

The Board of Supervisors of Contra Costa County, California

**In the matter of: Proclaiming January 2026 as
Stalking Awareness Month in Contra Costa
County.**

Resolution No. 2026-24

WHEREAS, since 2004, January marks National Stalking Awareness Month, a critical time to recognize and respond to the serious, traumatic, and dangerous victimization of stalking, characterized by intrusive, persistent, and often obsessive pursuit behaviors; and

WHEREAS, the theme of this year's National Stalking Awareness Month is "KNOW IT, NAME IT, AND STOP IT," emphasizing the collective responsibility of advocacy and support services, legal systems, victims, survivors, their friends, and family to recognize and address stalking; and

WHEREAS, stalking encompasses a wide range of behaviors and is generally defined as a pattern of behavior directed at a specific person that would cause a reasonable person to feel fear or emotional distress, with common tactics including unwanted calls, texts, emails, messages, uninvited visits, spreading rumors, and following or watching the victim; and

WHEREAS, according to the Centers for Disease Control and Prevention, nearly 1 in 3 women and 1 in 6 men in the United States experience stalking in their lifetimes. As per the Stalking Prevention and Awareness Resource Center, stalking is one of the top ten risk factors for intimate partner homicide increasing the risk by three times; and

WHEREAS, survivors of stalking often suffer from anxiety, social dysfunction, severe depression, loss of work time, and may even be forced to relocate, underscoring the need for better recognition and response to this crime; and

WHEREAS, stalking often intersects with other forms of interpersonal violence, including domestic violence, sexual assault, human trafficking, and elder abuse; and our County provides support for stalking survivors through community-based organizations such as the Family Justice Center (510-974-7200) for all forms of stalking, STAND! For Families Free of Violence Crisis Line (1-888-215-5555) for stalking involving domestic violence, and Community Violence Solutions Crisis Hotline (1-800-670-7273) for stalking involving sexual assault and/or human trafficking; and

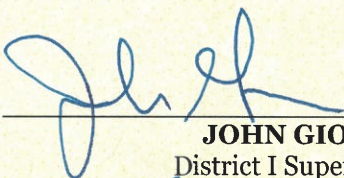
NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of Contra Costa County does hereby proclaims January 2026 as *National Stalking Awareness Month* in Contra Costa County and urges all residents to learn more about stalking, support victims, and promote awareness to prevent this crime.

PASSED by a unanimous vote of the Board of Supervisors members present this 20th day of January 2026.



DIANE BURGIS

Chair,
District III Supervisor



JOHN GIOIA

District I Supervisor



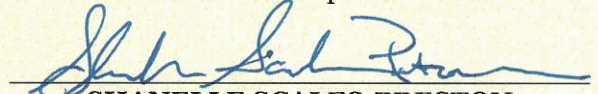
KEN CARLSON

District IV Supervisor



CANDACE ANDERSEN

District II Supervisor



SHANELLE SCALES-PRESTON

District V Supervisor

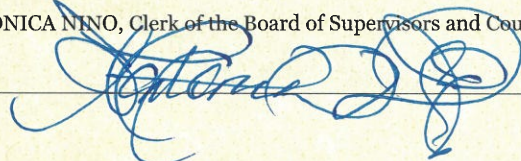


I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown:

ATTESTED: January 20, 2026

MONICA NINO, Clerk of the Board of Supervisors and County Administrator

By



, Deputy