# Contra Costa County's Comprehensive Prevention Plan Implementation Updates

Juvenile Justice Coordinating Council
October 2025

# Family First Prevention Services Act (FFPSA) Part I

2018 Bipartisan Budget Act



2021 State Assembly Bill 153

Comprehensive Prevention Plan (CPP)

2023 Contra Costa County Plan approved





# **CPP Planning Team Partners**























**ECCCA** 



Regional Center of the East Bay

















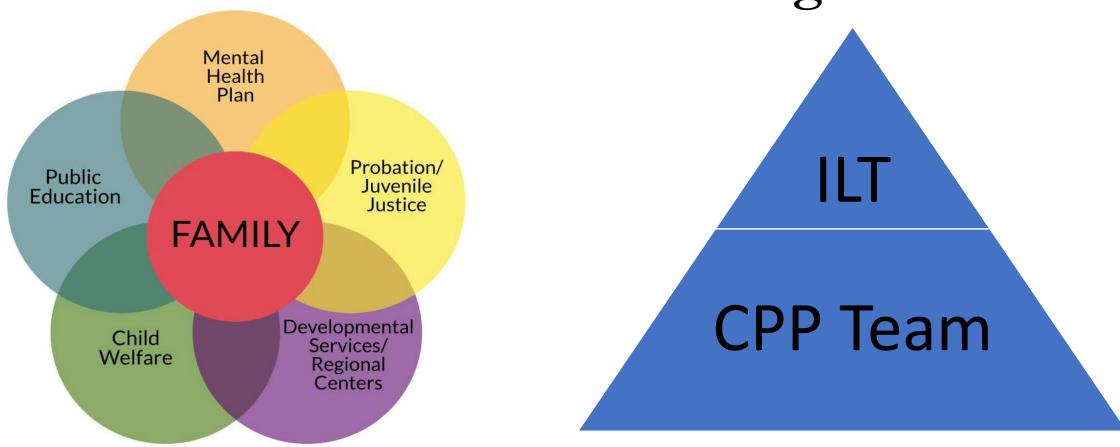
Pacific Clinics







# CPP and the ILT Governance Structure: Leverage AB 2083



Directed by ILT and guided by CPP Team

CONTRA COSTA COUNTY COMPREHENSIVE PREVENTION PLAN

#### **CPP** Charter Statement

**Purpose:** To create and oversee a countywide prevention plan which impacts the social determinants of health for our children, families, and community.

**Vision:** All children and families in Contra Costa County are supported by services and systems that are accessible, have an equitable approach, include culturally and linguistically responsive services, and celebrate all aspects of diversity.

**Mission:** To create and oversee a seamless cross-sector network that shares collective responsibility for increasing protective factors and positively impacting the quality of the social determinants of health.

#### CONTRA COSTA COUNTY CHILDREN AND FAMILY SERVICES

# Supporting Children and Families to Strengthen Communities

#### More Accessible Resources

 Prevention services and supports at three levels: Primary,
 Secondary, and
 Tertiary

# Community Pathway

- No wrong door to services
- Resources available to families where they are

# Stronger Communities

- Fewer children in foster care/probation
- Improved outcomes in schools, health
- Decreased disproportionality

Motivational Interviewing - an evidence based intervention

#### **Prevention Levels**

#### **Primary**

Provide a safety net of supportive services that include concrete supports, navigation assistance, and advocacy services to prevent harm before it occurs.

#### Secondary

Families who have one or more risk factors such as mental illness, parental substance abuse, domestic violence, young parental age, etc., receive inhome services to stabilize families when at a crisis point.

#### **Tertiary**

Services for families involved in child welfare or probation, with an emphasis on prevention of future harm after harm has already occurred.

### **CPP** Implementation Update

More Accessible Resources

Antioch C.A.R.E.S

Concrete/Basic Needs Supports Community Pathway

Antioch C.A.R.E.S

Motivational Interviewing

51 cross sector service providers trained in 2024 and 2025

5 Cross Sector Motivational Interviewing Trainers





CONTRA COSTA COUNTY CHILDREN AND FAMILY SERVICES

# Antioch C.A.R.E.S. CPP Pilot began Fall 2024

- Primary
- 24-28 English speaking families, 10-16 non English speaking families
- Up to one month services
  - linkages, concrete support

- Secondary
- 12-20 English speaking families, 6-12 non English speaking families
- Up to four months services
  - In home case management/parenting support, concrete supports

- **Tertiary**
- 2-6 English speaking families, 2-4 non English speaking families
- Up to six months services
  - In home case management/parenting support, concrete supports

### Concrete Supports: A Protective Factor







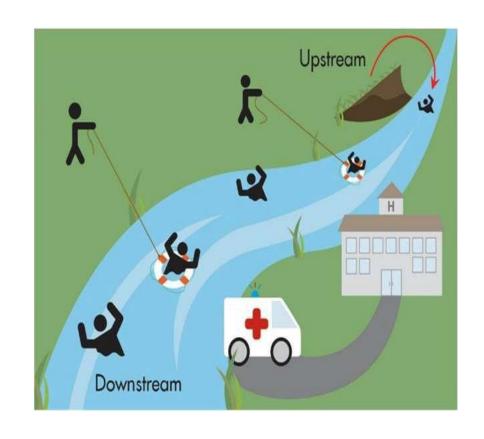


- "Nearly 85% of families investigated by child protective services have income levels below 200% of the federal poverty line"
- "If low-income families experience at least one material hardship:
  - ~ 3x higher likelihood of neglect investigation
  - ~ 4x higher likelihood of physical abuse investigation"

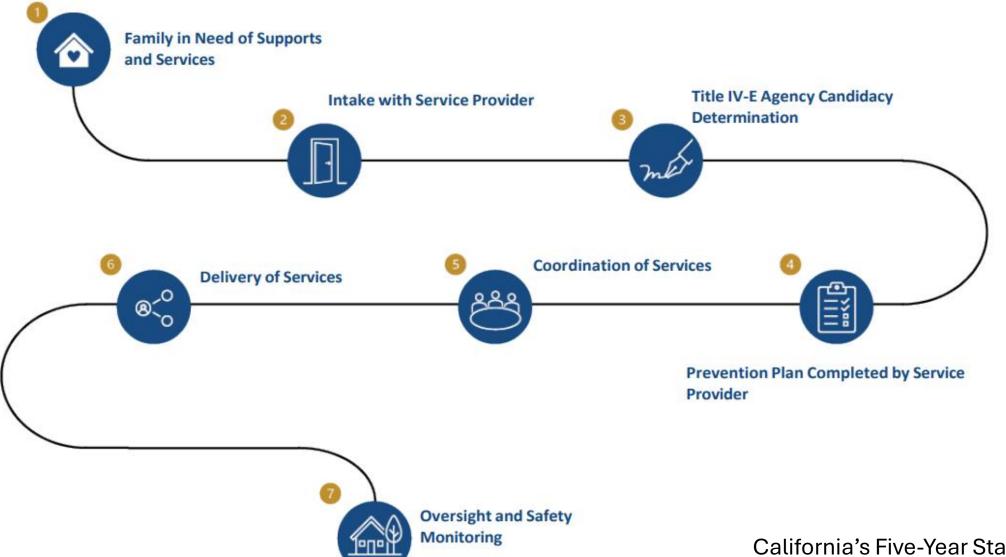
(Child and Family Well-being System: Economic & Concrete Supports as a Core Component" Presented by Clare Anderson, MSW Senior Policy Fellow, Chapin Hall Bay Area Academy 12/14/2023)

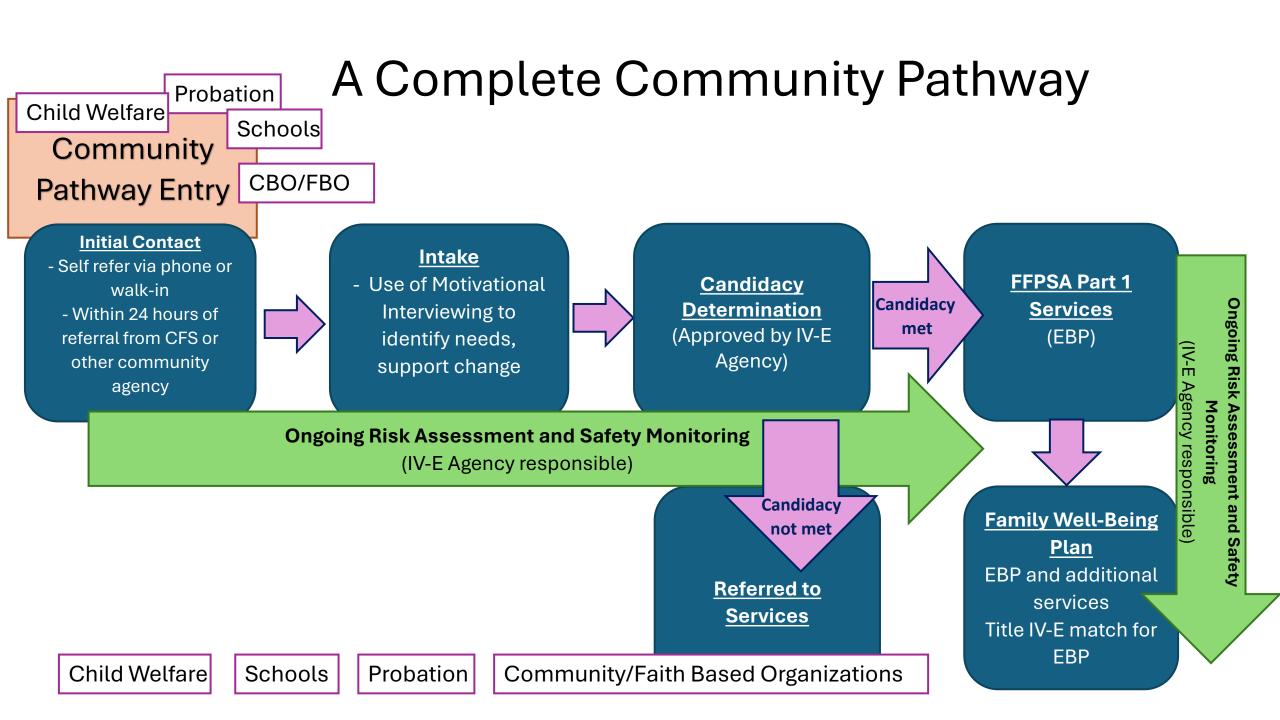
### **Community Pathway: Upstream Prevention**

"A community pathway provides families access to community-based services before a call needs to be made to child protective services and/or when direct involvement with CFS or Probation is not warranted. A community pathway can serve to reduce racial disparities by keeping vulnerable children and families who most need supportive services out of 'the system' while providing needed services and monitoring safety and risk." (Contra Costa County Comprehensive Prevention Plan, p. 38).



# The Family First Prevention Services Community Pathway





# Finding Hope Amidst Real Challenges



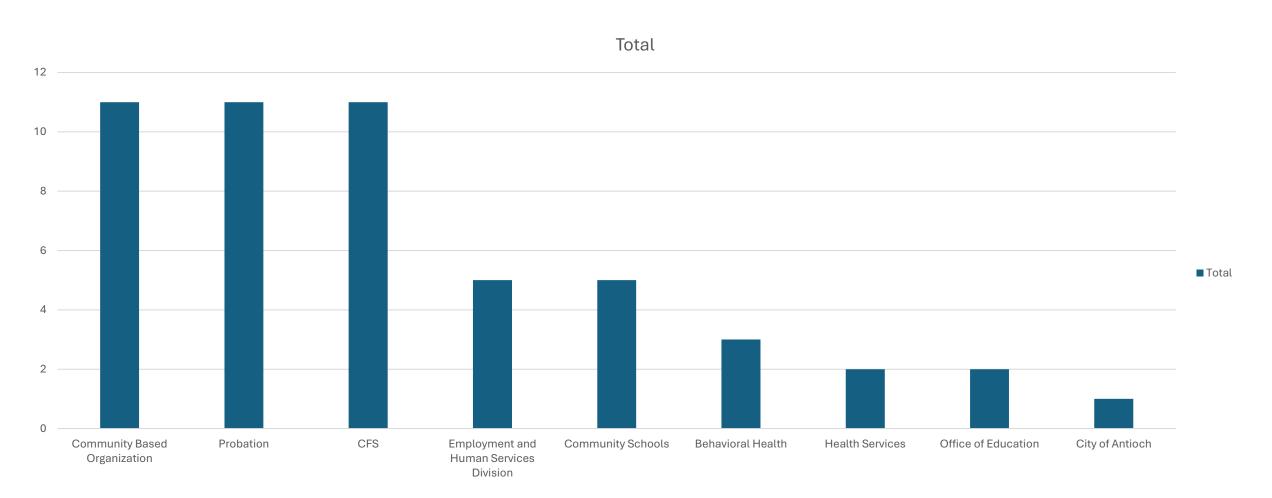
Trust Relationships

Community Voice

Collaboration

### Motivational Interviewing Update

#### 51 Service Provider Trained



#### **Contra Costa's Cross Sector MI Trainers**



**Thenisha Riggs** – Senior Health Education Specialist, Contra Costa Health, **Lorena Martinez Castillo** – Staff Development Specialist, Admin Bureau, **Iliana Choate** – Program & Project Coordinator, Policy & Planning, **Tracey Anderson** – Senior Health Education Specialist, Contra Costa Health, **Christopher Kirkpatrick** – Substance Abuse Counselor, Behavioral Health

### What's next?

More Accessible Resources Antioch CARES

Concrete/Basic Needs Supports

Expand the EBP Service Array

Community Pathway to Differential Response and Family Preservation

Evidence Based Practices Additional Motivational Interviewing training opportunities

Continuous Quality Improvement and training plan

Expand the EBP Service Array

Community Pathway

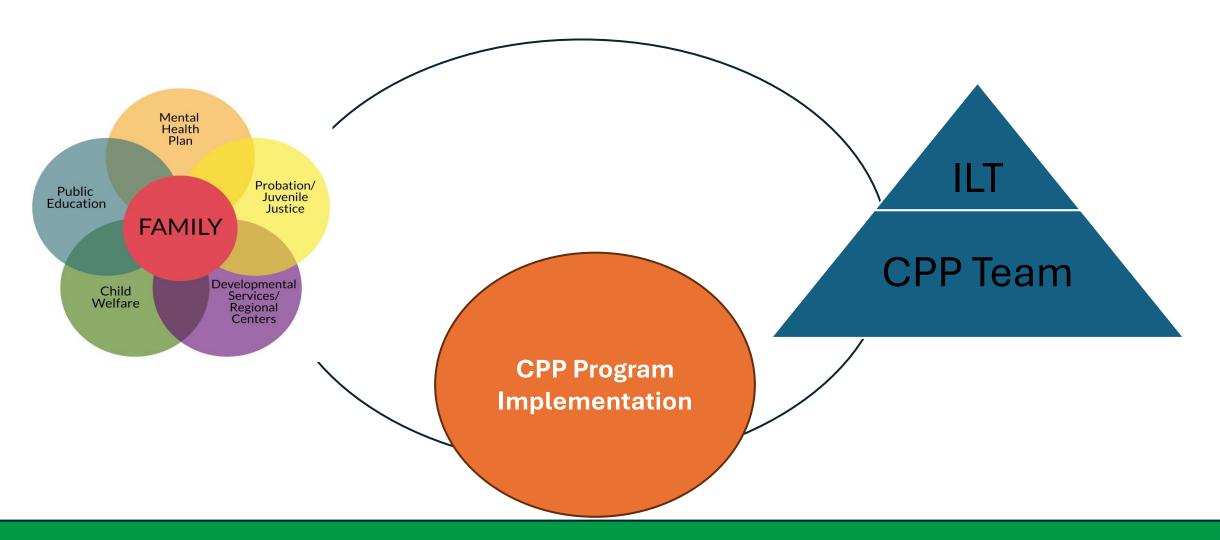
Leverage the CPP Team and ILT to guide, advise, and inform development and ensure sustainability

**Antioch CARES** 

Community Pathway to Differential Response and Family Preservation Services

CONTRA COSTA COUNTY CHILDREN AND FAMILY SERVICES

### Planning, Implementation, and a Feedback Loop



CONTRA COSTA COUNTY COMPREHENSIVE PREVENTION PLAN

# What is your/your organization's role in **Prevention? In Community** Supporting?

# We Want your Input! Join Us!

**Ana Kaye** 

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#### Additional Resources

CQI-Measurement-Framework-Brief\_Chapin-Hall.pdf

<u>California-Family-First-Prevention-Services-Continuous-Quality-Improvement-CQI-Plan.pdf</u>

CA-Title-IVE-Clearinghouse-EBP-Matrix\_v2-FINAL-Jan2023.pdf

Interagency Letter Guidance on Payer of Last Resort FFPSA

# FFPSA and CPP Funding

#### **Time Limited** Allocations

- Supports prevention services outlined in CPPs
- Must supplement not supplant existing services
- Can fund Primary, Secondary, and Tertiary Level Prevention

#### **On Going** Federal Match Funds

- Available now: 50% match funds for training and administrative costs related to prevention
- Available fall 2026: 50% match funds for approved EBPs for children/families who meet candidacy (Secondary and Tertiary only)

#### **Expansion Options:**

- Support BH in implementing an EBP(s) identified in the State's BH Integrated Plan requirements in order to focus on CPP clients and increase access to timely services.
- Support an organization that already provides one of the 10 approved EBP and wants to expand services.
- Expand current county contracts for prevention services to include an approved EBPs – Family Preservation, Differential Response, Kinship

### **Approved Evidence Based Practices**

- Nurse-Family Partnership
- Healthy Families America
- Parents As Teachers
- Parent-Child Interaction Therapy
- Multisystemic Therapy

- Brief Strategic Family Therapy
- Family Check-Up
- Functional Family Therapy
- Homebuilders
- Motivational Interviewing