



# CONTRA COSTA COUNTY

## Committee Meeting Minutes - Draft

### Advisory Council on Aging

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Wednesday, January 15, 2025

10:00 AM

500 Ellinwood Way, Pleasant Hill  
Boardroom

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#### General Meeting

| **Link:** | [https://cccounty-us.zoom.us/j/89014040093?](https://cccounty-us.zoom.us/j/89014040093?pwd=bng3eqDmqbvHLB6wYUsOMaMrKgnvTZ.1)

**pwd=bng3eqDmqbvHLB6wYUsOMaMrKgnvTZ.1 | Password: 484165 | Dial-in: 214 765 0478 or 8882780254 (US Toll Free) | Conference code: 698779 | ID:890 1404 0093 |**

#### PUBLIC ACCESS INSTRUCTIONS:

The public may attend this meeting in person at the posted locations. The public also may attend this meeting remotely via Zoom or call-in. Login information and call-in information is provided above. Remote attendance of this meeting is being held at the following locations: 165 Natalie Dr. Moraga; 2339 Magnolia Bridge Dr. San Ramon; 2950 Buskirk Ave. Suite 330 Walnut Creek; 200 Sea View Drive, El Cerrito

10:00 Call to Order/ Introductions: Jim Donnelly, ACOA President  
Meeting was called to order at 10:07 am.

10:01 Roll Call

#### **Present**

Francisco Benavides, Roger Boaz, Cate Burkhart, Deborah Card, James Donnelly, Kevin Donovan, Marilyn Fowler, Alan Goldhammer, Michelle Hayes, Denise Kalm, Carol Kehoe, Jill Kleiner, Shirley Krohn, Thomas Lang, Steve Lipson, Nicola Lopez, Lori Magistrado, Kathryn Monroy-Dexter, Richard Morisky, Brian O'Toole, Julie Ortega, Logan Robertson, Sharon Sakai-Miller, Lorna Van Ackeren, Michael Wener, and Dennis Yee

#### **Absent**

Eric Britz, Candace Evans, and Terri Tobey

10:05 Approval of December 2024 minutes

GEN 12.18.24 Draft Minutes

[25-176](#)

#### **Attachments:**

[GEN 12.18.24 Draft Minutes](#)

#### **Motion:**

**Kalm**

#### **Second:**

**Van Ackeren**

**Aye:** Benavides, Boaz, Burkhart, Card, Donnelly, Donovan, Fowler, Goldhammer, Hayes, Kalm, Kehoe, Kleiner, Krohn, Lang, Lipson, Lopez, Magistrado, Monroy-Dexter, Morisky, O'Toole, Ortega, Robertson, Sakai-Miller, Van Ackeren, Wener, and Yee

**Absent:** Britz, Evans, and Tobey

**Result:** Passed

10:10 Area Agency on Aging Report: Tracy Murray, director, Aging and Adult Services  
Director Murray made a presentation on the Local Master Plan for Aging.  
The AAA Management Team Introduced themselves.

Master Plan on Aging Advisory Council on Aging PPT [25-177](#)

**Attachments:** [Master Plan on Aging Advisory Council on Aging PPT](#)

10:35 ACOA Member Introductions: All  
ACOA Executive Committee members introduced themselves. Other ACOA members will introduce themselves at the February ACOA meeting.

10:50 ACOA President's Report: Jim Donnelly  
Funding this year may be challenging. ACOA members should advocate/educate for our seniors/adults with disabilities.

11:00 Break

## 11:10 Committee and Workgroup Reports: Chairs

Membership: Julie Ortega/Logan Robertson  
12 vacant seats and several applicants in the pipeline.

Planning: Jill Kleiner  
Thank you to Committee members who assisted with RFP Review Panels.

Health & Elder Abuse Prevention: Terri Tobey/Michael Wener  
Tom Lang presented on osteoporosis and osteopenia.

Housing: Kevin Donovan  
At the January meeting, Joseph Villarreal, Executive Director, Contra Costa Housing Authority provided a presentation covering a number of affordable housing types the Housing Authority is involved with and the need for additional funding to address the housing shortage.

No Place to Call Home has been presented to 9 groups. The Committee's goal is to present this presentation throughout the County.

Our February meeting will be held on Monday, February 24, 2025 from 10 am to noon. The focus of this meeting will be to discuss 2025 areas of interest relative to both discussion topics and potential presenters.

Legislative: Shirley Krohn  
California Senior Legislature is working on senior issues.

Technology: Steve Lipson  
The Committee discussed AI software.

Transportation: Jim for Candace Evans  
Seamless Bay Area, who advocate for Bay Area wide transportation system, will make a presentation at the next meeting.

11:25 City Report Brentwood: Eric Britz  
Eric Britz was absent.

City Report Martinez: Kathryn Monroy-Dexter  
Martinez Senior Center offers fitness, creative arts, senior nutrition, events, community partnership.

Health Equity Summit Update: Lorna Van Ackeren  
Lorna attended the Scan Foundation Health Equity in September.

## 11:30 Regional Coalition Update: Debbie Toth

The Regional Coalitions are focused on implementing Master Plan for Aging and incorporating the voice of lived experience.

They are also working to design a program for new legislative staff on Aging and Disability issues.

## 11:45 Consent Item: None

## 11:46 Public Comment/Announcements:

Marilyn: Concord Senior Center Sock Hop scholarship Fundraiser - Sat, March 15, 2025 from 4pm - 7 pm.

May 6, 2025 - virtual Senior Rally Day.

May 2, 2025 - Pleasant Hill Senior Center - Live Laugh Learn Love.

Proactive Planning for Aging in Pleasant Hill, Thurs, February 20, 2025 from 1:30pm -3pm.

Richmond Commission on Aging developing a transportation workshop (details to come)

Mobility Matters - fundraiser on Feb 1, 2025, Campbell Theater in Martinez.

Jim's goals for the ACOA over the next couple of years:

Educational Workshops for the public.

Website updated to include info about work of the committees.

All ACOA seats filled.

ACOA proud of what we accomplished.

Debbie C.: more of us involved on front lines in community

New Business for next meeting: Wednesday, February 19, 2025

12:00 Adjourn: Jim adjourned the meeting at 11:50 am.

The Council will provide reasonable accommodations for persons with disabilities planning to attend the Council meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Council less than 96 hours prior to that meeting are available for public inspection at 500 Ellinwood Way, Pleasant Hill, attention Alicia Espinoza during normal business hours. Staff reports related to items on the agenda are also accessible online at [www.contracosta.ca.gov](http://www.contracosta.ca.gov). Public comment may be submitted via electronic mail on agenda items at least one full workday prior to the published meeting time.

For additional information contact: Alicia Espinoza (925) 655-0771 or [aespinoza@ehsd.cccounty.us](mailto:aespinoza@ehsd.cccounty.us)

**HOW TO PROVIDE PUBLIC COMMENT:**

Persons who wish to address the Advisory Council on Aging during public comment on matters within the jurisdiction of the Council that are not on the agenda, or who wish to comment with respect to an item on the agenda, may comment in person, via Zoom, or via call-in. Those participating in person should speak when called upon by the chair. Those participating via Zoom should indicate they wish to speak by using the “raise your hand” feature in the Zoom app. Those calling in should indicate they wish to speak by pushing \* 9 on their phone. All public comments will be limited to 2 minutes per speaker.

The Contra Costa County Advisory Council on Aging is appointed by the Board of Supervisors to advise the Area Agency on Aging on all matters related to the development and administration of the annual Area Agency Plan and operations conducted thereunder, in accordance with mandates from the Older Americans Act. Any comments or recommendations made by the Council or its individual members do not represent the official position of the County or any of its officers.

DRAFT