

LOS MEDANOS HEALTH AREA CONNECTION Newsletter

WELCOME MESSAGE

Welcome to the FIRST Quarterly Edition of the Los Medanos Health Area Connection Newsletter. This newsletter is a space to stay connected, share program and fiscal updates, and highlight the incredible work happening across our community. From program updates to partner spotlights, we hope this issue keeps you informed and inspired.

THE LOS MEDANOS HEALTH AREA (LMHA) PROGRAM

The Los Medanos Health Area (LMHA) Program operates under the oversight of Contra Costa Health's (CCH) Public Health Department, which manages contracting, compliance, fiscal oversight, and program monitoring and support to its grantees.

LMHA supports the Pittsburg, Bay Point, and Clyde communities, as well as portions of Antioch and Concord, by funding and coordinating local health initiatives that strengthen access to care, promote wellness, and reduce health disparities. Through investments in health education, prevention programs, youth wellness activities, and community-based services, LMHA works to ensure residents have the support they need to stay healthy and thriving. The program's work is built on a long history of community commitment, dating back more than two decades to its beginnings as the Los Medanos Community Healthcare District. Although the program is now administered through Contra Costa Health's Public Health department, its core mission remains the same: to improve the health and well-being of local residents through responsive, community-driven programs.

THE LMHA OPERATIONS & ADVISORY COMMITTEES

The LMHA Program's guidance is provided by the Los Medanos Health Advisory Committee (LMHAC), made up of representatives from the City of Pittsburg, the Bay Point Municipal Advisory Council (MAC), Contra Costa Behavioral Health, Public Health, and local residents.

The LMHAC reviews community needs and develops funding recommendations, which are then forwarded to the Los Medanos Healthcare Operations Committee (LMHOC), chaired by District5 Supervisor Shanelle Scales-Preston and District4 Supervisor Ken Carlson, who submit final recommendations to the Contra Costa County Board of Supervisors.

CCH Public Health staff support both committees by preparing materials, coordinating meetings, and ensuring approved recommendations move into action. This structure provides clear oversight and coordinated follow-through.

COMMITTEE STAFF

Our LMHA Program and Committee staff are dedicated professionals committed to advancing our programming and supporting the communities we serve. Our team is excited to work alongside partners to move this work forward.

For more information or questions , please get in touch with us at: LosMedanosGrants@cchealth.org

Denise Milosevich - Program Manager
Tamera Owens - Finance Manager
Diana Aleman - Program Coordinator

Meet Our Los Medanos Grantees 2026-27

The LMHA Program is proud to support 26 agencies this year, each contributing to one or more of our Priority Health Areas.

Our partners are expanding access to healthcare through clinics, promotora programs, and school-based services; strengthening mental health support with education, healing programs, and crisis response; and promoting chronic disease prevention through nutrition, food distribution, and wellness initiatives.

Several agencies are also providing direct services to unhoused residents, while others focus on substance use awareness and early intervention. Together, these organizations play a vital role in improving health and wellbeing across Pittsburg, Bay Point, Clyde, and parts of Antioch and Concord.



- 18 Reasons
- Bridge Builders to the New Generation
- Center for Human Development
- City of Pittsburg - Senior Center
- City of Pittsburg - Twilight Hoops
- Contra Costa Family Justice Center
- Cypress Resilience Project
- Dentist On Wheels
- Family Harvest Farm
- Food Bank of Contra Costa & Solano
- Full Circle of Choices
- Healthy Hearts
- Her Story is Mine
- Hijas del Campo
- John Muir Health
- Loaves & Fishes of Contra Costa
- Monument Impact
- Mt. Diablo Unified School District
- NAMI Contra Costa
- Opportunity Junction
- People Who Care Children Association
- St. Vincent de Paul - RotaCare
- St. Vincent de Paul - Food Pantry
- Stand for Families Free of Violence - Violence intervention & Prevention at Pittsburg High School
- Stand for Families Free of Violence - Nonviolence program Breaking the cycle of domestic violence
- The Bay Compassion
- Ujima Family Services
- United Latino Voices
- White Pony Express

SPOTLIGHT PROGRAM

ATTENTION 2025-27 LMHA GRANTEEES:

Your organization is invited to be featured in our newsletter. If interested, please email us a program highlight along with photos. You are also welcome to share your work in person at an upcoming LMHAC meeting.

LMHAC meetings are held on the second Tuesday of each month at the Los Medanos Conference room: 2311 Loveridge Rd, Pittsburg, CA 94565, beginning at 5 PM.



Program News & Reminders

LMHA PROGRAM NEWS

All contracts for the 25-27 LMHA Program have now been fully ratified, and grantees have officially begun rolling out their programming across the Los Medanos Health area.

Throughout the month, you'll see activities, services, and community health initiatives ramping up as these programs launch.

As implementation gets underway, we'll share more details and updates as programs become active in the community.

UPDATE: Please keep our reporting milestones in mind. These reports help us track progress, celebrate accomplishments, and ensure continued support for your work. Thank you in advance for submitting them on time.

- **Mid-Year Report** (Jan 1 – Jun 30) – Due July 15, 2026
- **Year-End Report** (Jul 1 – Dec 31) – Due January 15, 2027
- **25-27 Grantee Poster Showcase** - TBD



LMHA FISCAL INVOICING REMINDERS

ATTENTION LMHA Grantees: The program has begun delivering services. Please remember to submit your monthly invoice packets. Invoices are due on the **5th of each month** unless you have received a formally approved extension.

Agencies may retro-bill for activities completed during the previous quarter. If you have any questions or need support with any part of the invoicing process, please feel free to reach out for assistance.

UPCOMING COMMUNITY EVENTS

Annual Health Fair Appreciation Day

Location: Pittsburg Senior Center
300 Presidio Ln Pittsburg
When: Saturday, May 9th, 2026
Time: 10 AM - 2PM

NAMI Contra Costa Together Against Mental Health Stigma

Location: Todos Santos Plaza
2175 Willow Pass Rd, Concord
When: Wednesday, May 13th, 2026
Time: 11 AM - 3 PM

Thrive Thursdays

Location: Nicholl Park
3230 Macdonald Ave, Richmond
When: Thursday, May 28th
(Every Thursday until August 6th)
Time: 6 PM

It's Time to Read Community Event

Location: Contra Costa Library
80 Power Ave, Pittsburg
When: Saturday, May 9th, 2026
Time: 12 PM - 3PM

Community Health Fair

Location: Delta Bay Community Church
1020 East Tregallas Rd, Antioch
When: Saturday, May 30th, 2026
Time: 10 AM - 2 PM

PUSD Child Nutrition Summer Meal Program Kick-Off

Location: Black Diamond High
1131 Stoneman Ave, Pittsburg
When: Friday, June 5th, 2026
Time: 11:30 AM - 1:30 PM