

The Board of Supervisors of Contra Costa County, California

In the matter of: **Acknowledgement of African American Mental Health Awareness Week, during February 15-21, 2026, and Miles Hall Day of Remembrance on February 15, 2026, and Tyrell Wilson Day of Remembrance on March 8, 2026.**

Resolution No. 2026-27

WHEREAS, the Contra Costa County Board of Supervisors declares February 15-21, 2026, as African American Mental Health Awareness Week and February 15, 2026, as Miles Hall Day of Remembrance; and March 8, 2026, as Tyrell Wilson Day of Remembrance, and

WHEREAS, in the African American community there is a need to support the recovery process of peers/clients/consumers and family members impacted by mental health and substance use issues through the delivery of well-funded culturally responsive, community defined and honoring services; including but not limited to the incorporation of identified spiritual/faith practices and beliefs when requested: and

WHEREAS, mental health and substance use issues, and the devastating impact of systemic racism are among the leading causes of health challenges for African American in this County; and scientific studies show that when the services are delivered by individuals reflective of those served and faith/spiritual practices are included are embraced as a part of the recovery plan, the peer/client/partner along with the behavioral health system experience shorter recovery times, fewer relapses, and fewer hospitalizations; and

WHEREAS, Contra Costa County Behavioral Health and Provider Services in an effort to better reflect and celebrate the diverse populations of the county and has been one of the pioneering counties to heed the voice of the peer/client/partners and family members in building collaborations with various faith based/spiritual communities to explore all resources and tools that will enhance mental health wellness in the African American Community; and

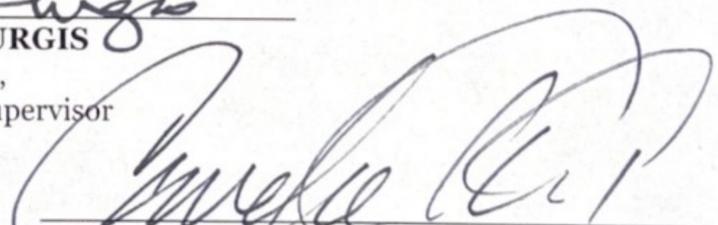
WHEREAS, NAMI Contra Costa, The 40 Voices Campaign, NAMI-CC's African American Uplift Program, peers/clients/partners, family members, providers, spiritual leaders, and The Miles Hall Foundation are working hard to support and protect families by educating communities about mental illness and by protecting those living with mental illness from unjust practices and harm by supporting the Miles Hall Community Crisis Hub and the A3 24-7 non-police response program, and all interested stakeholders can participate in the February 27th, Mental Health Awareness Black History Month Black Consciousness Event at the 40 Voices African American Holistic Wellness and Resource Hub at Delta Bay, and ongoing efforts to replace misinformation about mental health, erase prejudice, fear and blame thereby reducing stigma and disparities to unserved, underserved and inappropriately served communities by helping restore mental health wellness, and reimagining safety for ALL in Contra Costa County; and

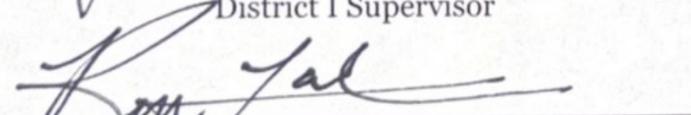
NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of Contra Costa County does hereby proclaim February 15-21, 2026, as *Acknowledgement of African American Mental Health Awareness Week* and February 15, 2026, as *the Miles Hall Day of Remembrance*, and March 8, 2026, as *Tyrell Wilson, Day of Remembrance* and encourages everyone to participate in this important cause.

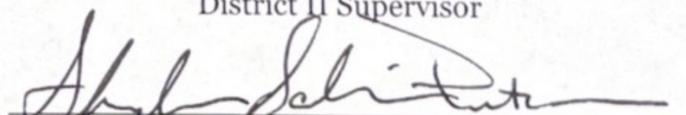
PASSED by a unanimous vote of the Board of Supervisors members present this 3rd day of February 2026.


DIANE BURGIS
Chair,
District III Supervisor


JOHN GIOIA
District I Supervisor


CANDACE ANDERSEN
District II Supervisor


KEN CARLSON
District IV Supervisor

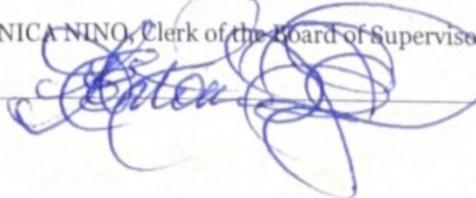

SHANELLE SCALES-PRESTON
District V Supervisor



I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown:

ATTESTED: February 3, 2026

MONICA NINO, Clerk of the Board of Supervisors and County Administrator

By  Deputy