



Meeting Minutes - Draft

CONTRA COSTA COUNTY Behavioral Health Board

Wednesday, March 4, 2026

4:30 PM

1025 Escobar Street, Martinez |
<https://cchealth.zoom.us/j/99553669464> |

Call in: +1 646 518 9805

Meeting ID: 995 5366 9464

The public may attend this meeting in person at either above location. The public may also attend this meeting remotely via Zoom or call-in.

Agenda Items: Items may be taken out of order based on the business of the day and preference of the Board

1. Roll Call and Introductions

Chair Campbell called the meeting to order at 4:30 p.m.

Present	Anthony Arias, Y'Anad Burrell, Logan Campbell, Ken Carlson, Roland Fernandez, Laura Griffin, Candace Hendra, Avery Gould, Max Sala, Lacharonda Taylor, and Jenelle Towle
Absent	Candace Andersen, Anya Gupta, Rebecca Harper, Alexander Quintero, and Dhoryan Rizo

2. Public comment on any item under the jurisdiction of the Board and not on this agenda (speakers may be limited to two minutes).

There were seven requests for public comment.

3. RECEIVE Report from Behavioral Health Director, Suzanne Tavano, PhD

Dr. Tavano provided an update on Behavioral Health's facility projects funded through BHCIP and Proposition 1, including major awards for new facilities in Richmond, Pleasant Hill, Pittsburg, Antioch, and San Pablo. Key completion dates ranged from June 2027 for Richmond Mental Health Rehabilitation Center to June 2030 for the East County Recovery Center. Dr. Tavano noted that AB 339 had created contracting delays by requiring county labor review, up to 45 days, before contracts or Requests For Proposals could proceed. To prevent service disruption, the department planned to extend existing contracts through December while preparing for Prop 1-related system changes.

Attachments: BHB Director's Report BHCIP Projects 3.4.26

4. RECEIVE Presentation Overview on Recovery Residences

Speakers: Fatima Matal Sol, Alcohol and Other Drugs Services Program Chief, Tom Aswad, Support4Recovery

Fatima Matal Sol provided an overview presentation of recovery residences of Alcohol and Other Drugs Services including the definition of recovery residences, regulatory funding authority, regulatory requirements and clinical considerations. Data presented from Fiscal Year 2024/2025 indicated 352 clients served, 179 clients that gained employment, decrease in relapses and zero overdoses.

Tom Aswad, Co-Founder, CFO, and Board President of Support4Recovery, summarized the history of recovery housing efforts in Contra Costa County and Support4Recovery’s long-standing role in developing cost-effective, community-led sober living programs. He highlighted completion rates and cost savings of the current Measure X Level 3 sober living program, especially for Spanish-speaking participants. He emphasized the lack of comparable services for Spanish-speaking women and the importance of sustaining these programs. He stated that continuation of the program requires funding commitments and urged support for the program, citing its cost-effectiveness, demonstrated outcomes, and the need to maintain services for underserved populations.

- 5. RECEIVE and APPROVE the Meeting Minutes from the February 4, 2026 Behavioral Health Board meeting, with any necessary corrections

This was approved with revision to include record of action.

Motion: Carlson

Second: Hendra

Aye: Arias, Burrell, Campbell, Carlson, Fernandez, Griffin, Hendra, Gould, Sala, Taylor, and Towle

Absent: Andersen, Gupta, Harper, Quintero, and Rizo

Result: Passed

- 6. DISCUSS Appointment of Board Members to Ad Hoc Nominating Committee for Election of Executive Committee Membership

Campbell requested volunteers to establish the March 2026 Nominating Committee, which will begin planning the solicitation process for developing a nomination slate for the Chairperson roles of the proposed Community Awareness and Programs and Services Subcommittees. Once the Chairpersons for these subcommittees are elected, they will join the Behavioral Health Board Chairperson and Vice Chairperson to form the Executive Committee. The following Board members that volunteered to become part of the nominating committee include Campbell, Griffin, Hendra and Gould.

Adjourn

Meeting was adjourned by Campbell at 6:12 p.m.

The next meeting is currently scheduled for April 1, 2026.

General Information

The Behavioral Health Board will provide reasonable accommodations for persons with disabilities planning to attend the Board meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Board less than 96 hours prior to that meeting are available for public inspection at 1340 Arnold Drive, Suite 200, Martinez, CA 94553, during normal business hours. Staff reports related to items on the agenda are also accessible online at www.contracosta.ca.gov. If the Zoom connection malfunctions for any reason, the meeting may be paused while a fix is attempted. If the connection is not reestablished, the committee will continue the meeting in person without remote access. Public comment may be submitted via electronic mail on agenda items at least one full work day prior to the published meeting time.

For additional information contact: Daniel Colin (Daniel.Colin@cchealth.org)

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