



# CONTRA COSTA COUNTY

## Committee Meeting Minutes - Draft

### Advisory Council on Aging

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Monday, October 14, 2024

1:00 AM

400 Ellinwood, Pleasant Hill, CA  
Room 303

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#### Health Workgroup

**Link:** | <https://cccounty-us.zoom.us/j/83391942285?pwd=kC9yfbmoaeDfOeyxbXUrIbXoO7gQL.1>  
| **Password:** 983269 | **Dial-In-Number:** (214) 765-0478 | **Code:** 445291 |

#### PUBLIC ACCESS INSTRUCTIONS:

The public may attend this meeting in person at the posted locations. The public also may attend this meeting remotely via Zoom or call-in. Login information and call-in information is provided above.

1:00 Call to order by Michael Wener at 1:00 pm.

#### Roll Call

**Present** Alan Goldhammer, Brian O'Toole, Terri Tobey, and Michael Wener

**Absent** Francisco Benavides

**1:05** Approve September 2024 Minutes

[24-3241](#)

**Attachments:** [HL9.9.24Draft Minutes](#)

**A motion was made by Goldhammer, seconded by Tobey, that this item be approved.  
The motion carried by a unanimous vote.**

**Motion:** Goldhammer

**Second:** Tobey

1:10 Member Reports:

Nutrition - MOWDR - No report

County Wellness Update - No report

Medi-Cal - Brian O'Toole - Lot of misinformation/concern about the government having personal contact information.

1:30 Presentation: Kelly Miller - and Constance Cheong - Social Health and Resources Exchange (SHARE)

2:00 BREAK

2:05 Discussion: Open

2:10 Proposed workgroup name change: Removed from agenda.

2:20 Public Comment: None

2:30 Next Proposed Meeting is December 9, 2024, 1:00-2:30 PM with presentation on pain management.

Adjourn meeting at 2:30pm.

The Council will provide reasonable accommodations for persons with disabilities planning to attend the Council meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Council less than 96 hours prior to that meeting are available for public inspection at 400 Ellinwood Way, Pleasant Hill attention Cristina Ugaitafa during normal business hours. For Additional Information contact Cristina Ugaitafa at [cugaitafa@ehsd.cccounty.us](mailto:cugaitafa@ehsd.cccounty.us) or (925) 655-0775. Staff reports related to items on the agenda are also accessible online at [www.contracosta.ca.gov](http://www.contracosta.ca.gov).

#### HOW TO PROVIDE PUBLIC COMMENT:

Persons who wish to address the Advisory Council on Aging during public comment on matters within the jurisdiction of the Council that are not on the agenda, or who wish to comment with respect to an item on the agenda, may comment in person, via Zoom, or via call-in. Those participating in person should speak when called upon by the chair. Those participating via Zoom should indicate they wish to speak by using the “raise your hand” feature in the Zoom app. Those calling in should indicate they wish to speak by pushing \* 9 on their phone. All public comments will be limited to 2 minutes per speaker. For assistance with remote access contact: 925 655-0775.

Public comment may be submitted via electronic mail on agenda items at least one full workday prior to the published meeting time at email at [jlam@ehsd.cccounty.us](mailto:jlam@ehsd.cccounty.us) or by voice mail at 925 655-0773. Comments submitted by email or voice mail will be included in the record of the meeting but will not be read or played aloud during the meeting.

For Additional Information Contact: [jlam@ehsd.cccounty.us](mailto:jlam@ehsd.cccounty.us) or by voice mail at 925 655-0773.