# FACT Mid-Year Report Recommended Format July 1, 2024 – December 31, 2024

### **GENERAL INFORMATION**

1. Agency Name: UJIMA FAMILY RECOVERY SERVICES

2. FACT Program Name: Family Wellness Program (KIDS Group)

3. Report completed by:

Name: Dei'Ja Jackson & Gail Rigelhaupt

Title: Counselor/Kids Group Coordinator & Clinical Director

4. Date submitted: February 20, 2025

### SERVICES PROVIDED AND ACTIVITIES CONDUCTED

FACT Services Provided and Activities Conducted				
Comice Delivery Cools				
Service Delivery Goals - Objectives as outlined in contract	Service Delivery Results - Progress To Date			
A. Provide Parenting Education/Child	- regress to Bate			
Development Group sessions to at least				
50 at-risk, marginalized, and/or	43% OF GOAL COMPLETED			
underserved parents, at three (3) of				
Contractor s treatment sites. The				
contractor will provide 120 weekly				
sessions per year with each session				
lasting 30 to 90 minutes. The Parenting				
Education/Child Development Groups will				
teach appropriate parenting skills,				
landmarks of normal child development				
and address complex issues and multiple				
stressors related to SUD and family	ZOOM / IN PERSON			
violence.				

B. Provide to at least 50 women, at two of Contractor's residential treatment sites, a six (6) to eight (8)-week long Domestic Violence Intervention, Prevention and Coping program to address the effects of family violence on women, children, and families. by building resilience, providing tools and strategies to keep themselves and their children safe.	100% OF GOAL COMPLETED  ZOOM / IN PERSON
C. Provide at least 250 Mental Health/Special Needs Counseling Sessions to at least 25 children, adults, and/or families with each session lasting 30 to 90 minutes.	75% OF GOAL COMPLETED
	ZOOM / IN PERSON
D. Provide 6 events, 1-2 hours in length, for at least 25 families through the FWP to bring families together to meet and interact with each other in a relaxed, supportive way. inclusive community of peers where families can strengthen	99% OF GOAL COMPLETED  ZOOM / IN PERSON
social connections and/or counseling.	
E. Provide at least 100 after-school groups, and/or field trips to at least 43 children and teens at risk. The 60-minute group sessions and/or 2- to 4-hour field	108% OF GOAL COMPLETED
trips will be cultural, educational, and recreational to help children experiencing social isolation because of poverty and family addiction. The afterschool groups	ZOOM / IN PERSON

their "normal" to- neighborhood parks,
youth festivals, libraries, resource fairs,
and First5 centers. Offering opportunities
to navigate diverse experiences and
discuss life skills such as budgeting,
healthy eating habits, and cultivating
positive relationships through peer
support.

## NUMBER OF CHILDREN AND FAMILIES SERVED

CLIENTS BY RACE AND ETHNICITY	# Served to Date	% of Overall # Served
Caucasian	78	38%
Latino/ Hispanic	49	24%
Black or African American	48	23.3%
Asian	5	2.3%
Native American/ Alaskan Native	1	.4%
Native Hawaiian or Other Pacific Islander	2	1%
Multiracial or Biracial	27	11%
Other (describe)	0	0%
Total Clients	210	100%

FAMILIES BY AREA OF THE COUNTY	Projected # to be served under contract	# Served to Date
East County		8
Central County		102
West County		100
Total Families		210

## **NARRATIVE**

A narrative on progress towards contract outcomes, what contributed to your success, issues in meeting obligations, suggestions for improvement, and any success/individual stories that you wish to highlight. Format is up to each agency (could be charts and graphs, summarized data, narrative, etc...).

#### **FACT Mid-Year Narrative Report**

As a Kids Group counselor one of my primary goals is to foster a supportive environment that encourages our children's personal growth, community connection, and the development of healthy healing strategies. Engaging participants in regular outings plays a crucial role in their emotional and social development, offering opportunities to build self-esteem, trust, and positive peer relationships outside of the structured setting of our program and school.

Our most recent outing at the local library served as an excellent example of how these activities contribute to both individual well-being and group cohesion. During this event, we created parade floats as a group project. This hands-on activity not only promoted teamwork and creativity but also provided a very fun, engaging environment for the children to express themselves in a constructive way. The process of working together to design and build the floats allowed for natural conversations and bonds to form, reinforcing the supportive network that is so essential in healing.

Additionally, we celebrated cultural diversity through a Lunar New Year craft activity. This provided a platform for the kids to learn about and appreciate different traditions, fostering a sense of pride and inclusion. By celebrating our various cultures, we not only highlighted the value of diversity but also encouraged participants to reflect on their own identities, which is an important part of developing a healthy sense of SELF.

Incorporating these cultural and creative elements into our outings is not only a fun way to engage the children but also supports the program's broader goals of prevention. Positive experiences such as these, help build resilience, reduce stress, and encourage personal expression which contributes to reducing the likelihood of self-harm.

Continued outings are vital for the ongoing success of our program. They create a space for personal growth, promote positive peer interactions, and encourage participants to engage in healthy, creative activities that foster resilience and a deeper connection to themselves and their community.

By maintaining a balance of fun, education, and emotional support, we can continue to guide our children in Kids Group toward a brighter, healthier future.

Thank you so much for your continued support. Together we make it happen for the children and families we serve in Contra Costa communities.