

# The Board of Supervisors of Contra Costa County, California

**In the matter of: Acknowledgement of African American Mental Health Awareness Week, February 16-22, 2025, Miles Hall Day of Remembrance, February 15, 2025, & Tyrell Wilson Day of Remembrance, March 8, 2025.**

Resolution No. 2025-22

**WHEREAS**, the Contra Costa County Board of Supervisors declares February 16-22, 2025, as African American Mental Health Awareness Week; and, February 15, 2025 as Miles Hall Day of Remembrance; and, March 8, 2025 as Tyrell Wilson Day of Remembrance; and

**WHEREAS**, in the African American community there is a need to support the recovery process of peers, clients, consumers and family members impacted by mental health and substance use issues through the delivery of well-funded culturally responsive, community-defined and honoring services; including, but not limited to, the incorporation of identified spiritual and faith practices and beliefs when requested; and

**WHEREAS**, mental health and substance use issues, as well as the devastating impact of the racialized police text messages scandal in East County, continue to be traumatic experiences resulting in the continued unease and lack of well-being experienced by African Americans in this County; and

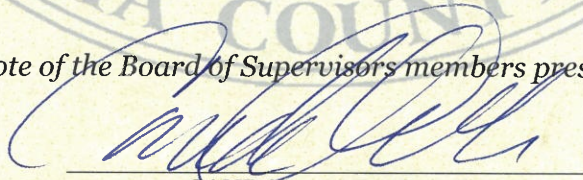
**WHEREAS**, scientific studies show when services are delivered by individuals reflective of those served and faith and spiritual practices are included as a part of the recovery plan, the peer, client, consumer along with the behavioral health system experience shorter recovery times, fewer relapses, and fewer hospitalizations; and

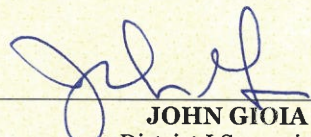
**WHEREAS**, Contra Costa Health-Behavioral Health Services and its community partners have been committed to inclusion of client voice and of employment of persons with lived experience for the last 30 years in an effort to better reflect and celebrate the cultural and racial diversity in Contra Costa County. It recognizes that for some community members, faith and spirituality play an important role in their wellness and recovery, and that community defined practices often are healing; and

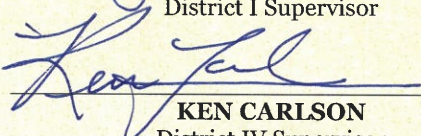
**WHEREAS**, NAMI Contra Costa, the 40 Voices Campaign, peers, clients, consumers, family members, providers, spiritual leaders, Village Keepers, Miles Hall Foundation and other African American-led organizations are working hard to support and protect families by advocating for the implementation of the African American Holistic Wellness and Resource Hub and, educating communities about mental illness and protecting those living with mental illness from unjust practices and harm by supporting the Miles Hall Community Crisis Hub and other non-police response programming; and, all interested stakeholders can participate in the February 28, 2025, Mental Health Awareness Black History Event, the Miles Hall Foundation activities, and ongoing efforts to replace misinformation about mental health, erase prejudice, fear and blame, thereby reducing stigma and disparities that negatively impact unserved, underserved and inappropriately served communities by helping restore mental health wellness, and reimagining safety for ALL in Contra Costa County; and

**NOW, THEREFORE, BE IT RESOLVED** that the Board of Supervisors of Contra Costa County does hereby proclaims February 16-22, 2025, as African American Mental Health Awareness Week, February 15, 2025, as the Miles Hall Day of Remembrance, and March 8, 2025, as Tyrell Wilson Day of Remembrance, and encourages everyone to participate in this important series of events.

*PASSED by a unanimous vote of the Board of Supervisors members present this 4<sup>th</sup> day of February 2025.*

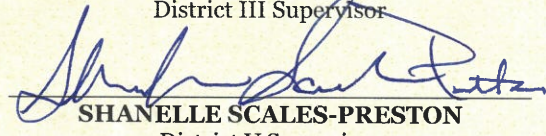
  
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**CANDACE ANDERSEN**  
Chair,  
District II Supervisor

  
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**JOHN GIOIA**  
District I Supervisor

  
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**KEN CARLSON**  
District IV Supervisor

**Absent**

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**DIANE BURGIS**  
District III Supervisor

  
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**SHANELLE SCALES-PRESTON**  
District V Supervisor



I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown:

ATTESTED: February 4, 2025

MONICA NINO, Clerk of the Board of Supervisors and County Administrator

By  , Deputy