

# **Contra Costa County's Comprehensive Prevention Plan Implementation Updates**

**Juvenile Justice Coordinating Council  
January 2026**

**Family First Prevention Services  
Act (FFPSA) Part I**

2018 Bipartisan Budget Act



**Family First Prevention  
Services (FFPS) Program**

2021 State Assembly Bill 153



**Comprehensive Prevention  
Plan (CPP)**

2023 Contra Costa County Plan approved



**CONTRA COSTA COUNTY CHILDREN AND FAMILY SERVICES**

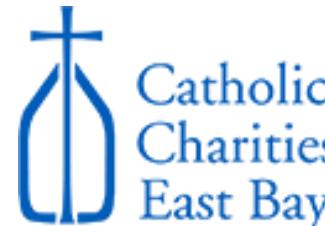
# CPP Planning Team Partners



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Contra Costa  
Youth Service Bureau

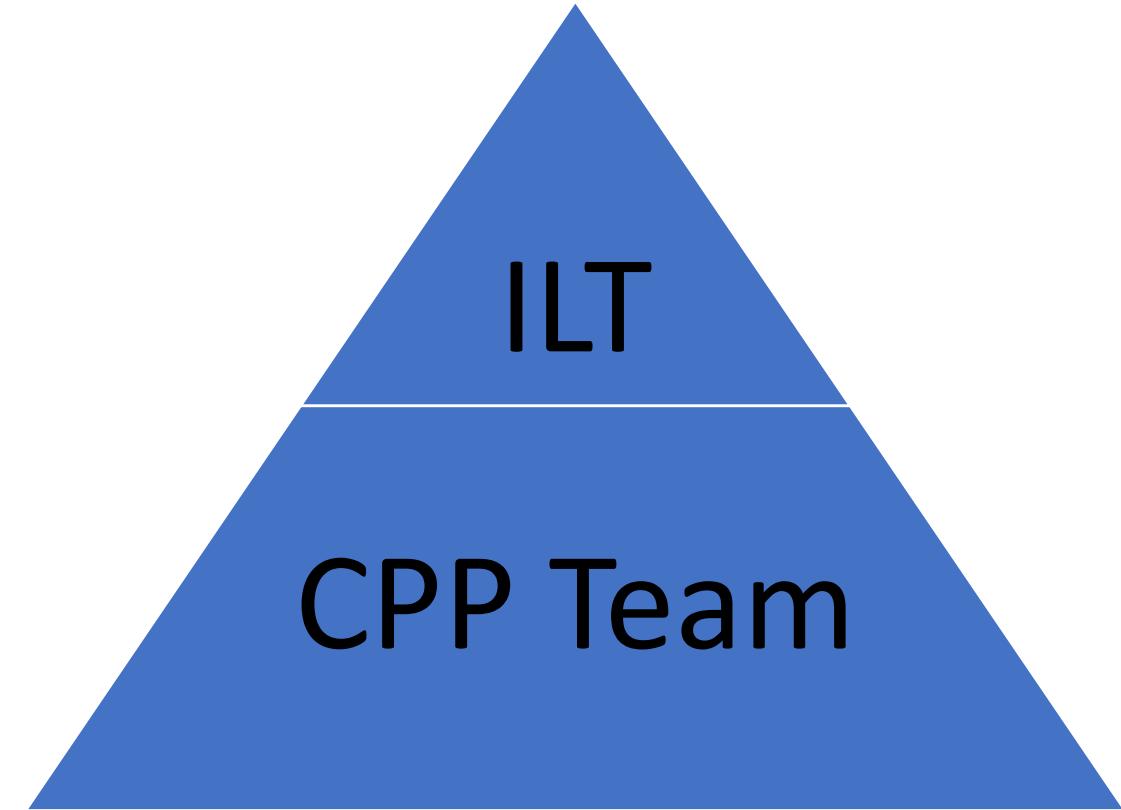
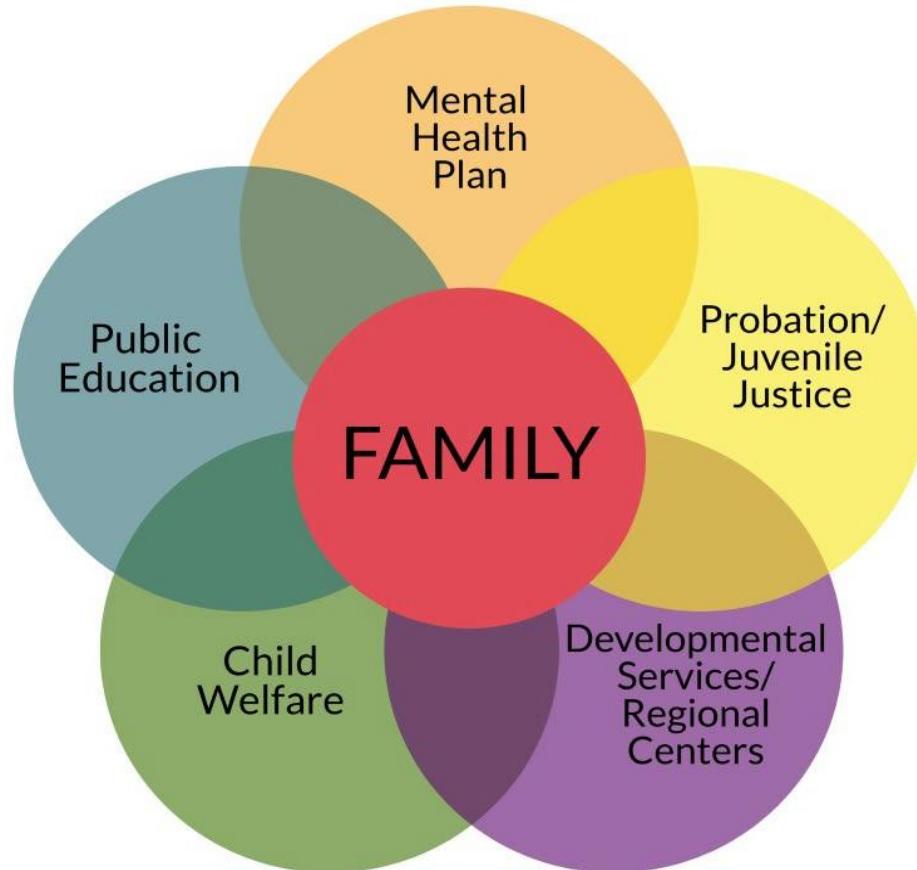


FAMILY SERVICES



# CPP and the ILT

## Governance Structure: Leverage AB 2083



**Directed by ILT and guided by CPP Team**

# CPP Charter Statement

**Purpose:** To create and oversee a countywide prevention plan which impacts the social determinants of health for our children, families, and community.

**Vision:** All children and families in Contra Costa County are supported by services and systems that are accessible, have an equitable approach, include culturally and linguistically responsive services, and celebrate all aspects of diversity.

**Mission:** To create and oversee a seamless cross-sector network that shares collective responsibility for increasing protective factors and positively impacting the quality of the social determinants of health.

# Supporting Children and Families to Strengthen Communities

More Accessible Resources



Community Pathway

- Prevention services and supports at three levels: **Primary, Secondary, and Tertiary**



Stronger Communities

- No wrong door to services
- Resources available to families where they are

- Fewer children in foster care/probation
- Improved outcomes in schools, health
- Decreased disproportionality

Motivational Interviewing - an evidence based intervention

# Prevention Levels

## Primary

Provide a safety net of supportive services that include concrete supports, navigation assistance, and advocacy services to **prevent harm before it occurs.**

## Secondary

Families who have one or more risk factors such as mental illness, parental substance abuse, domestic violence, young parental age, etc., receive in-home services to **stabilize families when at a crisis point.**

## Tertiary

Services for families involved in child welfare or probation, with an emphasis on **prevention of future harm after harm has already occurred.**

# CPP Implementation Update

## More Accessible Resources

## Community Pathway

## Motivational Interviewing

Antioch  
C.A.R.E.S

Concrete/Basic  
Needs Supports

Antioch  
C.A.R.E.S

51 cross sector  
service providers  
trained in 2024  
and 2025

5 Cross Sector  
Motivational  
Interviewing  
Trainers

Community Provider  
for Prevention Services



Pacific  
Clinics®

CONTRA COSTA COUNTY CHILDREN AND FAMILY SERVICES

# Antioch C.A.R.E.S.

## CPP Pilot began Fall 2024

Primary

- 24-28 English speaking families, 10-16 non English speaking families
- Up to one month services
  - linkages, concrete support

Secondary

- 12-20 English speaking families, 6-12 non English speaking families
- Up to four months services
  - In home case management/parenting support, concrete supports

Tertiary

- 2-6 English speaking families, 2-4 non English speaking families
- Up to six months services
  - In home case management/parenting support, concrete supports

# Concrete Supports: A Protective Factor



CHILD ABUSE  
PREVENTION  
COUNCIL *of*  
CONTRA COSTA COUNTY



- “Nearly 85% of families investigated by child protective services have income levels below 200% of the federal poverty line”
- “If low-income families experience at least one material hardship:
  - ~ 3x higher likelihood of neglect investigation
  - ~ 4x higher likelihood of physical abuse investigation”

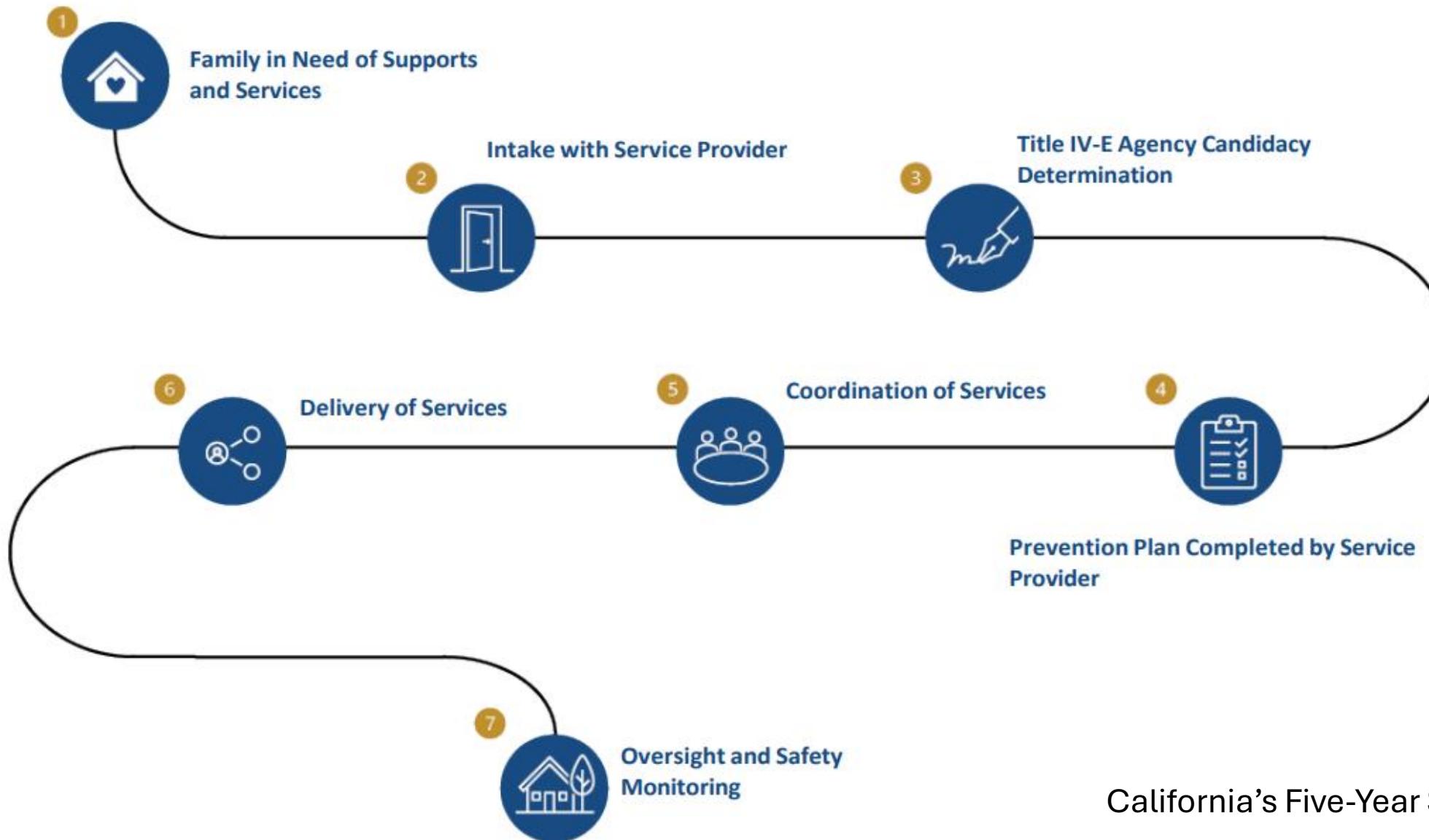
*(Child and Family Well-being System: Economic & Concrete Supports as a Core Component” Presented by Clare Anderson, MSW Senior Policy Fellow, Chapin Hall Bay Area Academy 12/14/2023)*

# Community Pathway: Upstream Prevention

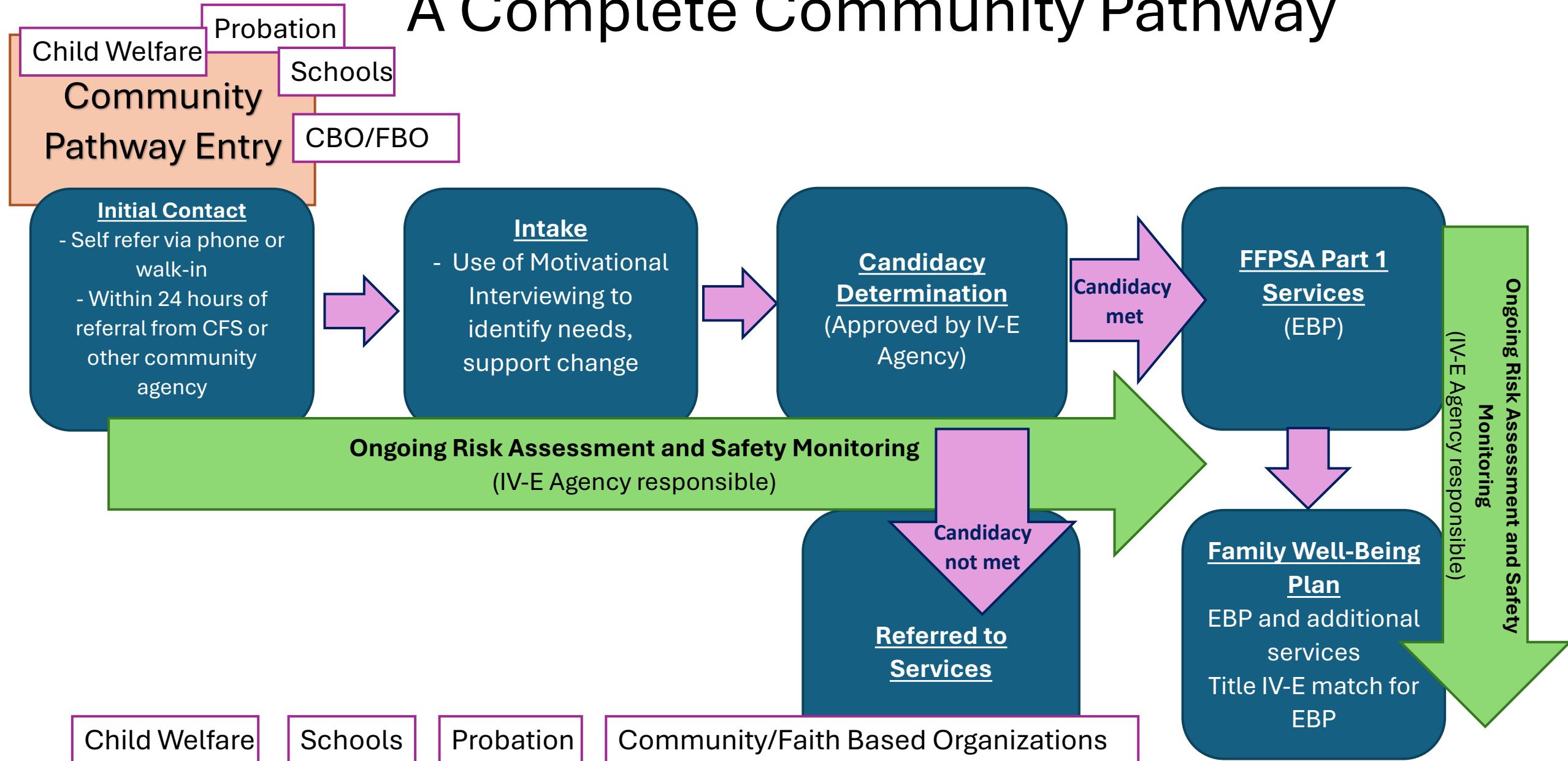
“A community pathway provides families access to community-based services before a call needs to be made to child protective services and/or when direct involvement with CFS or Probation is not warranted. A community pathway can serve to reduce racial disparities by keeping vulnerable children and families who most need supportive services out of ‘the system’ while providing needed services and monitoring safety and risk.” (Contra Costa County Comprehensive Prevention Plan, p. 38).



# The Family First Prevention Services Community Pathway



# A Complete Community Pathway



# Finding Hope Amidst Real Challenges



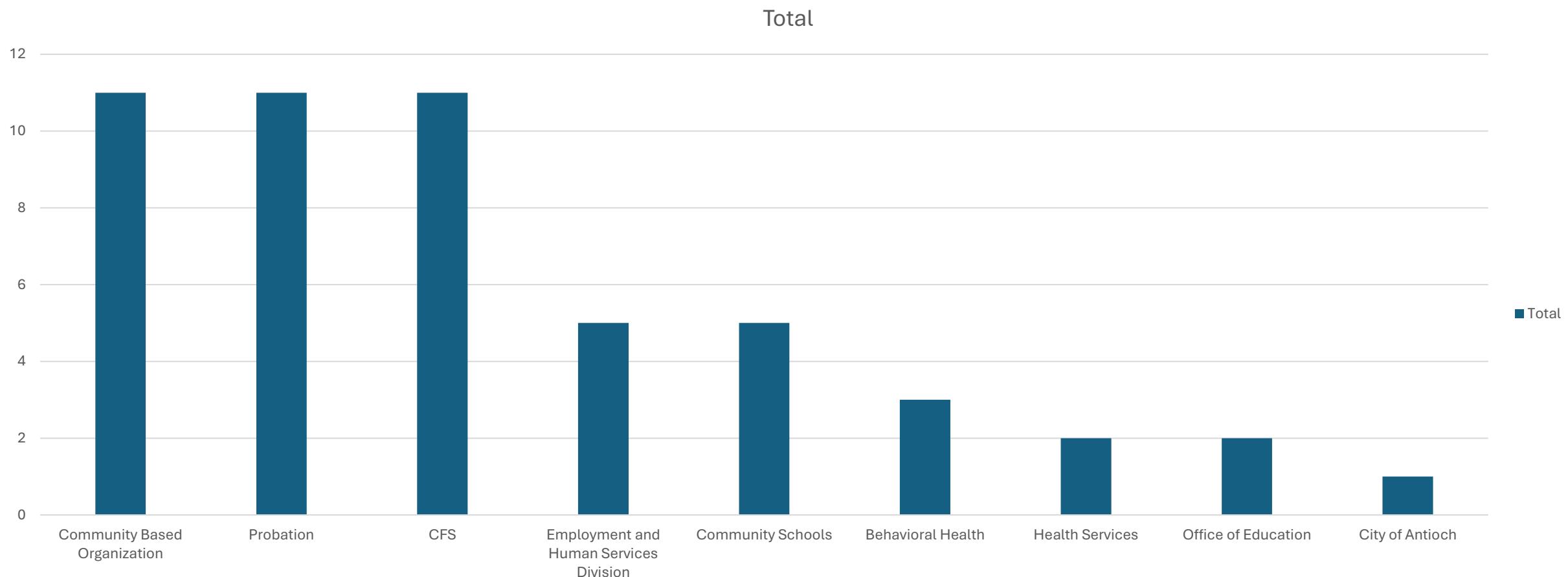
Trust      Relationships

Community Voice

Collaboration

# Motivational Interviewing Update

## 51 Service Provider Trained



# Contra Costa's Cross Sector MI Trainers



**Thenisha Riggs** – Senior Health Education Specialist, Contra Costa Health, **Lorena Martinez Castillo** – Staff Development Specialist, Admin Bureau, **Iliana Choate** – Program & Project Coordinator, Policy & Planning, **Tracey Anderson** – Senior Health Education Specialist, Contra Costa Health, **Christopher Kirkpatrick** – Substance Abuse Counselor, Behavioral Health

# What's next?

## More Accessible Resources

- Antioch CARES
- Concrete/Basic Needs Supports
- Expand the EBP Service Array
- Community Pathway to Differential Response and Family Preservation

## Evidence Based Practices

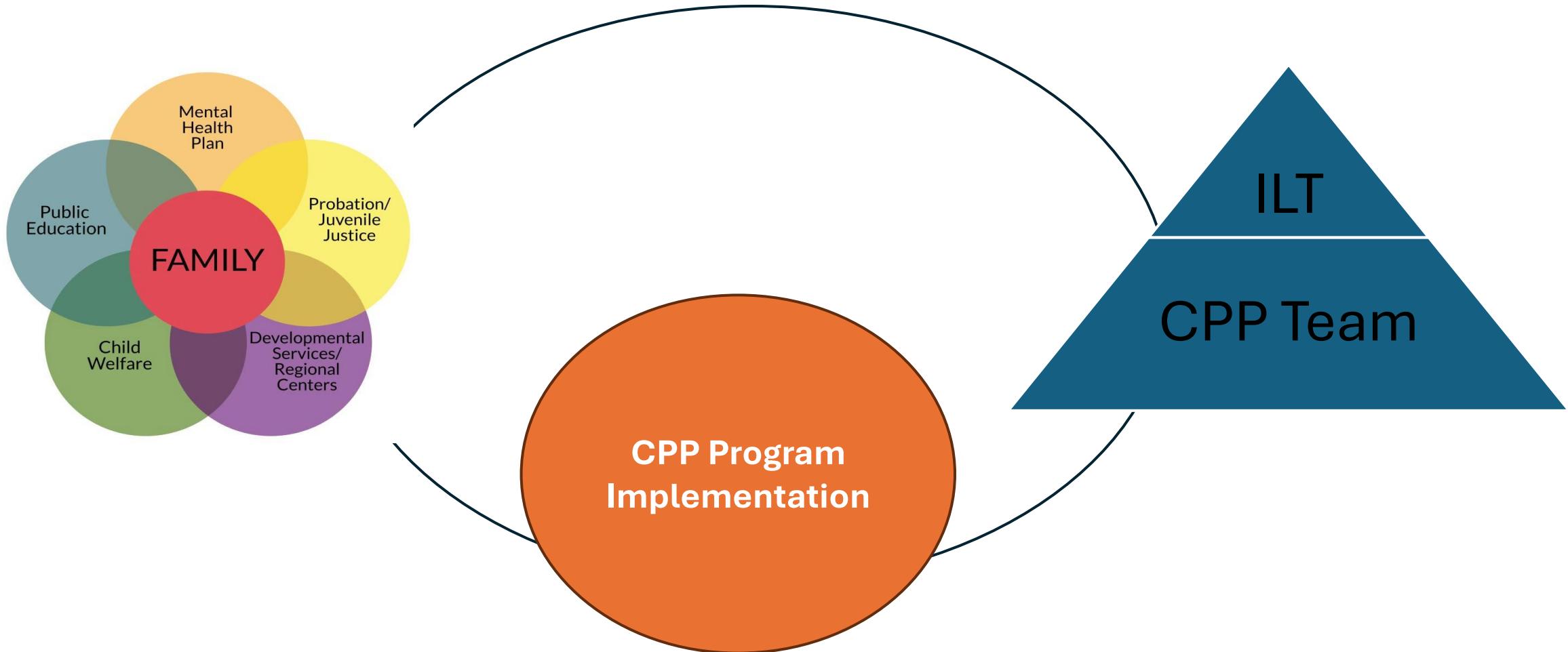
- Additional Motivational Interviewing training opportunities
- Continuous Quality Improvement and training plan
- Expand the EBP Service Array

## Community Pathway



- Leverage the CPP Team and ILT to guide, advise, and inform development and ensure sustainability**
- Antioch CARES
- Community Pathway to Differential Response and Family Preservation Services

# Planning, Implementation, and a Feedback Loop



**What is your/your  
organization's role in  
Prevention? In Community  
Supporting?**

# We Want your Input! Join Us!

**Ana Kaye**

[kayea@ehsd.cccounty.us](mailto:kayea@ehsd.cccounty.us)

# Additional Resources

[CQI-Measurement-Framework-Brief\\_Chapin-Hall.pdf](#)

[California-Family-First-Prevention-Services-Continuous-Quality-Improvement-CQI-Plan.pdf](#)

[CA-Title-IV-E-Clearinghouse-EBP-Matrix\\_v2-FINAL-Jan2023.pdf](#)

[Interagency Letter Guidance on Payer of Last Resort FFPSA](#)

# FFPSA and CPP Funding

## Time Limited Allocations

- Supports prevention services outlined in CPPs
- Must supplement *not* supplant existing services
- Can fund Primary, Secondary, and Tertiary Level Prevention

## On Going Federal Match Funds

- Available now: 50% match funds for training and administrative costs related to prevention
- Available fall 2026: 50% match funds for approved EBPs for children/families who meet candidacy (Secondary and Tertiary only)

# Expansion Options:

- Support BH in implementing an EBP(s) identified in the State's BH Integrated Plan requirements in order to focus on CPP clients and increase access to timely services.
- Support an organization that already provides one of the 10 approved EBP and wants to expand services.
- Expand current county contracts for prevention services to include an approved EBPs – Family Preservation, Differential Response, Kinship

# Approved Evidence Based Practices

- Nurse-Family Partnership
- Healthy Families America
- Parents As Teachers
- Parent-Child Interaction Therapy
- Multisystemic Therapy
- Brief Strategic Family Therapy
- Family Check-Up
- Functional Family Therapy
- Homebuilders
- Motivational Interviewing