Ava Roberts (in person), Nadia Hui Fang Ann (online)
- III. Public Comment**
 - A. Four attendees made public comment as applicants introducing themselves
- IV. ACTION: Approve Revised March 2026 Meeting Minutes**
 - A. Joey Smith moved to approve the minutes. Motion seconded by Kimberly Mahoney.
 1. Roll call: Marilyn Cachola Lucey, Joey Smith, Jennifer Rizzo, Sonya Bates, Kimberly Mahoney, Shruti Adusumilli, Nakenya Allen, Sherina Criswell
 2. Motion passed
- V. ACTION: Approve Revised April 2026 Meeting Minutes**
 - A. Joey Smith moved to approve the minutes. Motion was seconded by Kimberly Mahoney.
 1. Roll call: Marilyn Cachola Lucey, Joey Smith, Sonya Bates, Kimberly Mahoney, Shruti Adusumilli, Nakenya Allen, Sherina Criswell
 2. Abstained: Jennifer Rizo
 3. Motion passed
- VI. ACTION: Appoint Secretary Pro Tem**
 - A. Marilyn Cachola Lucey moved to appoint Shruti Adusumilli as Secretary Pro Tem. Motion seconded by Jennifer Rizzo.
 1. Roll call: Marilyn Cachola Lucey, Joey Smith, Jennifer Rizzo, Sonya Bates, Kimberly Mahoney, Shruti Adusumilli, Nakenya Allen, Sherina Criswell
 2. Motion passed
- VII. Treasurer's Report**

Chair Lucey verbally acknowledged that there has been no changes to the Treasurers Report since the April meeting.
- VIII. Receive Executive Committee Report**
 - A. **ACTION: Election of Treasurer**

1. Marilyn Cachola Lucey nominated Jennifer Rizzo for Treasurer and opened up the floor to additional nominations. No additional nominations were raised. Marilyn Cachola Lucey moved to appoint Jennifer Rizzo as Treasurer. Motion seconded by Joey Smith.
2. Roll call: Marilyn Cachola Lucey, Joey Smith, Jennifer Rizzo, Sonya Bates, Kimberly Mahoney, Shruti Adusumilli, Nakenya Allen, Sherina Criswell
3. Motion Passed

B. Consider approval of recommended actions

1. **ACTION: Amending the Bylaws to decrease the number of At-Large seats from ten to six, to bring quorum to six.**
 - a) After discussion, Marilyn Cachola Lucey proposed an amended motion to discuss further within an ad-hoc bylaws committee.
2. **ACTION: Create ad-hoc bylaws committee and appoint Jennifer Rizzo, Sonya Bates, and Marilyn Cachola Lucey.**
 - a) Jennifer Rizzo moved to create the ad-hoc bylaws committee and the appointed. Motion seconded by Kimberly Mahoney
 - b) Roll Call: Marilyn Cachola Lucey, Joey Smith, Jennifer Rizzo, Sonya Bates, Kimberly Mahoney, Shruti Adusumilli, Nakenya Allen, Sherina Criswell
 - c) Motion Passed
3. **ACTION: The Executive Committee recommends amending the Bylaws to allow the Executive Committee to nominate a Commissioner, who has served at least three months but less than twelve months, for election as Secretary or Treasurer**
 - a) No action taken, only discussion on ad-hoc bylaws committee.

IX. Receive Legislative Committee Report

A. Consider approval of recommended actions

1. **ACTION: The committee recommends the Commission to take a support position for AB 673, AB 1940, AB 1914, AB 1906 and to authorize the Legislative Chair to submit letters of support to the Senate Appropriations Committee, schedule and conduct a legislative visit to Senator Tim Grayson's district office, and if possible, to represent the Commission at the live hearing and provide verbal support (me-too) of the bills.**
 - a) No action taken, only discussion on what is within the Commission purview.
2. **ACTION: The committee recommends the Commission approve the creation of a Young Women's Advocacy Program, as a subcommittee of the Legislative Committee.**

- a) Sonya Bates moved to create the subcommittee. Motion was seconded by Kimberly Mahoney.
- b) Roll Call: Marilyn Cachola Lucey, Joey Smith, Jennifer Rizzo, Sonya Bates, Kimberly Mahoney, Shruti Adusumilli, Nakenya Allen, Sherina Criswell
- c) Motion Passed
- d) Discussion about having the ad-hoc bylaws committee explore the route of adding youth/junior commissioners to our commission.

X. Receive Membership Committee Report

A. Consider approval of recommended actions

1. ACTION: The Committee recommends the Commission authorize Co-Chairs Smith and Peterson to arrange a Brown Act in-person training for the Commission.

- a) Joey Smith moved to approve the recommendation. Motion seconded by Jennifer Rizzo.
- b) Roll Call: Marilyn Cachola Lucey, Joey Smith, Jennifer Rizzo, Sonya Bates, Kimberly Mahoney, Shruti Adusumilli, Nakenya Allen, Sherina Criswell
- c) Motion Passed

XI. Receive Public Relations Committee Report

A. Consider approval of recommended actions

1. ACTION: The Committee recommends the Commission authorize the Public Relations Committee to update and manage the Commission website, produce a quarterly Commission newsletter, and resume a consistent presence on Commission social media, namely Instagram, Facebook, and LinkedIn.

- a) Shruti Adusumilli moved to approve the recommendation. Motion seconded by Joey Smith.

XII. District Reports

- A. District Member's Reports provided for District 1, 2, 5

XIII. New Member Appointments

A. ACTION: Consider new member applications.

- B. Jennifer Rizzo moved to recommend Ava Roberts for recommendation to the Board of Supervisors. Motion seconded by Kimberly Mahoney.

- 1. Roll Call: Marilyn Cachola Lucey, Joey Smith, Jennifer Rizzo, Sonya Bates, Kimberly Mahoney, Shruti Adusumilli, Nakenya Allen, Sherina Criswell
- 2. Motion Passed

- C. Jennifer Rizzo moved to recommend Mireille Lafont for recommendation to the Board of Supervisors. Motion seconded by Kimberly Mahoney.

1. Roll Call: Marilyn Cachola Lucey, Joey Smith, Jennifer Rizzo, Sonya Bates, Kimberly Mahoney, Shruti Adusumilli, Nakenya Allen, Sherina Criswell

2. Motion Passed

D. Shruti Adusumilli moved to recommend Nadia Ann for recommendation to the Board of Supervisors. Motion seconded by Kimberly Mahoney.

1. Roll Call: Marilyn Cachola Lucey, Joey Smith, Jennifer Rizzo, Sonya Bates, Kimberly Mahoney, Shruti Adusumilli, Nakenya Allen, Sherina Criswell

2. Motion Passed

XIV. Commissioner Announcements

A. Kimberly Mahoney moved to accept the resignation, with regrets, of Christy Lam-Julian. Motion seconded by Joey Smith.

1. Roll Call: Marilyn Cachola Lucey, Joey Smith, Jennifer Rizzo, Sonya Bates, Kimberly Mahoney, Shruti Adusumilli, Nakenya Allen, Sherina Criswell

2. Motion Passed

XV. ACTION: Consider adjournment

A. The meeting adjourned at 8:45 PM. The next meeting is on August 25, 2026 at 7 pm.

Application Form

Profile

Mireille

First Name

Lafont

Last Name

Middle
Initial

Home Address

Suite or Apt

Alameda

City

CA

State

94501

Postal Code

Primary Phone

Email Address

[District Locator Tool](#)

Resident of Supervisorial District:

☒ District 2Contra Costa Family Justice
Center

Employer

South County Center
Director

Job Title

Length of Employment

1.4

Do you work in Contra Costa County?

☒ Yes ☐ No

If Yes, in which District do you work?

2

How long have you lived or worked in Contra Costa County?

1.4 years

Are you a veteran of the U.S. Armed Forces?

☐ Yes ☒ No

Board and Interest

Which Boards would you like to apply for?

Contra Costa Commission for Women and Girls: Submitted

Seat Name

Have you ever attended a meeting of the advisory board for which you are applying?

☐ Yes ☒ No

If Yes, how many meetings have you attended?

Education

Select the option that applies to your high school education *

☒ High School Diploma

College/ University A

Name of College Attended

Portland State University

Degree Type / Course of Study / Major

Bachelor of Science Biology

Degree Awarded?

☒ Yes ☐ No

College/ University B

Name of College Attended

Oregon Health and Science University

Degree Type / Course of Study / Major

Master of Public Health - Health Disparities

Degree Awarded?

☒ Yes ☐ No

College/ University C

Name of College Attended

Western Governors University

Degree Type / Course of Study / Major

Master of Business Administration- Finance

Degree Awarded?

☒ Yes ☐ No

Other Trainings & Occupational Licenses**Other Training A**

Certificate Awarded for Training?

☐ Yes ☐ No

Other Training B

Certificate Awarded for Training?

☐ Yes ☐ No

Occupational Licenses Completed:

Qualifications and Volunteer Experience

Please explain why you would like to serve on this particular board, committee, or commission.

My desire to serve on the Contra Costa County Commission for Women and Girls is deeply personal. As a first generation college student and woman of color, I navigated my educational journey largely alone, working full-time through both my undergraduate and graduate programs while facing financial hardships that many of my peers never experienced. What made those challenges even harder was the absence of mentors. Breaking into mentorship networks felt nearly impossible, and the lack of guidance and support shaped not only how difficult my path was, but how long it took. That experience never left me. It became the foundation of my commitment to ensuring that other women and girls in our community do not have to fight as hard, or feel as invisible, as I did. I know firsthand what it costs a woman when systems are not built for her and I know what becomes possible when they are. Contra Costa County is a community I value. Working here, and through my role directing a Family Justice Center, I see daily the barriers that women and girls face, from gender-based violence to lack of access to resources, leadership, and opportunity. Serving on this commission would allow me to bring both my personal experience and my professional expertise to the table in a way that creates lasting, meaningful change for the women and girls of this county.

Describe your qualifications for this appointment. (NOTE: you may also include a copy of your resume with this application)

I bring a unique combination of lived experience, professional leadership, and policy expertise that I believe makes me well suited for this appointment. Professionally, I serve as the Director of a Family Justice Center in Contra Costa County, where I lead advocacy efforts and drive policy initiatives focused on gender-based violence and survivor support. In this role I have built cross-sector partnerships, developed community programs, and worked directly with systems level policy to improve outcomes for women and families. My work sits at the intersection of direct service and structural change. I understand both what women on the ground need and how to move institutions to meet them there. My academic background further supports this work. I hold degrees in Public Health and Finance, which have given me the tools to approach women's issues through a lens of both population level impact and sustainable resource management. My public health policy experience in particular has equipped me to analyze disparities, advocate for evidence-based solutions, and engage with the legislative and administrative processes that shape women's lives. But beyond my professional credentials, I bring the perspective of someone who has lived the barriers this commission works to dismantle. As a first generation woman of color who worked full-time through undergraduate and graduate school without access to mentorship or institutional support, I understand the systemic gaps not from a distance, but from experience. That perspective grounds my advocacy, sharpens my policy thinking, and deepens my commitment to this work in ways that no resume line can fully capture. I am ready to bring my expertise, my experience, and my community roots to this commission. Thank you for your consideration.

Upload a Resume

Would you like to be considered for appointment to other advisory bodies for which you may be qualified?

☒ Yes ☐ No

Do you have any obligations that might affect your attendance at scheduled meetings?

☐ Yes ☒ No

If Yes, please explain:

Are you currently or have you ever been appointed to a Contra Costa County advisory board?

☐ Yes ☒ No

If Yes, please list the Contra Costa County advisory board(s) on which you are currently serving:

If Yes, please also list the Contra Costa County advisory board(s) on which you have previously served:

List any volunteer or community experience, including any advisory boards on which you have served.

Conflict of Interest and Certification

Do you have a familial or financial relationship with a member of the Board of Supervisors? (Please refer to the relationships listed under the "Important Information" section below or Resolution No. 2021/234)

☐ Yes ☒ No

If Yes, please identify the nature of the relationship:

Do you have any financial relationships with the County such as grants, contracts, or other economic relationships?

☐ Yes ☒ No

If Yes, please identify the nature of the relationship:

Please Agree with the Following Statement

I CERTIFY that the statements made by me in this application are true, complete, and correct to the best of my knowledge and belief, and are made in good faith. I acknowledge and undersand that all information in this application is publicly accessible. I understand that misstatements and/or omissions of material fact may cause forfeiture of my rights to serve on a board, committee, or commission in Contra Costa County.

☒ I Agree

Important Information

1. This application and any attachments you provide to it is a public document and is subject to the California Public Records Act (CA Government Code §6250-6270).
2. All members of appointed bodies are required to take the advisory body training provided by Contra Costa County.
3. Members of certain boards, commissions, and committees may be required to: (1) file a Statement of Economic Interest Form also known as a Form 700, and (2) complete the State Ethics Training Course as required by AB 1234.
4. Meetings may be held in various locations and some locations may not be accessible by public transportation.
5. Meeting dates and times are subject to change and may occur up to two (2) days per month.
6. Some boards, committees, or commissions may assign members to subcommittees or work groups which may require an additional commitment of time.
7. As indicated in Board Resolution 2021/234, a person will not be eligible for appointment if he/she is related to a Board of Supervisors' member in any of the following relationships:
 - (1) Mother, father, son, and daughter;
 - (2) Brother, sister, grandmother, grandfather, grandson, and granddaughter;
 - (3) Husband, wife, father-in-law, mother-in-law, son-in-law, daughter-in-law, stepson, and stepdaughter;
 - (4) Registered domestic partner, pursuant to California Family Code section 297;
 - (5) The relatives, as defined in 1 and 2 above, for a registered domestic partner;
 - (6) Any person with whom a Board Member shares a financial interest as defined in the Political Reform Act (Gov't Code §87103, Financial Interest), such as a business partner or business associate.

MIREILLE LAFONT, MBA, MPH

PROFESSIONAL SUMMARY

Accomplished Director and public health executive with extensive experience leading Family Justice Centers serving victims of interpersonal violence. Currently managing multiple center locations with demonstrated expertise in program development, staff supervision, grant administration, and community partnerships. Proven track record in crisis response, stakeholder engagement, and building collaborative relationships with law enforcement, courts, and government officials. Over 8 years of progressive leadership experience in victim services, program management, and organizational development.

CORE COMPETENCIES

- Victim Services Leadership • Multi-Site Program Management • Staff Supervision & Development
 - Grant Writing & Administration • Budget Management • Crisis Intervention & Response
 - Community Partnerships • Data Collection & Evaluation • Policy Development & Advocacy
 - Stakeholder Management • Program Implementation • Public Speaking & Training
 - Quality Assurance Systems • Strategic Planning • Emergency Response Management
-

PROFESSIONAL EXPERIENCE

Center Director | *December 2024 – Present*

Contra Costa County Family Justice Center (CoCo FJC) | Danville & Concord, CA

Leadership & Program Management:

- Provide overall management and supervision of crisis support and long-term safety programs across two center locations
- Lead creation and development of new Family Justice Center in Danville, serving San Ramon Valley victims of interpersonal violence
- Design and monitor management and quality assurance systems for all programs under supervision
- Oversee program data collection systems and production of direct service grant reports

Stakeholder Relations & Advocacy:

- Conduct strategic outreach and collaboration with key stakeholders including law enforcement, courts, and District Attorney's Office
- Lead focused conversations with elected officials at county, state, and federal levels on violence prevention and funding advocacy
- Build alliances through organizational networking to increase center visibility and community leadership
- Identify systems barriers and policy issues to develop comprehensive advocacy plans

Strategic Planning & Development:

- Create framework for long-range program development planning, including goals, objectives, methods, and outcomes
- Leverage best practices and emerging issues from family violence field for organizational and community use
- Travel regularly between centers to provide direct staff support and ensure program consistency

Executive Director | *October 2021 – February 2023*

Alameda County Family Justice Center (ACFJC) | Oakland, CA

Organizational Leadership:

- Provided executive leadership for comprehensive victim services organization serving domestic violence, sexual assault, human trafficking, elder abuse, and child abuse survivors
- Maintained ACFJC's position as national leader in developing cutting-edge research and training programs
- Oversaw operations, funding, and grant reporting for Trauma Recovery Center providing evidence-based mental health services

Program Development & Training:

- Developed and executed innovative programs supporting special victims' rights and improving community response to interpersonal violence
- Implemented specialized training for Alameda County Courts focusing on victim advocacy and trauma-informed practices
- Facilitated community training and institutional audits to establish equity, social justice, and social change

Collaboration & Policy Work:

- Collaborated with federal, state, local, and national agencies committed to equity and racial justice
- Created direct systems for law enforcement and judicial engagement with communities
- Contributed to internal and external policy development for systemic change

Program Manager | *November 2016 – September 2021*

Surg+Restore | Portland, OR

International Program Management:

- Managed healthcare infrastructure development projects across multiple African countries (Sierra Leone, Ghana)

- Created and implemented self-sustaining surgeon training programs in partnership with local ministries of health
- Supervised grant writers and conducted final grant reviews for international development projects

Fundraising & Community Engagement:

- Spearheaded annual fundraising events featuring 250+ participants, coordinating logistics, sponsorships, and venue management
- Hosted public forums in collaboration with medical societies, presenting to media and public health officials
- Managed compliance with international health and safety regulations

Big Village Schools & Youth Prevention Liaison | *January 2013 – October 2015*

Multnomah County Health Department | Portland, OR

Policy & Prevention Work:

- Partnered with Mayor of Portland and law enforcement to investigate and address racial disparities in youth penalization rates
 - Served on advisory board liaising between public schools, stakeholders, and regulatory agencies on youth substance abuse prevention
 - Pioneered youth mentorship programs pairing older and younger students for peer education
-

ADDITIONAL EXPERIENCE

Independent Contractor & Vendor | *January 2017*

One Policy, LLC | Portland, OR

Conducted investigative study on racial disparities in public park utilization, presenting findings to Portland Parks & Recreation Department.

Public Health Representative, Measure 97 | *May 2016 – November 2016*

Oregon Legislative Assembly via One Policy, LLC | Portland, OR

Advocated for tax initiative to fund public health programs through statewide town hall meetings and community presentations.

EDUCATION & CREDENTIALS

Master of Business Administration

Western Governors University

Master of Public Health, Health Disparities

Oregon Health & Science University

Bachelor of Science

Portland State University

Professional Certificates:

- Health Care Law & Regulation Certificate | Portland State University
 - Health Politics Certificate | Portland State University
 - Shaping Policy for Health: Policy Change Process Certificate | Directors of Health Promotion & Education
-

KEY QUALIFICATIONS FOR FAMILY JUSTICE CENTER LEADERSHIP

- ✓ 8+ years of victim services and program management experience
- ✓ 10+ years of direct staff supervision and organizational leadership
- ✓ Proven expertise in domestic violence, sexual assault, child abuse, and human trafficking services
- ✓ Demonstrated success in grant writing, administration, and budget management
- ✓ Extensive experience in multi-site program coordination and travel between locations
- ✓ Strong background in crisis intervention, emergency response, and trauma-informed practices

Application Form

Profile

Nadia

First Name

Ann

Last Name

Middle
Initial

Home Address

Suite or Apt

San Ramon

City

CA

State

94582

Postal Code

Primary Phone

Email Address

[District Locator Tool](#)

Resident of Supervisorial District:

☒ District 2Muslim community center
East bay

Employer

Case manager

Job Title

Length of Employment

3 years

Do you work in Contra Costa County?

☐ Yes ☒ No

If Yes, in which District do you work?

How long have you lived or worked in Contra Costa County?

14 yrs

Are you a veteran of the U.S. Armed Forces?

☐ Yes ☒ No

Board and Interest

Which Boards would you like to apply for?

Contra Costa Commission for Women and Girls: Submitted

Seat Name

Nadia Ann

Have you ever attended a meeting of the advisory board for which you are applying?

☐ Yes ☒ No

If Yes, how many meetings have you attended?

Education

Select the option that applies to your high school education *

☒ None of the above

College/ University A

Name of College Attended

University of New South Wales

Degree Type / Course of Study / Major

Masters of Arts, international relations

Degree Awarded?

☒ Yes ☐ No

College/ University B

Name of College Attended

National University of Singapore

Degree Type / Course of Study / Major

Bachelor of Arts, Economics and political science

Degree Awarded?

☒ Yes ☐ No

College/ University C

Name of College Attended

Degree Type / Course of Study / Major

Degree Awarded?

☐ Yes ☐ No

Other Trainings & Occupational Licenses

Nadia Ann

Other Training A

CA 80 hours domestic violence and human trafficking advocate training

Certificate Awarded for Training?

☒ Yes ☐ No

Other Training B

Certificate Awarded for Training?

☐ Yes ☐ No

Occupational Licenses Completed:

Qualifications and Volunteer Experience

Please explain why you would like to serve on this particular board, committee, or commission.

Worked with refugee community since 2016 through the San Ramon Valley Islamic Center and more recently since 2023 as program manager for the CDSS grant for the Afghan Refugee school impact program. I have also been trained as a DV and Human trafficking advocate since 2022 and assist dv shelters and the Islamic centers in managing DV survivor cases.

Describe your qualifications for this appointment. (NOTE: you may also include a copy of your resume with this application)

- case manager for refugee school impact program since 2023. - trained and working with DV survivors since 2022.

Upload a Resume

Would you like to be considered for appointment to other advisory bodies for which you may be qualified?

☐ Yes ☒ No

Do you have any obligations that might affect your attendance at scheduled meetings?

☐ Yes ☒ No

If Yes, please explain:

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If Yes, please also list the Contra Costa County advisory board(s) on which you have previously served:

List any volunteer or community experience, including any advisory boards on which you have served.

- San Ramon Valley Islamic Center - San Ramon Valley Council of PTA - MCC East Bay - North America Islamic Shelter for the Abused - Rewire Community

Conflict of Interest and Certification

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☐ Yes ☒ No

If Yes, please identify the nature of the relationship:

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If Yes, please identify the nature of the relationship:

Please Agree with the Following Statement

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 - (4) Registered domestic partner, pursuant to California Family Code section 297;
 - (5) The relatives, as defined in 1 and 2 above, for a registered domestic partner;
 - (6) Any person with whom a Board Member shares a financial interest as defined in the Political Reform Act (Gov't Code §87103, Financial Interest), such as a business partner or business associate.

Nadia Ann

San Ramon, CA

Professional Summary

Dedicated community advocate and non-profit leader with over 10 years of experience in social welfare coordination, financial oversight, and crisis intervention. Specialized in developing support systems for women and children, managing state-funded grants, and leading organizational strategy to improve community well-being.

Core Competencies

- **Welfare Advocacy:** Crisis response coordination for Domestic Violence (DV) survivors and refugee resettlement.
 - **Program Leadership:** Strategic planning and board governance for community-based organizations.
 - **Case Management:** Connecting under-served populations with county and state social services.
 - **Financial Stewardship:** Managing multi-agency grants (CDSS, CAIR, UCSD) and non-profit compliance.
-

Professional Experience

MCC East Bay, Pleasanton, CA *Special Program Staff / DV Team Coordinator* January 2023 – Present

- **Crisis Intervention:** Lead a dedicated team responding to the organization's helpline, providing immediate support and safety planning for women and children facing domestic instability.
- **Systems Navigation:** Serve as a primary liaison between clients and government agencies, facilitating access to county and state welfare resources.
- **Grant Administration:** Manage financial reporting and compliance for social service grants funded by the California Department of Social Services (CDSS) and UCSD.
- **Youth Advocacy:** Oversee Youth Development programs, ensuring educational and social enrichment opportunities for at-risk children.

San Ramon Valley Islamic Center (SRVIC), San Ramon, CA *Board President (2023) & Zakat Coordinator* | January 2018 – December 2023

- **Welfare Oversight:** Directed the Zakat (charity) program, vetting and managing cases to provide financial aid for families in crisis, specifically focusing on housing and basic needs for women-led households.

- **Strategic Leadership:** Served in successive executive roles (President, Treasurer, Secretary) to ensure the center's operational stability and adherence to social mission goals.
- **Collaborative Initiatives:** Partnered with MCC East Bay to co-manage refugee resettlement programs, providing wrap-around services for displaced families.

San Ramon Valley Council of PTA, San Ramon, CA *Executive Board Member (Various Roles) | August 2014 – Present*

- **Child Advocacy:** Collaborated with school administrators and parents to implement programs supporting student wellness and educational equity.
- **Financial Compliance:** Managed budgeting and tax filings as Treasurer and Financial Secretary, ensuring transparent use of funds for student-centered initiatives.

Education

Master of Arts in International Relations University of New South Wales, Sydney, Australia

Application Form

Profile

Ava Roberts-Stewart
First Name Middle Initial Last Name

[Redacted] Suite or Apt
Home Address
Danville CA 94526
City State Postal Code

[Redacted]
Primary Phone

[Redacted]
Email Address

District Locator Tool

Resident of Supervisorial District:

☒ District 2

Family Justice Center Community Fellow
Employer Job Title

Length of Employment

4 months to present

Do you work in Contra Costa County?

☒ Yes ☐ No

If Yes, in which District do you work?

2

How long have you lived or worked in Contra Costa County?

22 years

Are you a veteran of the U.S. Armed Forces?

☐ Yes ☒ No

Board and Interest

Which Boards would you like to apply for?

Contra Costa Commission for Women and Girls: Submitted

Seat Name

Have you ever attended a meeting of the advisory board for which you are applying?

☐ Yes ☒ No

If Yes, how many meetings have you attended?

Education

Select the option that applies to your high school education *

☒ High School Diploma

College/ University A

Name of College Attended

Samuel Merritt University

Degree Type / Course of Study / Major

Bachelors of Science in Nursing

Degree Awarded?

☒ Yes ☐ No

College/ University B

Name of College Attended

Diablo Valley College

Degree Type / Course of Study / Major

Associates in Allied Health

Degree Awarded?

☒ Yes ☐ No

College/ University C

Name of College Attended

Degree Type / Course of Study / Major

Degree Awarded?

☐ Yes ☐ No

Other Trainings & Occupational Licenses

Other Training A

ACLS

Certificate Awarded for Training?

☒ Yes ☐ No

Other Training B

Aesthetics

Certificate Awarded for Training?

☒ Yes ☐ No

Occupational Licenses Completed:

ACLS PALS BLS NIHSS

Qualifications and Volunteer Experience

Please explain why you would like to serve on this particular board, committee, or commission.

I am a passionate advocate against stalking as a gender based violence. I act as a public health nurse who actively educates emerging healthcare professionals on trauma-informed care practices centered around preventing and caring for those who have/are experiencing GBV. Recognizing those within the Commission who I have networked with, in acknowledging the gap in resources/services for women and girls when experiencing violence. I bring unique insight from a survivor/victim lens of both stalking and sexual assault on how survivor's voices can be listened to and acted upon for change. These past two years I have spent countless hours on building a network of individuals passionate in highlighting the work against gender-based violence. Namely Terra Newell (Dirty John), Aziza Murphy (SPARC), Denise Huskins (American Nightmare), Strictly Stalking Podcast, EVAWI, SPARC, the Family Justice Center and many more. I know what it is like to feel unsafe as a woman in a society that protects abusers and act according to the desire for change daily.

Describe your qualifications for this appointment. (NOTE: you may also include a copy of your resume with this application)

While studying at Samuel Merritt University I have created a seminar event focused on providing trauma informed care practices to emerging healthcare professionals. "Stalking Awareness for the Healthcare Professional," has highlighted voices such as Debbie Riddle, Aziza Murphy, and myself. Touching on coercive control, stalking tactics, impacts on health and trauma informed care. I am a new graduate nurse as of May 2025 and have been working alongside victim services such as the Family Justice Center in creating solutions to the lack of stalking awareness within the community and service providers. I have pitched and connected with Councilmember Rowena Brown of Oakland, been recognized from the Board of Supervisors as well as receiving a Congressional Commendation for my work. While working as an aesthetic nurse, I provide tailored services to a majority percentage of women who experience or have experienced violence in their life. Incorporating my skills as a nurse as well as my knowledge of resources available through victim-services. As of February 2026, I am working alongside the FJC to create a public awareness campaign on the realities of stalking victimization. Becoming a trailblazer for awareness on the root causes of many different intersecting violences. I have spoken on multiple podcasts on my experience as a woman and feel comfortable in networking to accomplish my goals in furthering the cause. Something I believe to be unique within emerging healthcare professionals as policy/advocacy initiatives. Perhaps it is because I understand the lens of being a survivor, first.

Upload a Resume

Would you like to be considered for appointment to other advisory bodies for which you may be qualified?

☒ Yes ☐ No

Do you have any obligations that might affect your attendance at scheduled meetings?

☒ Yes ☐ No

If Yes, please explain:

Work as an aesthetic nurse at current Monday/Friday/Saturday/occasional Sunday. However work time frame is from 9-6.

Are you currently or have you ever been appointed to a Contra Costa County advisory board?

☐ Yes ☒ No

If Yes, please list the Contra Costa County advisory board(s) on which you are currently serving:

If Yes, please also list the Contra Costa County advisory board(s) on which you have previously served:

List any volunteer or community experience, including any advisory boards on which you have served.

-Stalking Awareness for the Healthcare Professional -Family Justice Center Community Fellowship -Survivor Action for Accountability (SAFA member) -Recommendation to Councilmember Brown on recognizing January as Stalking Awareness Month in Oakland - Samuel Merritt University Health Impact Award Recipient 2025 for work against stalking violence in both community and healthcare settings -End Violence Against Women International Professional Member

Conflict of Interest and Certification

Do you have a familial or financial relationship with a member of the Board of Supervisors? (Please refer to the relationships listed under the "Important Information" section below or Resolution No. 2021/234)

☐ Yes ☒ No

If Yes, please identify the nature of the relationship:

Do you have any financial relationships with the County such as grants, contracts, or other economic relationships?

☐ Yes ☒ No

If Yes, please identify the nature of the relationship:

Please Agree with the Following Statement

I CERTIFY that the statements made by me in this application are true, complete, and correct to the best of my knowledge and belief, and are made in good faith. I acknowledge and undersand that all information in this application is publicly accessible. I understand that misstatements and/or omissions of material fact may cause forfeiture of my rights to serve on a board, committee, or commission in Contra Costa County.

☒ I Agree

Important Information

1. This application and any attachments you provide to it is a public document and is subject to the California Public Records Act (CA Government Code §6250-6270).
2. All members of appointed bodies are required to take the advisory body training provided by Contra Costa County.
3. Members of certain boards, commissions, and committees may be required to: (1) file a Statement of Economic Interest Form also known as a Form 700, and (2) complete the State Ethics Training Course as required by AB 1234.
4. Meetings may be held in various locations and some locations may not be accessible by public transportation.
5. Meeting dates and times are subject to change and may occur up to two (2) days per month.
6. Some boards, committees, or commissions may assign members to subcommittees or work groups which may require an additional commitment of time.
7. As indicated in Board Resolution 2021/234, a person will not be eligible for appointment if he/she is related to a Board of Supervisors' member in any of the following relationships:
 - (1) Mother, father, son, and daughter;
 - (2) Brother, sister, grandmother, grandfather, grandson, and granddaughter;
 - (3) Husband, wife, father-in-law, mother-in-law, son-in-law, daughter-in-law, stepson, and stepdaughter;
 - (4) Registered domestic partner, pursuant to California Family Code section 297;
 - (5) The relatives, as defined in 1 and 2 above, for a registered domestic partner;
 - (6) Any person with whom a Board Member shares a financial interest as defined in the Political Reform Act (Gov't Code §87103, Financial Interest), such as a business partner or business associate.

Statement

Adaptable new grad well-versed and recognized in trauma-informed care, determined to make a difference in healthcare. Highly motivated in crisis care with clinical experience in high acuity settings, including Medical-Surgical cardiac unit, NeuroTrauma/Medical ICU, and Progressive Care Unit rotations.

Clinical Experience

Samuel Merritt University, Oakland, California GPA: 3.644 Latin Honors

Bachelor of Science in Nursing (July 2023-May 2025)

-CPMC Mission Bernal-Capstone-ICU, PCU, *Advanced Medical Surgical Telemetry*

-East Oakland Housing Authority-Lockwood-*Public Health*

-Sutter Health Ashby-Labor & Delivery, NICU, PACU

-John Muir Health Walnut Creek-*Neuro/Trauma, Medical ICU*

-Benioff Children's Hospital of Oakland-Pediatrics *4 South Rehab*

-Alta Bates Summit Medical Center, Oakland- *Medical Surgical Oncology, Renal, Stroke*

-Dorothy Day/Connections, Plaza Towers Concord/Berkeley-Community Psych

License and Certifications

-Active RN License [CA], July 2025 PHN

-CITI Social and Behavioral Research

-NIHSS—Expiration Mar 2027

-BLS/ACLS/PALS Certification: American Heart Association, Expiration Date Dec 2026

-Abuse Mandated Reporter Certification: SDSU School of Health Sciences, Jan 2025

-Workplace Violence Prevention: CDC, Jan 2025

-IHI Certificate: Institute for Health Improvement, Jan 2025

-*Stop the Bleed*—Conference on Trauma

-*Human Trafficking Response for the Healthcare Professional*

-CCNC TeamSTEPPS—2023

Accomplishments

-**Guest Speaker/Seminar Host- “*Stalking Awareness for Healthcare Professionals*”,**

Strictly Stalking, DVC Alumni Association Podcast, The Sound Mind Society

Advocacy-Victim advocacy and patient care. Providing direct support to individuals in crisis, connecting them with essential resources. Working alongside community partners to improve access to services and influence change. Organized awareness campaigns, policy initiatives, and participated in media to address care outcome disparities for vulnerable populations.

-***Stalking: A Review for University Students***-Infographics for SMU on stalking prevalence and behaviors

Awards

-**Inductee of Sigma Theta Tau International, Nu-Xi at Large Chapter**

-**Congressional Commendation and 12th District Board of Supervisors Recommendee**

Given on behalf of the commitment to advocacy for fellow survivors of stalking violence, healthcare-based student-led initiatives, and advancement in public safety.

-***Health Impact Awards-The Spirit of SMU 2025***

Recognizing a current student who exemplifies the SMU mission by positively influencing the experience of care in our communities.

-Millicent A. Zaludek Supporting Survivors Scholarship

The Zaludek Supporting Survivors Scholarship Fund aims to support survivors of sexual exploitation and human trafficking, as well as health sciences students seeking to utilize their degrees to help combat human trafficking and provide trauma-informed care to survivors of sexual exploitation upon graduation.

-Dean's List Scholar FA2023-SP2025

Work Experience

Journey to Beauty and Wellness-Aesthetic Nurse Injector, Pleasanton (Feb 2026-present)

Family Justice Center-Community Fellow FJC Concord (January 2026-present)

Rossmoor Post Acute-Walnut Creek Skilled Nursing Facility, (September-November 2025)

Lead Teaching Assistant-Samuel Merritt University, Oakland (November 2023-January 2025)

Collaboratory interfacing with a faculty scientific researcher (PhD) and university students. Evaluation and critical appraisal of grades and use of complex reasoning within nursing practice. Introductory training of onboarding teaching assistants with the implementation of curriculum adjustments for 2024 onwards.

Retail Salesperson-Nordstrom Walnut Creek, California (May 2022-July 2023)

High attention to fine details and critical thinking of specifications to alter fit or comfort. Awareness of physical or mental limitations to receiving a regular retail experience, and tailoring my experience to their specific needs. Maintenance of confidentiality around patients with unilateral or bilateral mastectomies and enhancing comfortability in such a vulnerable, exposed state. Large department collaboration, offering high turnaround support for colleagues and repeat customers in fast-paced, stressful environments.

Multi-Role Staff- Basque Boulangerie Cafe, Danville, California (September 2018-2020)

Utilization of de-escalation techniques to improve service to Bay Area clientele. Adaptable to computer systems and can conform to multiple means of running a busy environment while maintaining clean techniques.

Volunteering

Part-time Volunteer Caregiver-Dublin, California (2017-November 2019)

Crisis management, calm under pressure, wound care, complex medical conditions, personal experience with rare genetic conditions, dedication to hands-on care, and empathy

-Acknowledgement of how disease progression limits mobility and ability to perform ADLs.

-Rapid response and critical thinking to triage a traumatic injury revealing exposure of the skull, and movement of the skin due to Hypermobility Ehlers-Danlos Syndrome (hEDS).

-Medication administration and the importance of adherence.

Pre-Nursing Coursework

-Diablo Valley College, June 2020-May 2023 Associate Degree in Allied Health GPA:3.577

-San Ramon Valley High School August 2018-May 2022 GPA:4.14

Ava Roberts-Stewart

Danville, California

ADVANCED CARDIOVASCULAR LIFE SUPPORT

**HeartCode® Complete
ACLS Provider**



Ava Roberts-Stewart
has successfully completed the cognitive and skills evaluations
in accordance with the curriculum of the American Heart Association
Advanced Cardiovascular Life Support (ACLS) Program.

Issue Date 12/20/2024	Renew By 12/31/2026
HeartCode Complete Location Heart Start CPR	eCard Code qdpzohxc7o79dazsfjgowtyo
The HeartCode Program is provided by: American Heart Association RQIQuestions@heart.org	QR Code 

To view or verify authenticity, students and employers should scan this QR code with their mobile device or go to https://certificates.rii1stop.com/certificates/us/verify_certificate

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PEDIATRIC ADVANCED LIFE SUPPORT

**PALS
Provider**



Ava Roberts-Stewart
has successfully completed the cognitive and skills evaluations
in accordance with the curriculum of the American Heart Association
Pediatric Advanced Life Support (PALS) Program.

Issue Date 3/2/2025	Renew By 03/2/2027
Training Center Name Norcal Emergency Medical Training	Instructor Name Suzanne Mulberry
Training Center ID CA207144	Instructor ID 11102100443
Training Center City, State Riverside, CA	eCard Code 255428187177
Training Center Phone Number (916) 787-1787	QR Code 
Training Site Name	

To view or verify authenticity, students and employers should scan the QR code with their mobile device or go to www.heart.org/heartcode.

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The HeartCode program is provided by: American Heart Association RQIQuestions@heart.org	QR Code 

To view or verify authenticity, students and employers should scan this QR code with their mobile device or go to https://certificates.rii1stop.com/certificates/us/verify_certificate

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Certificate of Completion

CERTIFIES THAT

Ava Roberts-Stewart

has participated in the educational activity titled

AA01.1 - NIHSS-English Group A-V5 - 1st Certification

This NIH Stroke Scale International (NIHSS) Test contains 8 sections, each containing a single patient interview. You must score all 8 patients at 181 out of 300 items correct to achieve certification. As of June 10, 2016, certification is VALID FOR UP TO ONE (1) YEAR FROM THE DATE OF COMPLETION when used in clinical research or, more than one year, time limit controlled by the local SOP requirements of your organization - recommended 2 years when used for healthcare purposes. © 2013 Pearson, Inc.

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Friday, February 28, 2025 11:07 PM CST