

**SUPPORT SERVICES TO INCREASE HEALTH AND WELLNESS FOR AFRICAN AMERICAN COMMUNITIES
IN CONTRA COSTA COUNTY (APRIL 2025-MARCH 2026)**

Priority Service Category	Awardee	Award	Cities Served	Project Description
Maternal/Infant Health	Breast Friends Lactation and Support Services	\$100,000 (fully expended)	Richmond, San Pablo, Pittsburg, Antioch	This project will bridge the gap in lactation care for African American pregnant and breastfeeding moms and families, provide breastfeeding education, offer peer support, and address health disparities impacting African American families.
	Black Girls Mental Health Collective Foundation	\$76,000 (fully expended)	Richmond, San Pablo, Pittsburg, Antioch, Bay Point	A culturally responsive, trauma-informed program providing perinatal mental health support, maternal health provider training, and community engagement for African American mothers in Contra Costa County to improve mental wellness and reduce health disparities.
Behavioral Health	Healing Spot Counseling Center Inc.	\$76,000 (fully expended)	Antioch, Brentwood, Oakley, Discovery Bay, Pittsburg, Bay Point	Healing Spot Counseling Center, Inc. provides culturally responsive mental health services for African American residents who face barriers accessing community support services. The comprehensive approach includes crisis stabilization, individual counseling, and group therapy, delivered by licensed clinicians of color who understand community trauma and needs.
	Equity for Black Women and Girls	\$50,000 (fully expended)	Richmond, San Pablo, Hercules, Pittsburg, Antioch, Bay Point	Sister Circles create safe spaces for Black women and girls to connect, share their experiences, and network. They address critical issues such as domestic violence and mental wellness, while fostering support, growth and community. These circles empower participants to heal and face challenges with resilience.
	NAMI Contra Costa	\$50,000 (fully expended)	Antioch	The "I'm a Winner!" Program is designed to improve outcomes for African American youth, utilizing a holistic, faith-based, affirmative strategy. Through partnerships with schools and faith centers to address disparities and eliminate the school-to-prison pipeline, the program acknowledges the harm experienced by students and their families and offers empowering tools in a safe environment.
Food/Housing Insecurity	Grace Arms of Antioch	\$76,000 (fully expended)	Antioch, Brentwood, Oakley, Pittsburg, Concord	Grace Closet, Pantry and Grace House provides essential services to individuals and families facing financial challenges, homelessness or food insecurity. These programs offer free food, clothing, and a supportive environment for those who are unemployed, underemployed or reliant on government assistance. Grace Closet serves the community bi-weekly, ensuring individuals not only receive basic necessities but also experience dignity and encouragement in difficult times.

Approved by Board of Supervisors 1/14/26; Overseen by Office of Racial Equity and Social Justice (ORESJ); Administered by East Bay Community Foundation (EBCF).

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	Genesis Church	\$50,000 (fully expended)	Antioch	Genesis Grocery Share Program/Elevate provides fresh produce and groceries the under-resourced residents of Antioch. Groceries are distributed on site every Saturday and are delivered to the elderly on Fridays.
	The Black Neighborhood	\$50,000 (fully expended)	Richmond, San Pablo	The Black Neighborhood's Holistic Wellness and Food Security Initiative provides food distribution and trauma-informed healing workshops aimed at enhancing wellness, security, and recovery within African American communities, particularly those impacted by systemic violence and food insecurity in both East and West Contra Costa County.

Community Healing	Healthy Hearts	\$76,000 (fully expended)	Pittsburg	Healthy Hearts Community Healing and Resilience project will provide support for community healing from police trauma and poverty within Pittsburg's El Pueblo housing development, a historically Black underserved community.
	Centered Care Wellness	\$50,000 (fully expended)	Antioch	Transforming Chronic Care Management for Veterans through Telehealth Innovation provides veterans with accessible, personalized telehealth services to manage chronic health conditions and improve overall well-being.
	Miles Hall Foundation	\$50,000 (fully expended)	Countywide	Miles of Connections, Healing and Belonging Community Outreach Services is a community-building initiative to engage Black residents across Contra Costa County. Leveraging their trusted relationships, the Miles Hall Foundation will foster participation, belonging and healing by promoting the initiative's critical services and ensuring the community knows how to access and benefit from them.

Youth Development	1 Hundred Years Enterprise	\$76,000 (fully expended)	Richmond, Antioch	1 Hundred Years Enterprise is a credible messenger-led program to support positive youth development among justice-involved African American youth in Contra Costa County. Mentors with lived experience will provide intensive support for 28 youth and their families.
	Genesis Church	\$50,000 (fully expended)	Antioch	Peer to Peer Youth Trauma Healing Groups addresses complex trauma inflicted upon African American youth in small healing groups. These facilitated groups provide a safe space of transparency without judgement.
	Improve Your Tomorrow	\$50,000 (fully expended)	Brentwood, Pittsburg	Pathways to Success at Liberty and Black Diamond High Schools will deliver culturally responsive mentorship and social emotional learning to empower young Black men. This program fuses academic support, emotional wellness resources, and career guidance to address systemic barriers and build pathways to educational and personal success.
TOTALS	14 projects across 13 providers	\$180,000 (fully expended)	8 cities + countywide	21,495 individuals served, of which 15,740 are African American (73%); Service providers reported an average of 4.3 out of 5 success rating.

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